

**Strategic Plan**  
**Moultrie and Shelby County ROSC Council (MSCRC)**

**Region:** ROSC Region 4

**Lead Agency:** Hour House

**County:** Moultrie and Shelby County

**Contacts:**

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**Purpose of the Strategic Plan:**

The purpose of the Moultrie and Shelby County Recovery Oriented Systems of Care Council (ROSC) Strategic Plan is to provide individualized goals broken down through activities to help achieve the objectives for each goal.

**Goal A:** Conduct and maintain local ROSC Council meetings for Moultrie and Shelby Counties.  
(Continued goal FY26)

**Objective 1:** The ROSC Council will meet monthly and members will have a 50% attendance rate.

*Activity 1:* Set a calendar of ROSC Council meetings at the beginning of each fiscal year. (Annually)

*Activity 2:* Update the e-mail and mailing list to communicate with ROSC Council members. (Ongoing)

*Activity 3:* ROSC Council members will personally reach out to non-attending members to increase participation. (Ongoing)

*Activity 4:* Assess and make any adjustments to time of day, type, and location of meetings to increase participation. (Annually)

**Objective 2:** The ROSC Council administration will stay in consistent communication with ROSC Council members.

*Activity 1:* Within 5 business days of each council meeting, send meeting minutes to all ROSC Council members.

*Activity 2:* Two weeks prior to the council meeting, send a reminder to each ROSC Council member.

*Activity 3:* Three days prior to the council meeting, send a reminder to each ROSC Council member.

*Activity 4:* Within 24 hours prior to the council meeting, send any last-minute housekeeping updates.

**Goal B:** Fulfill stakeholder required categories. (Continued goal FY26)

**Objective 1:** The ROSC Council will have 2 people representing each stakeholder sector by July 2027.

*Activity 1:* Create a list of stakeholders in the county to reach out to.

*Activity 2:* By January 2027, 75% of the stakeholder sectors will be fulfilled.

*Activity 3:* Engage in ongoing discussions with council members about key organizations

or agencies that are currently not represented on the ROSC Council.

**Objective 2:** The ROSC Council will monitor the retention and contribution of council members. (Monthly)

*Activity 1:* A sign-in sheet will be provided at each council meeting for council members to sign.

*Activity 2:* The ROSC Coordinator will keep documentation of events the council members partake in or contribute to.

*Activity 3:* The ROSC Coordinator and ROSC Navigator will reach out to council members who have not been in attendance for meetings or events and follow up with them.

**Goal C:** Identify local ROSC Council community needs. (Ongoing)

**Objective 1:** The ROSC Council Administration will conduct a community needs assessment.

*Activity 1:* Create a needs assessment.

*Activity 2:* Distribute the needs assessment to each stakeholder via e-mail or in- person.

*Activity 3:* Compile and distribute the community needs assessment data.

*Activity 4:* Ongoing formal and informal Community Needs Assessment will be conducted.

*Activity 5:* Conduct a SWOT analysis. (Annually)

**Goal D:** Develop additional support systems for persons in recovery and their families.

**Objective 1:** Increase the number of meetings for people in recovery. (Moultrie specific)

*Activity 1:* Within six months, outreach to existing recovery meetings in Moultrie County about forming a new meeting.

*Activity 2:* Within one year, ROSC will aid in the establishment of a new AA/NA meeting.

*Activity 3:* In the FY27 budget, allot 150\$ in funds for 2 community members to take a facilitator training for a SMART recovery training. (They can facilitate online or face-to-face)

*Activity 4:* By July FY28, there will be at least 1 SMART recovery meeting in Moultrie County.

**Objective 2:** Increase the number of recovery meetings/events for family members. (Moultrie specific)

*Activity 1:* Utilize gatherings such as laundry days, school fairs and community events to identify family members who want to start a support group.

*Activity 2:* Host a committee meeting specifically for family members. (Quarterly)

*Activity 3:* Within two years, ROSC will facilitate in the formation of a family support group in Moultrie County, such as Al-anon.

*Activity 4:* Recovery navigator will host an education group specific to family members. (Monthly)

*Activity 5:* Host one family-friendly event. (Annually)

**Objective 3:** Explore ways to increase peer support. (Moultrie specific)

*Activity 1:* ROSC will meet with Moultrie County Counseling Center to connect the ROSC Recovery Navigator with their CRSS.

**Activity 2:** Share training opportunities with agencies in the area.

**Activity 3:** ROSC recovery navigator will partner with other peer support specialist in surrounding counties. (Quarterly)

**Objective 4:** Explore Recovery Housing options for Moultrie/Shelby Counties

**Activity 1:** Communicate with local agencies and organizations to analyze the need for safe, sober living locally in the community.

**Activity 2:** Identify recovery homes in surrounding counties and build potential partnerships.

**Activity 3:** Identify landlords in Shelby/Moultrie Counties and facilitate meetings to discuss potential safe and sober living opportunities for individuals and their families.

**Activity 4:** Aid community resource agencies in developing safe and sober living resource guides.

**Activity 5:** Host a community forum to educate the public on the importance of recovery housing and the impact it has on individuals' long-term recovery and community health.

**Objective 5:** ROSC Council will aid in the establishment of a Safe Passage Initiative in Shelby/Moultrie Counties

**Activity 1:** Provide advocacy to local law enforcement about a Safe Passage Initiative.

**Activity 2:** Communicate with law enforcement from other Safe Passage Initiatives to analyze the process of other Safe Passages programs.

**Activity 3:** Assist law enforcement in the creation of a treatment list and volunteer list for the program.

**Activity 4:** Identify resources to assist those requesting Safe Passage.

**Objective 6:** Provide information campaigns to reduce stigma and provide support to persons with substance use disorders.

**Activity 1:** Distribute state and national information campaigns annually.

**Activity 2:** Coordinate local resource information campaigns.

**Activity 3:** Participate in area health and wellness resource fairs and information campaigns.

**Activity 4:** Distribute ROSC information brochure and Shelby/Moultrie County membership ROSC brochure.

**Objective 7:** Increase awareness and information for health promotion around harm reduction and services.

**Activity 1:** Provide information on social media on where/how to access harm reduction services and programs.

**Activity 2:** Work with partnering agencies to share social media posts and educational materials.

**Activity 3:** Provide stakeholders updates on harm reduction services, supplies and resource guides.

**Objective 8:** Raise awareness of available behavioral and mental health services within the community.

**Activity 1:** Create a comprehensive list of all local behavioral and mental health services and supports in each county.

**Activity 2:** Compile a list of online resources.

**Activity 3:** Collaborate with service providers in our area to create and distribute this list within our counties.

**Activity 4:** Invite agencies/service providers to speak at our council meetings. (Quarterly)

**Activity 5:** Invite agencies/service providers to set up a table of resources at ROSC events. (Ongoing)

**Objective 9:** ROSC Council will continue to provide opportunities for individuals participating in the Shelby County Drug Court. (Shelby specific)

**Activity 1:** Provide information to participants about pro-social events.

**Activity 2:** Provide opportunities for drug court participants to gain community service hours.

**Activity 3:** Invite participants to become members of the council as PLE's.

**Activity 4:** ROSC Navigator and Coordinator will attend Drug Court on the first Friday of every month.

**Goal E:** The ROSC Council will assist key stakeholders with substance use disorder education and resources for the participants they serve.

**Objective 1:** Provide community wide education series to reduce stigma surrounding substance use disorder.

**Activity 1:** Develop a curriculum approved by the Hour House Program Director.

**Activity 2:** Sign working agreements with organizations with scheduled education groups within their organizations. (i.e. legal, community resource agencies, public health)

**Activity 3:** Develop and maintain local resource guides and distribute to both counties.

**Objective 2:** Provide Naloxone training and distribution within the community.

**Activity 1:** Identify unmet needs for Naloxone education and distribution.

**Activity 2:** Develop a schedule for trainings that complements services of the Moultrie and Shelby County Health Dept.

**Activity 3:** Provide trainings in both counties that high-risk individuals frequent.

**Activity 4:** Report distribution of Naloxone to Moultrie and Shelby County Health Dept.

**Objective 3:** Provide community wide education specific to families, parents, and children regarding substance use disorder.

**Activity 1:** Collaborate with the Illinois Family Resource Center to provide educational resources to families with a loved one with a substance use disorder.

**Activity 2:** Provide education surrounding substance use disorder to schools in both counties.

**Activity 3:** The ROSC Recovery Navigator will provide recovery educational groups within the community that covers topics related to parenting and helping families.

**Goal F:** Assist the community in creating a volunteer network to provide transportation for individuals seeking access to recovery supports and services. (Moultrie/Shelby)

**Objective 1:** Support the development of policy & procedure for volunteers which outlines duties and risks of transporting individuals with SUD to treatment. (End of FY26)

**Activity 1:** Assist in conduct research on other volunteer transportation models and best practices. (By end of FY26)

**Activity 2:** Help identify and investigate insurance liabilities for volunteer transportation programs. (By end of FY26)

**Objective 2:** Provide Narcan training for volunteers.

**Activity 1:** Coordinate & facilitate Narcan trainings for volunteers as they are available. (Ongoing)

**Activity 2:** Provide additional recovery and harm reduction resources. (Ongoing)

**Activity 3:** Organize follow-up trainings as new volunteers are identified. (Ongoing)

**Objective 3:** Assist in compiling and maintaining volunteer list from recovery community meetings.

**Activity 1:** Help gather volunteer contacts from community groups such as to faith-based groups/alliances, recovery meetings and events. (End of FY26)

**Activity 2:** Distribute volunteer list to key entities once trainings are complete. (Q1 of FY27)

**Activity 3:** Ensure the volunteer contact list is updated regularly. (Ongoing)

**Objective 4:** Leverage the volunteer transportation network to support the development of a Safe Passage.

**Activity 1:** Participate in all meetings related to Safe Passage (as needed)

**Activity 2:** Provide additional Narcan training sessions for volunteers specifically involved with Safe Passage.

**Goal G:** Raise awareness about second chance employment opportunities. (Shelby specific)

**Objective 1:** Gather information about who is currently a second chance employer.

**Activity 1:** Within 6 months, revisit employers that we know as second chance employers.

**Activity 2:** Within 9 months, speak with individuals with lived experience, drug court participants and probation clients about places they have been employed with a record.

**Activity 3:** Create a resource sheet of current second chance employers.

**Objective 2:** Seek out partnerships with additional employers.

**Activity 1:** Within 9 months, visit other employers in Shelby County with the potential to be second chance employers and provide educational information.

**Activity 2:** Within 12 months, find 3 employers willing to be second chance employers.

**Activity 3:** Provide updates to the second chance employer list through education and outreach. (Ongoing)

**Objective 3:** Collaborate with the nearest higher institutes of learning

**Activity 1:** Contact Lakeland Community College, Millikin University and Richland Community College to find out what GED and workforce development programs are available.

**Activity 2:** Create a resource guide of all GED programs and workforce development programs surrounding Shelby County.

**Objective 4:** Create additional supports in the community for those seeking second chance employment.

*Activity 1:* The ROSC Recovery Navigator will host education groups surrounding life skills like budgeting, parenting and hygiene. (Quarterly)

*Activity 2:* Continue to host laundry days to help with cleanliness and hygiene.

*Activity 3:* The ROSC Council will host a resume building workshop. (Bi-annually)

*Activity 4:* The ROSC Council will host an expungement training. (Annually)

**Goal H: Explore and provide education on the expansion of harm reduction materials inclusive of MAR in Moultrie and Shelby Counties.**

**Objective 1:** Provide education to the public on Medication Assisted Recovery.

*Activity 1:* The ROSC Council will host education groups open to the public on harm reduction including MAR. (Quarterly)

*Activity 2:* The ROSC Council will host sector-specific education groups. (Quarterly)

**Objective 2:** Identify access to Medication-Assisted Recovery (MAR) Services in both counties.

*Activity 1:* Research and compile a list of certified MAR providers (including clinics, physicians, and treatment centers) within a 50-mile radius of Moultrie and Shelby Counties.

*Activity 2:* Include contact information, services offered, insurance accepted, and the specific medications provided.

*Activity 3:* Within 1 year, connect to local MAR providers to explore opportunities for partnerships, including collaboration in setting up MAR services within both counties.

*Activity 4:* Within 2 years, have one active partnership with a MAR provider/organization.

**Objective 3:** Explore MAR (Medication-Assisted Recovery) Services being implemented into the Moultrie County Jail.

*Activity 1:* Partner with local providers to introduce MAR services directly into the Moultrie County Jail.

*Activity 2:* Provide quarterly education sessions on MAR for inmates and staff.

*Activity 3:* Distribute MAR resource guides (print and digital with QR codes) during intake and reentry planning.

*Activity 4:* Explore mobile MAR delivery or linkage for individuals leaving jail.

**Objective 4:** Education and training on Narcan.

*Activity 1:* Recovery Navigator will host an education group regarding Narcan. (Quarterly)

*Activity 2:* ROSC will host community Narcan trainings in Shelbyville and Sullivan. (Quarterly)

*Activity 3:* ROSC will host community Narcan trainings in towns outside of Shelbyville and Sullivan. (Quarterly)

*Activity 4:* Share Narcan specific information on the Moultrie/Shelby County ROSC Facebook page. (Bi-weekly)

**Objective 5:** Expand Drug Overdose Prevention Program (DOPP) site locations in Shelby

County.

**Activity 1:** Over the next 3 years, ROSC will increase the number of DOPP sites from 10 to 20.

**Activity 2:** Within one year, ROSC will add 5 DOPP sites within outlier towns in Shelby County. (Outside of Shelbyville)

**Activity 3:** Within three years, ROSC will add 5 more DOPP sites in Shelbyville.

\*In all of Shelby County we will distribute 300 boxes of Narcan. (Annually)

**Objective 6:** Expand DOPP site locations in Moultrie County.

**Activity 1:** Over the next 3 years, ROSC will increase the number of DOPP sites from 7 to 20.

**Activity 2:** Within one year, Moultrie county ROSC will add 6 DOPP sites within outlier towns in Moultrie County. (Outside of Sullivan)

**Activity 3:** Within three years, ROSC will add 7 more DOPP sites in Sullivan.

\*In all of Moultrie County we will distribute 300 boxes of Narcan. (Annually)

**Goal I: Increase access, awareness and education of recovery supports.**

**Objective 1:** Increase awareness and participation in available recovery groups, supports and events.

**Activity 1:** Promote online recovery meeting options.

**Activity 2:** Utilize social media to share recovery events and resources.

**Activity 3:** Encourage local recovery groups to use digital platforms to reach more individuals in need.

**Activity 4:** Share opportunities for conventions/conferences with scholarships available.