

Recovery Oriented System of Care



Johnson County ROSC Council Minutes 03/25/2025

Attendance

Emily Middleton, Arrowleaf

Amber Mulkins, Arrowleaf/PLE/Community Resident

Dan Martinez, Arrowleaf/PLE

Notes

I. Welcome and Introductions

II. Mission and Values

III. Old Business

a. Last month, completed the SWOT Analysis for Johnson County.

a. Strengths

a. Everyone in the community is very open to the information allowing us to share flyers. The courthouses have Narcan available on-site. That helps show that recovery is in the community. It helps show that individuals matter and we need them there. The community is very supportive with recovery.

b. Weaknesses

a. There is a need for non-treatment support groups. It can be hard for someone to ask for help. Once they do, it's easier. There are barriers that prevent people from showing up. There is a need for more harm reduction.

c. Opportunities

a. Strengths with lived experience and bringing those individuals to the table – peer support. Narcan education is very present in the community and stigma around it has really minimized. We could grow in our education on other forms of harm prevention and integration of other substance use prevention programming – leaning on schools and youth-serving groups. We could expand our access within the court systems by creating brochures with a range of services available based on where the person feels they can start.

d. **Threats**

- a. Those we want to bring in may not be receptive of the help.
There can be a loss of trust in the community at times. Staffing and funding for services is a threat, too.

IV. **New Business**

a. **Community Needs Assessment**

- a. The Council reviewed the Community Assessment Data from the survey completed in February. Members were asked to review what stood out, what are needs, and how can we collaborate with more partners to address the needs?
 - a. Discussed how to expand out to other organizations to help with peer services to reduce wait times. Discussed opportunities to use the natural environment such as parks and hiking. Obstacles are getting around with transportation, gas, etc. A lot of resources are monopolized or isolated.

V. **Announcements**

- I. Arrowleaf's New Housing Opportunity – Garden Apartments in Anna
 - I. Arrowleaf is now taking applications for the new housing opportunity – Garden Apartments in Anna, previously known at Bethany Village. The rent includes utilities. Individuals who may have backgrounds that could get them denied from public housing may still be able to qualify. The minimum annual income requirement is \$19,000 and the maximum is \$51,000.
 - II. The new facility hopes to remove barriers for those trying to find quality housing. For more information, email: info@myarrowleaf.org and stay tuned for social media announcements on how to apply.
- II. Arrowleaf's Community Resource Guide
 - I. Arrowleaf is working on reviewing and revising the annual Community Resource Guide. If you know of any substance use or mental health services, supports, and resources that should be added, please let Emily know!
- III. April Meeting is Scheduled for Tuesday April 22nd from 11:30AM to 12:30PM