

Logan/Mason ROSC Meeting Notes

March 20th, 2025

Attendance:

Jeanette Davis (Chestnut Health Systems- Logan/Mason ROSC)
Austin Dambacher (Sangamon County ROSC)
Whitney Devine (Sangamon County ROSC)
Kami Garrison (Chestnut Health Systems-Region 3 TA)
Dani Hernan (SIU Center for Family Medicine)
Lori Jackson (SIU Center for Family Medicine)
Carmen Lanham (Family Guidance Center-Regional Substance Use Prevention Integration Center (RSUPIC))
Samantha Martine (PLE/Family Guidance Center)
Molly McCain (Lincoln Memorial Hospital)
Brycen McFadden (Oxford House)
Marie Riley (Sangamon County Department of Public Health- Early Intervention)
Nichole Tinker (Trillium Place an affiliate of Carle Health)
Liam Wheeler (Central Illinois Continuum of Care)
Kaytlin Lehman (Fulton-Mason Crisis Service)

Old Business:

- What is ROSC? ROSC is a coordinated network of community-based services and supports that is person-centered and on the strengths and resilience is of individuals, families, and communities to experience recovery and improved health, wellness, and quality of life for those with or at risk of substance use and/or mental health challenges. The central focus of a ROSC, is to create an infrastructure, a “systems of care”, with the resources to effectively address the full range of substance use and/or mental health challenges within communities.
- Logan/Mason ROSC Mission Statement: Improving access to health, wellness, and holistic recovery options for people who are at risk of, or suffering from, substance use disorders while educating and connecting Logan and Mason Counties to reduce stigma and improve recovery outcomes.
- The Logan/Mason ROSC Anti-Stigma Campaign has posters displayed around the community. The posters can be given to you digitally or in hard-copy form. There will be a more intentional plan to start partnering with other businesses and agencies to be able to get the materials out. The tagline is “Reframing Recovery.” This is an effort to find different and creative ways on how to present these materials to the community.

New Business:

- During the ROSC meeting, the meeting participants went through the Recovery Community Survey Data Results.

- 88% of respondents identified stigma in the community
- 62% of respondents said that if they found out that someone was actively using substances in their neighborhood they would consider moving
- 57% of respondents strongly agreed/agreed that they would live in a neighborhood with recovery housing and or/individuals in 88% of respondents identified stigma in the community
- 62% of respondents said that if they found out that someone was actively using substances in their neighborhood they would consider moving
- 57% of respondents strongly agreed/agreed that they would live in a neighborhood with recovery housing and or/individuals in recovery.
- 48% of respondents strongly agree/agreed they are willing to spend an evening socializing with a person who is currently using substances. While 23% of respondents are not willing.
- 85% of respondents strongly agree/agreed they are willing to spend an evening socializing with a person that is in recovery.
- 83% of respondents feel substance use disorder is not caused by a persons bad character.
- 66% of respondents feel A moral failing is not the cause of someone's substance use disorder if they are currently using substances.
- 76% of respondents feel Treatment will lead to improvement for someone with substance use disorder.
- 45% of respondents neither agree nor disagree that Medication Assisted Recovery-MAR (which is the use of medications to treat substance use disorders e.g., methadone or buprenorphine to treat opioid use disorder) is an effective treatment for substance use disorders.
- 41% of respondents neither agree nor disagree that Medication for substance use disorder substitutes one drug addiction for another.
- 59% of respondents It is difficult to find healthcare providers who offer Medication Assisted Recovery-MAR in my community.
- 60% of respondents strongly agree/agree that More healthcare providers should offer medication for substance use disorder so it is easily accessible to people who want it
- 72% of respondents strongly agree/agree that people who use drugs deserve respect
- 91% of respondents strongly agree/agree that people with mental illness deserve respect
- 43% of respondents strongly agree/agreed that Harm reduction services like Narcan and syringe service programs reduce the risks of drug use. While 28% of respondents do not feel that Harm reduction services like Narcan and syringe service programs reduce the risks of drug use.
- 31% of respondents strongly agree/agreed that It is difficult to find harm reduction services like Narcan and syringe service programs in my community. 37% of respondents neither agree no disagree and 32% of respondents disagree/strongly disagree.
- 53% of respondents strongly agree/agree that It is difficult to find mental health and substance use treatment services in my community and 23% neither agree or disagree
- 80% of respondents believe We should increase government funding on treatment options for mental health and substance use disorders.
- 52% of respondents strongly disagree/disagree that Everyone in my community can get help for mental health regardless of income level, insurance status, race, ethnicity, primary language, disabilities, gender identity, sexual orientation, or citizenship status.

- 51% of respondents strongly disagree/disagree that Everyone in my community can get help for substance use regardless of income level, insurance status, race, ethnicity, primary language, disabilities, gender identity, sexual orientation, or citizenship status.
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Reminders/Recovery Resources:

- The Logan/Mason ROSC has updated meeting cards. The website and QR code have been updated with all the new meeting information. Celebrate Recovery and the new SMART Recovery meeting are now on the meeting cards. The ROSC would like to get them to you if needed; they can be hand-delivered or put in the mail.
- The SMART Recovery meeting is new; it is not a 12-step meeting. This is an evidence-based program that utilizes Cognitive Behavioral Therapy (CBT). This is not just for substance use, but for anything that could prevent someone from living a higher quality of life. Please share this opportunity with those you serve.
- A brand-new meeting has started at Hope on 5th (downstairs). It is a women's only meeting. It is called "A Woman's Way Through the 12 Steps." There are about seven or eight committed women who have begun this meeting. The meeting is on Sundays from 1:00 p.m. – 3:30 p.m.
- There is an Odds and Ends Peer Recovery Support Group for Mason County. In the winter, this group meets at the Hardees in Havana on Wednesdays at 6:00 p.m. If there is anyone in the Mason County area that would like flyers printed or a digital copy to share in your area, please let the Logan/Mason ROSC know.
- There are multiple places in Logan County where harm reduction resources are available (naloxone, benzo testing strips, xylazine testing strips, and fentanyl testing strips). These resources are available 24 hours a day at a vending machine at the Family Custom Cleaners in Lincoln. These are also available at the health department during business hours (front space). The Mount Pulaski Library has a side entrance open 24 hours a day for people to access these resources. The courthouse and jail also have these resources available.
- If your organization or agency would like to be educated about harm reduction resources or would like to have them at your place, please reach out to the Logan/Mason ROSC.
- In Mason County, harm reduction resources are available at the Havana Public Library during business hours. Resources are available at the Mason County Health Department and the public library in Manito. The Mason City Library is also carrying harm reduction resources. The Mason County Jail has agreed to hand out resource bags (naloxone, testing strips, etc.) that will be put together by the Logan/Mason ROSC.

Upcoming Events:

- The deflection program implementation planning meeting has been named "BRIDGE." BRIDGE stands for Build, Recovery, and Inclusion for Dignity for Growth and Empowerment. The objective is to serve and deflect those who are struggling with substance use and mental health. Meetings in March will be Tuesday, March 11th & March 25th from 1:00 p.m. – 2:30 p.m. at the Lincoln Police Department. There is a link to join the hybrid meeting. If you're interested, email Jeanette so that you can be put on the distribution list.
- The Recovery in Action subcommittee meets at Hope on 5th (second Tuesday of every month). The next meeting is at 4:30 p.m. on Tuesday, March 11th. If you have ideas on the planning of events or ways we can educate our community, this is where we need your skills. This is open to anyone who is interested in participating.

Contact Info:

- Jeanette Davis- Recovery Specialist
 - jedavis@chestnut.org ; 217-871-3208
- Grace Irvin- Prevention Coordinator
 - gcirvin@chestnut.org ; 309-451-7776
- Tristan McGrew- Recovery Corps. Project Coordinator
 - tjmcgrew@chestnut.org ; 309-229-3921
- Nadia Klekamp- Director of Integrated Community Education
 - nfklekamp@chestnut.org ; 309-824-3765

Next Meeting:

- Thursday, April 17th at 2:00 p.m.
 - This meeting will take place at Hope on 5th (Lincoln, IL). For those unavailable to attend in-person, a Zoom option is provided.
 - Join Zoom Meeting:
<https://zoom.us/j/93561727220?pwd=TDVsWHRJdldYWnRnb2dnVFJTaTByQT09>
 - Meeting ID: 935 6172 7220 / Passcode: 395255

End of Meeting: 3:07 p.m.