

ROSC Consortium Meeting Minutes

March 24, 2025

Brittney Card, Michelle Dettwiler, Elyse Schoen, Erica Petcher - Haven Home, Jeremy Uchtman – Haven Home, Whitney Steward – The Next Network, Amber Canada – Gateway Foundation, MPACTD, Tom Light – Haven Home, Kelly Jefferson – NAMI, Carrie McKenzie, Chas Swearington LPBHC, Charles LeGrand – Pavilion Hospital, Samantha Holthouse - ROE, Stephanie Carson – Gateway Foundation, Jim Russell – Vermillion County ROSC, Johanna Gonzalez – SUPR, Macoupin & Montgomery County Teens for Teens Group – Gillespie High School.

- Macoupin & Montgomery County Teens for Teens – introduced themselves and what their mission is within the school systems. Hoping to branch into other towns' schools soon to teach them how to offer peer support. They meet 1x week – every other week. They try and stick with “Awareness” month themes and spread that information over social media and in person communication.
- Shelly Miller – Community Health Specialist at Chestnut Health System
 - Retired teacher, taught in Hazlewood.
 - Do universal primary prevention to reach young people before initial use
 - BASE Grant – focuses on 3 areas – alternative to suspension, handle with care, and communication campaign which goes into Macoupin and Montgomery counties (increasing awareness and education related to substance use disorders, increasing awareness of available community support)
 - We support 41 counties – doing key informant interviews and surveys
 - Go in person using program – “Too good for drugs” – goes to 6th graders – then 7th and 8th. Focus on life skills and achievable goals. They are in person.
 - Distance learning – reach schools outside Madison/St. Clair – use Project to RISE Network (via USDA grants, IL Dept. Human Services) which has 12 lessons that align with State of IL standards (21) – focused on PE to health, SEL. Topics include nicotine, marijuana and alcohol because of their high prevalence, also focuses on prescription medication (fake pills, fentanyl), SEL-related topics (anger, grief, frustrations) and self-medication. Show videos of teens acting out – pause it – and

in groups – they rewrite the endings which provide 3 different ways to say no. Also discuss how drug use affects brain at their age and how drugs affect the brain.

- Youth Prevention Education – Gambling – currently in 3 schools – pilot program with Chestnut staff.
- Contracted work – Edwardsville one example – meet needs of different schools that need youth prevention intervention design
- Do a lot of information dissemination – link tree resource for parents which provides more information on substance use in kids
- QA: What type of gambling is going on in schools? – Kids can get online and do sports betting. They also throw dice. They also bet on their own games.
- QA: What options are available for kids with addiction? Chestnut has TX for youth. No inpatient for youth.
- C: Every 11 minutes – youth prevention campaign focused on fentanyl deaths in youth. Currently interviewing people in the counties to do this campaign in counties.
- Needs Assessment/Community Survey/SWOT Analysis
 - Met about SWOT analysis in Carlinville
 - We kept some points from the previous SWOT. Everyone should have gotten an email with a copy of needs assessment that includes the final SWOT analysis.
 - The Strategic Plan is due at the end of the month. We want to hear from you before we turn it in.
 - Community Wellness Group offers assistance to do IPLAN. We need to collaborate and make sure all these plans support each other, given recent events.
 - IPLAN is more extensive than ROSC plan – focuses on chronic disease, trauma, etc.
 - Carissa gave needs assessment results
 - MCPHD provided electronic copies of the strategic plan.
 - Focus areas are about the same – with more focus on youth. Michelle showed document showing areas – and asked group if these are still top priorities and if there are any other identified gaps?

- Cost and access – what role will ROSCs play with this?
- Increase awareness of Crossover Ministries/Hearts United and other such organizations—We don't know if the ROSC will continue to get funded or if hospitals will be able to stay open. We will have to increase awareness and communication, break stigmas, and prepare for the future.
- Is it okay if we keep plan as is?
- Determine strategies to deal with cost of care – whatever that looks like – getting grants to expand services to uninsured, advocating at state and federal level, etc.
- Determine strategies to provide more information about how harm reduction reduces risk
- Implementing strategy – 5 IL regions for ROSC. IL ROSC model is one of the stronger models in the country.
- IF you want to be more involved – we hold Planning meeting 1x per month and you can get a hold of Michelle or Brittney to be added to that group.
- Remember this Strategic Plan is due by March 30th, 2025. Any and all recommendations on adding or editing it's contents will need to be submitted to Michelle or Brittney by 3/29/25.

Next meeting: April 28th, 2025 at Beacon Church and Via Zoom per usual.