## McLean County Recovery-Oriented Systems of Care (ROSC) March 2025 Council Meeting Minutes

Date: Tuesday, March 18th, 2025 <u>Time</u>: 3:30 – 4:30 pm <u>Location</u>: Virtually via Zoom

#### Agenda:

- Introductions of new ROSC members/attendees
- Community Resource Spotlights: **Project Launch**-Emily Pasman and **IL Coalition to End Permanent Punishments**-Toy Beasley
- McLean ROSC Updates
- Agency Updates & Wrap Up

#### Attendees:

- 1. Barb Brumleve- Chestnut Health Systems, McLean & Ford ROSC
- 2. Cat Hays- Chestnut Health Systems, McLean ROSC
- 3. Kari Knapp Chestnut Health Systems/Associate Director Community Health
- 4. Toy Beasley Illinois Coalition to End Permanent Punishments (ENDPP)/Central Regional Coordinator, Re-Entry Council
- 5. Emily Pasman Chestnut Health Systems/Lighthouse Institute
- 6. Melissa Simmons Department of Rehabilitation Services/Rehabilitation Counselor
- 7. Daniel Franklin
- 8. Jeffrey Ehrmantraut CASA of McLean/Logan Counties
- 9. Debra Beckman Statewide ROSC/Community Recovery Systems Specialist
- 10. Alisa Ndorongo-Fall DRS Bloomington-Normal/Rehabilitation Counselor
- 11. Selena Nolan Chestnut Health Systems/Project Coordinator for Integrated Behavioral Health
- 12. Mary Campbell Dreams Are Possible
- 13. Bahiyyah Khalilallah Chestnut Health Systems/Statewide ROSC
- 14. Andrea Kindseth LIFE CIL/Community Reintegration Advocate
- 15. Rose Addo MHAT MCCHS
- 16. Sandra Beecher Gateway
- 17. Amy Stork McLean County Court Services, Community Probation Coordinator
- 18. Adam Lovell Salvation Army/Community Services Director
- 19. Natasha Nunoo-Ponder McLean County Center for Human Services
- 20. Amber Clark VA/Community Engagement and Partnership Coordinator
- 21. Nancy Bollegar Allies Against Trafficking/Executive Director
- 22. Caitlyn Clyne Bloomington Public Library-Outreach Engagement Coordinator/Bookmobile

- 23. Zach Schimelpfenig PATH
- 24. Kami Garrison Statewide ROSC Region 3 TA
- 25. Tasha Taylor Davis Family Community Resource Center/Program Coordinator
- 26. Shayla Woodworth Recovery Support Specialist
- 27. Wendy Klinker Allies Against Trafficking/The Alliance
- 28. Dan Lofgren Chestnut Health Systems/Case Manager
- 29. Erika Hahn Prevention Specialist Illinois Human Performance Project and ILHPP Prescription Playbook
- 30. Darren Jones Project Oz/Homeless Youth Specialist

Cat Hays opened the meeting by welcoming attendees and requesting their names and affiliations for attendance purposes.

### Council Meeting Discussion Topic 1:

Emily Passman from Chestnut/Lighthouse Institute, introduced Project Launch; a new program aimed at supporting young adults aged 18 to 26 dealing with polysubstance use. The program offers web-based coaching for parents and in-person peer recovery support services, with a focus on education and career goal setting. Passman encouraged attendees to assist in recruiting participants from McLean County and surrounding areas, highlighting that both parents and young adults would receive compensation for their involvement.

#### **Council Meeting Discussion Topic 2:**

Toy Beasley is the Central Regional Coordinator for the Illinois Coalition to End Permanent Punishments (ENDPP). He discussed the concept of permanent punishment, highlighting how collateral consequences from arrests and convictions can persist long after individuals have completed their sentences. He pointed out that these consequences hinder access to employment, housing, education, and healthcare, disproportionately affecting those with criminal records. Beasley called for community collaboration to advocate for policy changes that would alleviate these restrictions. He highlighted the barriers that women and individuals with criminal records face when trying to reintegrate into the workforce. He presented the Clean Slate Bill, which seeks to automatically relieve individuals of their criminal records three years after parole or probation, thereby improving job opportunities. Beasley encouraged community members to advocate for this legislation by contacting their local legislators. Please reach out to Toy with any questions and/or requests to meet to learn more!

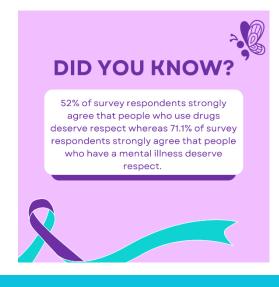
#### Survey Results and Community Needs Assessment Overview

We want to thank EVERYONE for taking our survey and sharing. We received 207 English surveys, 11 surveys in Spanish, and 16 rural McLean County community responses!!

Cat Hays shared insights from the survey conducted by McLean County ROSC, revealing that **52%** of respondents believe individuals who use drugs deserve respect, while **71.1%** feel the same about those with mental illness. The survey also indicated that nearly **80%** of respondents recognized a stigma surrounding substance use disorders, and about half disagreed that residents can easily access help for mental health or substance use issues.

Cat presented insights from the survey, noting that **40%** of respondents were unaware of available mental health and substance use resources. Selena Nolan pointed out the importance of this data for agencies to enhance their outreach efforts. Hays also shared the launch of a rural community resource map to assist residents in finding local support services, encouraging collaboration among agencies to improve community awareness.

FY25 Community Survey Insights



# **DID YOU KNOW?**

Nearly half of survey respondents (46.4%) disagree or strongly disagree that residents of McLean County can get help for their mental health and/or substance use regardless of their income level, insurance status, race, ethnicity, primary language spoke, disability, gender identity, sexual orientation, or citizenship status.





### Did You Know?



33% of survey respondents agree or strongly agree that it is hard to find healthcare providers in McLean County who offer medication-assisted recovery services.



Close to half of survey respondents (47.3%) disagree or strongly disagree that residents of McLean County know where to go to access help for their mental health, whereas a combined 40.3% of survey respondents disagree or strongly disagree that residents of McLean County know where to go to access help for their substance use.

#### Agency Updates:

- Please reach out to Zach at PATH to add anything to the Pathogram. The Pathogram reaches approximately 2500 people in our community.
- Caitlin Clyne from the Bloomington Public Library shared details about room rental options for nonprofit groups, emphasizing the library as a valuable resource for meetings.
- Dan Lofgren announced the Chestnut Mobile Health Clinic's schedule for March, offering primary care services and inviting attendees to share this information within their networks.
- Erika Hahn works on a state opioid response grant project called the Prescription
  Playbook, and wanted to remind everybody that next month, April, is the semi-annual
  Drug Take Back Day for the DEA. It's an awesome day and just an opportunity to
  educate the community on the importance of safe disposal, the positive impact it has on
  our environment, and from preventing substance diversion. So, if you're looking for
  resources for that for your community, we have stickers, we have one-pagers, we have
  magnets with QR codes to locations in your area for people in your community.
  Anything that you need we're trying to provide you with. And all our resources are free
  so please reach out and we'll see how we can help.

#### McLean County ROSC Updates:

- The Planning Committee meets monthly at 11am on the first Tuesday of each month (contact team if interested in joining) to brainstorm and discuss planning for upcoming outreach/Engagement Initiatives. The committee is always seeking new perspectives and people to help us brainstorm and plan upcoming ROSC events and opportunities.
  - Quarterly Recovery Community Newsletter We are working as a committee to revamp the McLean County ROSC newsletter into a McLean County Recovery Community Newsletter.
  - Please contact Cat, via email, <u>cmhays@chestnut.org</u> if you are interested in joining the Planning Committee, helping to form any additional sub-committees, updates/events you would like shared on our social media as cross-promotion, or anything else relevant to recovery-oriented services.

## • Available McLean ROSC Print Resources

 ROSC Intro "101" Binders: Binders are now ready. These are "ROSC 101" Orientation/Intro Binders for new council members or prospective volunteers interested in joining. Content includes: What is a ROSC Q&A?, Stigma & Language Overview, ROSC Elevator Speech & How to Get Involved, Recovery Support Groups Quick Reference Guide, McLean County ROSC Council Member Talent Assessment, McLean County ROSC Info One Pager FY24, McLean County ROSC Membership Brochure FY24, & more.

- McLean County Sober Social Guide (SSG): The McLean County Sober Social Guide is now available both as a digital copy (<u>https://heyzine.com/flip-book/505fe4c39d.html</u>) and in limited print copies. If interested in receiving a print copy, please email the McLean ROSC team at <u>McLeanCountyROSC@gmail.com</u>.
- Virtual Resource App Business Cards: If interested in receiving some McLean ROSC Virtual Resource app business cards for yourself or your organization/group/agency, please let us know via email, <u>McLeanCountyROSC@gmail.com</u>.
- Available Community Trainings Narcan Administration and QPR Question, Persuade, Refer
  - If interested in receiving a free QPR-Question Persuade Refer training, please contact the <u>McLeanCountyROSC@gmail.com</u>.



• If you Need Narcan: Please contact Randi Derrig (<u>rwderrig@chestnut.org</u>) for Narcan. If interested in receiving free Narcan administration training, the McLean County ROSC team

#### is now fully trained



#### Next Meeting & Contact Info:

- Next Meeting via Zoom Tuesday, April 15th, 2025 @ 3:30-4:30 PM
  - Meeting virtually via Zoom (<u>https://zoom.us/j/96709486019</u>)
    - Meeting Code: 967 0948 6019
- Contact Info
  - Kari Knapp, Associate Director of Community Health
    - kmknapp@chestnut.org
    - 309-391-1802
  - o Barb Brumleve, Community Health Specialist
    - bdbrumleve@chestnut.org
    - 309-826-3151
  - o Cat Hays, Community Health Specialist for Recovery Supports
    - <u>cmhays@chestnut.org</u>
    - 309-665-2067
  - o McLean County ROSC Team
    - McLeanCountyROSC@gmail.com