## SI SUPRT FY26 Strategic Plan

Service Area: Saline, Gallatin, White, and Hamilton Counties, Illinois

# I. Executive Summary

This strategic plan outlines SI SUPRT Council's goals, objectives, and activities to address gaps identified in the Community Needs Assessment FY25 while incorporating the Communication and Outreach Plan FY25. The plan aligns with the Recovery Oriented System of Care (ROSC) framework, ensuring equitable access to substance use disorder (SUD) treatment, recovery support, and harm reduction services. Key priorities include promoting Medication-Assisted Recovery (MAR), improving housing access, reducing stigma, and enhancing community engagement.

## **II. Community Overview & Data Insights**

# **Demographics & Population Needs**

- **Rural Challenges:** High poverty rates, limited healthcare access, and transportation barriers
- **Population:** Saline 23.7k, White 13.4k, Hamilton 7.9k, Gallatin 4.6k
- Overdose Trends: High drug-related mortality rate in Saline County (42.8 per 100,000), the only county in our service area with available data via USDA website; naloxone distribution (71 dispensers in the region)
- Service Gaps: Lack of medical detox, lack of awareness of MAR, and insufficient recovery housing

#### **Key Findings from Needs Assessment**

- Strong recovery community support but gaps in youth programs and follow-up after overdose
- 2. **Ongoing stigma** around SUD; need for **anti-stigma campaigns**
- 3. Transportation barriers hinder access to treatment
- 4. Housing instability for justice-involved individuals in recovery

# **III. Strategic Goals, Objectives & Activities**

## **Goal 1: Expand Access to Treatment & Recovery Support**

Objective 1.1: Increase awareness of low-barrier MAR (Medication-Assisted Recovery)

#### Activities:

- Partner with Southern Illinois Healthcare and Ferrell Hospital to expand MAR induction in emergency departments
- Educate correctional facilities on MAR access and initiation
- Promote existing MAR providers (Rural Health Inc, SIH, Ferrell Hospital, MAR Now Hotline)

### Objective 1.2: Advocate for medical detox services

### Activities:

- Advocate for state funding to support a local detox facility
- Train emergency departments on detox protocols
- Collaborate with other providers to address workforce shortage

# Objective 1.3: Strengthen post-overdose interventions

#### Activities:

- o Partner with hospitals to implement **peer support follow-ups** after overdose
- o Distribute **naloxone kits** with recovery resource information

### **Goal 2: Improve Housing & Employment Stability**

## Objective 2.1: Develop sober and transitional housing

### Activities:

- Advocate for **housing first model** in local shelters
- Establish Oxford House in Harrisburg, IL
- Engage landlords to accept individuals with criminal backgrounds
- o Create and distribute list of recovery-friendly landlords

### Objective 2.2: Promote recovery-friendly workplaces

#### Activities:

- Provide employer training on SUD stigma reduction
- Partner with Supported Employment Programs (EHD)

# **Goal 3: Enhance Community Outreach & Stigma Reduction**

## Objective 3.1: Amplify anti-stigma messaging

# Activities:

- Launch social media campaigns (highlight local recovery stories and council successes)
- Launch "Recovery is for Everyone" yard sign campaign in each community in collaboration with mayors and other local leaders
- Promote faith-based recovery events (Little Chapel Church, Apostolic Church of Wasson, Saline County Outreach)

### Objective 3.2: Increase harm reduction awareness

### Activities:

- Expand syringe service programs in partnership with EHD
- Distribute fentanyl test strips at community events
- o Expand **naloxone** dispensers in health clinics and in high-risk areas

# Objective 3.3: Strengthen youth engagement

#### Activities:

- Promote substance-free recreational spaces
- o Participate in **teen conference** at Carmi High School
- Partner with schools for prevention education

# **Goal 4: Address Transportation & Accessibility Barriers**

## Objective 4.1: Improve transportation for treatment access

#### Activities:

- Collaborate with **recovery services** to provide transportation
- o Continue to include **public transit service** in council meetings
- Advocate for Medicaid-covered transport to SUD services

# **IV. Communication & Outreach Integration**

- Social Media & Events: Promote ROSC through Free Laundry Days, Anti-Stigma Events, and faith-based partnerships
- Resource Distribution: Share HSIDN Resource Guide (updated 2024) via probation offices, food pantries, and medical providers, and assist with resource guide transition to searchable database
- Stakeholder Engagement: Monthly council meetings with justice system, faith leaders, and employers

#### V. Timeline & Milestones

# Objective FY26 Target

Recovery Campaign Launch in Q1

Expand MAR in EDs Educate 2 hospitals by Q3
Open Oxford House Secure commitment by Q4
Employer Training Host 2 workshops by Q2
Naloxone Distribution Distribute 20,000 kits by Q4
Post-Overdose Support Pilot in 1 hospital by Q3

## VI. Evaluation & Sustainability

- Metrics: Track MAR uptake, housing placements, employer participation, and naloxone distribution
- **Funding:** Pursue partnerships, encourage other organizations to take on our objectives, **opioid settlement funding, state, and federal grants** for continued sustainability
- **Community Feedback:** Annual survey to assess progress

# VII. Conclusion

This strategic plan ensures SI SUPRT Council addresses critical gaps in **treatment access**, **housing**, **stigma**, **and outreach** while leveraging community strengths. By aligning with **ROSC principles**, we continue to foster a recovery-ready ecosystem in Southeastern Illinois.