

# Recovery Oriented System of Care



## Alexander/Pulaski County ROSC Council Minutes 03/27/2025

### Attendance

Emily Middleton, Arrowleaf  
Amber Mulkins, Arrowleaf  
TJay Purchase, Community Resident  
Dan Martinez, Arrowleaf  
Perri Harrell, Community Resident  
Bev Holland, Region 5 TA  
Victor Eurales, PLE  
Patrice Bradford, Southern Seven Health Department

### Notes

- I. **Welcome and Introductions**
- II. **Mission and Values**
- III. **Old Business**
  - I. Discussed the SWOT Analysis for Alexander and Pulaski Counties completed at last meeting.
    - I. **Strengths** - Faith-based leadership is a strength of the community. Resiliency and connection between community members and organizations is a key strength, too. The community has persevered through several bouts of uncertainty especially with budget cuts and budget impasses to state and local resources. The community also does a very good job with connecting with youth in the community and uplifting their voices. The community is very strong, often having that strength not be visible to others as it can be overclouded with negative information.
    - II. **Weaknesses** - Access to safe and stable shelter is a strong need of the community. There are several resources that have been available but have resulted in false promises and the community understandably struggles with trust.
    - III. **Opportunities** - We are positioned with a unique opportunity to approach recovery as holistic within our community. With so much access to the Shawnee National Forest, we can build upon

opportunities to engage our community with the natural environment. We could continue to build upon the voice of the youth in our communities and work with schools to ensure our resource information is listed on student IDs and materials that go home with families.

- IV. **Threats** - The community has a lot of resiliency but there is a threat that the outside support that is needed can be hard to find. There is a lack of stable housing and transportation to resources. Funding, sustainability, and the uncertainty of the future as it pertains to prevention and recovery resources are in jeopardy.

## V. **New Business**

### I. **Community Needs Assessment**

- I. The group reviewed the results of the Community Assessment Survey completed in February 2025. Members were asked to identify what stood out, what they had questions about, and what seemed to align with their beliefs. There was a discussion around the community's understanding that Arrowleaf and the ROSC council as a whole are showing up to support the community. Barriers in accessing care stood out – likely due to transportation issues and finances. Community residents shared the struggles of accessing the care you need when you have to provide for your family. Sometimes there are choices made to sacrifice your own needs to ensure there is food on the table.

## VI. **Announcements**

### I. Arrowleaf's New Housing Opportunity – Garden Apartments in Anna

- I. Arrowleaf is now taking applications for the new housing opportunity – Garden Apartments in Anna, previously known as Bethany Village. The rent includes utilities. Individuals who may have backgrounds that could get them denied from public housing may still be able to qualify. The minimum annual income requirement is \$19,000 and the maximum is \$51,000.
- II. The new facility hopes to remove barriers for those trying to find quality housing. For more information, email: [info@myarrowleaf.org](mailto:info@myarrowleaf.org) and stay tuned for social media announcements on how to apply.

### II. Arrowleaf's Community Resource Guide

- I. Arrowleaf is working on reviewing and revising the annual Community Resource Guide. If you know of any substance use or mental health services, supports, and resources that should be added, please let Emily know!

### III. March Meeting is Scheduled for Thursday, April 17<sup>th</sup> at 1PM