

## Lee/Whiteside ROSC Minutes

3/19/2025

3pm

**Attendees-** Gerald Lott (Executive Director), Lauren Metzler (SVVOR ROSC Co-Coordinator/ Operations Director), Katie Ruetten (SVVOR Peer recovery specialist), Brandi O'Rorke (SVVOR Peer Recovery lead), Dylan Graves (SVVOR), Clare Williams (SVVOR Secretary), Lupita Serrano (Lee Co. Health Dept.), Monica Allen (YWCA), Brayden Everly (YWCA), Aleisha Cole (YWCA), Melanie Marrandino (PLE), Ben Rudolf (ROSC TA).

**Presenters: Tammy Stewart (Sinnissippi)**

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### Gerald

- Next Friday is our Sober Night Out. We are going to a movie theater. We are looking to change the name to be less stigmatizing, so if you have suggestions, please let us know.
  - Please share the Sober Night Out info with everyone in your communities.
- We are also working on our April event, which will be an Easter egg hunt.
  - April 26th will be in Rock Falls at Cledy's house, and April 27th will be in Ogle County, probably in Rochelle. We are also willing to partner with people!
  - We will have prizes for kids and a raffle for the adults.
    - Please donate items we can use as prizes.
- We had our second TASC planning meeting last week. We will have a shorter, 3rd meeting later then we should be ready to start the program. (estimating July 2025)
- Cledy's House is starting construction work. We will have 42 beds available.
  - **Our ribbon cutting ceremony is May 13 @ noon - there will be food and tours. All are invited**
- We've been in discussions about the second building being a treatment center or a detox home.
- Recover-Con is on October 11 at NIU.
  - **Please reach out if you or someone you know would like to present!**
- We are re-applying for our ROSC grant, so we may ask some of you to write letters of support.
- We had 22 intakes last month

### Tammy Stewart's Presentation

- Sinnissippi covers 5 counties in Illinois and hoping to open more offices
- We were founded in 1966 after the de-institutionalization of the 60s that closed many mental health institutions. The value then was put in community care.
- We have 300 staff, and we cover many different areas of recovery and mental health.
- In 2020, we applied for a federal grant called CCBHC
  - Called the Expansion grant. We received a million dollars over the course of 3 years to increase the peer workforce among other things.
- We then applied for the Innovation and Advancement Grant (IA Grant) to further the work of CCBHC
  - This helped us bring in primary care nurse practitioners and a full-time medical director.
- *slideshow talking about community mental health clinics*

## **Lec/Whiteside ROSC Minutes**

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### **Questions from both meetings:**

#### **How does this add to or change Sinnissippi?**

As mentioned, it is the accessibility that stands out. We are developing an assessment team to help with intakes. Working on a same-day access model, meeting people where they're at. From there, we can connect people quickly to our peer network. Peer coordination will also improve and increase. We will also have a care navigator to ensure that proper care is being administered.

#### **Does residency matter with our intakes? Can people from other counties be part of this?**

Anybody who comes to our CCBHC will be served regardless of residence.

#### **How many Psychologists and Psychiatrists do you staff?**

We currently have 4 psychiatrists, and 1 medical director, and 1 of the prescribers is our MAR prescriber. They have almost same-day access. Have dedicated blocks to help recently discharged peers within 30 days of their discharge.

#### **What can ROSC do for you?**

##### **Brayden**

- The women of achievement luncheon is on April 17th at the Dixon Elks at 12. Just call the YWCA for more information.

##### **Sam**

- Spring Bingo at the Rock Falls American Legion on March 20th. Tickets at the door. Games start at 6 pm

##### **Brandi**

- We would love for people to sign our Public Awareness Campaign MOUs if you get them

##### **Lauren**

- If anyone has any leads on companies who are willing to donate to the Easter hunts, please let us know.