

## **Moultrie Shelby County ROSC Council Meeting Minutes**

**When:** Tuesday, March 4<sup>th</sup>, 2025

**Time:** 3:30 PM to 4:30 PM

**Where:** Elizabeth Titus Memorial Library and Zoom

**Who:** Skylar Miller (Meeting facilitator and minutes)

### **Attendees**

Dawn Adrian, Bonnie Goodwin, Skylar Miller, Susie Kinsel, Angie Durbin, Carrie McKinzie and Camille Gordon.

### **Agency Updates**

**Camille Gordon** with Hope of East Central Illinois told us about an upcoming event they are hosting at Lakeland College on March 31<sup>st</sup>. They are going to do a showing of a documentary made by a local retired police officer who grew up in a home where there was domestic violence. They will also be doing a panel discussion. Anyone is welcome and this event is free. Camille will send the flyer to Skylar to share with everyone.

**Angie Durbin** with Shelby County Probation let us know that there will be a Drug Court graduation coming up and she will share the invite as soon as the date is decided on. It will likely be in May or June.

### **Spotlight Speaker**

**Dawn Adrian- Family Life Center Director and Advocate**

- We have an RN (Kim) and an LPN (Carla) on staff. Our RN does ultrasounds and the LPN does a majority of the parenting classes we offer.
- There is a dad's class at 2:30 on Mondays. (DCFS approved)
- All services are free and confidential.
- There are three locations, Effingham, Newton and Shelbyville.
- Education for prenatal, post-birth, and parenting.
- Breastfeeding classes
- Baby bottle fundraiser
- Banquet in September

- 5k and Prayer walk in April
- Follow their Facebook for lots of great information

### **Drug Overdose Prevention Program**

**Skylar** has been checking expiration dates at the local DOPP sites. All of the boxes are still good to go!

### **Strategic Plan Review**

**Skylar** reviewed the FY25 Strategic Plan with the council. She also shared some of the revisions she had made based on our recent Gap Analysis. We reviewed the goals, objectives and activities together.

### **Communication Campaign Overview**

The Youth Panel was a success. There were three youth panelists that offered their opinion and experience on prevention strategies aimed toward themselves and their peers. Participants asked some thought-provoking questions and were given great answers.

For our anti-stigma campaign this month, we emphasize families' vital role in supporting their loved one's recovery journey. Visit our Moultrie Shelby ROSC Facebook page to check out our March infographics and press release. All East-Central Illinois ROSC Councils are holding family-friendly events this month! All flyers will be shared with our council via email.

### **Events**

Free Laundry Day

- Shelby County- March 13th
- Moultrie County- March 27th
- Thank you to our sponsors, ACE Hardware and Sweet Vail Café!

Family Move and Groove

- Saturday, March 15th from 4:00pm to 6:00pm

Spring into Recovery (Shelby County)

- Saturday, May 10<sup>th</sup> from 12:00pm to 4:00pm

Summer Event (Moultrie County)

- June 28th, 1:00pm to 4:00pm

### **Upcoming Speakers**

April- Teagan Shull with Heritage

May- (Not official) Carrie McKinzie- Gateway

June- Nathan Nichols- CIPT

### **Questions/Comments/Announcements**

Sweet Vail Café in Moultrie County has a lot of wonderful events going on. Make sure you check out their flyers at the end of our newsletter.

Huge THANK YOU to Kirby Foods in Sullivan for their donation of ten bottles of laundry soap and Sweet Vail Café for their 50\$ donation for March laundry day.

Subway and Monicals also donated to our upcoming Family Move and Groove event.

#### **Contact emails:**

**Moultrie Shelby County ROSC Coordinator**

*Skylar Miller- [skylark@hourhouserecovery.org](mailto:skylark@hourhouserecovery.org)*

**Moultrie Shelby County ROSC Recovery Navigator**

*Bonnie Goodwin- [bonitag@hourhouserecovery.org](mailto:bonitag@hourhouserecovery.org)*

**ROSC Program Supervisor**

*Jenna Hays- [jennah@hourhouserecovery.org](mailto:jennah@hourhouserecovery.org)*

**Where to find past meeting minutes:** <https://www.govst.edu/ROSC-GSU/ROSCC>

**Moultrie Shelby County ROSC Facebook Page:**



#### **Next Moultrie Shelby County ROSC Council Meeting\*\***

**Date:** Tuesday, April 1st, 2025

**Time:** 3:30 PM to 4:30 PM

**Where:** Shelbyville Outpatient Office and Zoom