

Strategic Plan
Effingham County ROSC Council

Region: ROSC Region 4
Lead Agency: Hour House
County: Effingham County

Contacts:

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Purpose of the Strategic Plan:

- The purpose of the Effingham County Recovery Oriented Systems of Care Council (ROSC) Strategic Plan is to provide individualized goals broken down through activities to help achieve the objectives for each goal.

Goal 1: Conduct and maintain local ROSC Council meetings. (Continued goal for FY26)

Objective 1: The ROSC Council will continue to meet monthly.

Activity: Send calendar invites for ROSC Council meetings. (Monthly)

Activity: Maintain an e-mail list to communicate with ROSC Council members. (Ongoing)

Activity: ROSC Council members will reach out to non-attending members and target new potential members to increase participation. (Ongoing)

Activity: Assess and make any adjustments to time of day, type, and location of meetings to increase participation via google docs survey. (Annually)

Objective 2: The ROSC Council Admin will stay in consistent communication with ROSC Council members.

Activity: Within 5 business days of each council meeting, send meeting minutes to all ROSC Council members.

Activity: One week prior to the council meeting, send a reminder to each ROSC Council member.

Activity: Day of the council meeting, send a reminder to each ROSC Council member.

Activity: The ROSC admin will relay opportunities for webinars, trainings, and local events to increase awareness and highlight education and resources for SUD. (Ongoing)

Activity: Facilitate collaboration with ROSC Council while updating the Communication and Outreach Plan, yearly. (Ongoing)

Activity: Facilitate collaboration with ROSC Council while updating the Strategic Plan, yearly. (Ongoing)

Objective 3: The ROSC Council will recruit 2 members to Council quarterly.

Activity: Maintain a comprehensive and current list of prospective stakeholders in the county. (Ongoing)

Activity: ROSC Council will reach out to prospective stakeholders by phone or e-mail, to explain our purpose and seek out their possible involvement. (Ongoing)

Activity: Maintain current member engagement with ROSC Council. (Ongoing)

Activity: Conduct yearly communication and outreach plans with ROSC Council. (Ongoing)

Objective 4: Conduct yearly Needs Assessment to determine gaps and barriers in local services in the community for people in Recovery and active addiction.

Activity: Conduct focus groups for qualitative data. (Annually)

Activity: Conduct ROSC Community Survey to collect quantitative data with the help of ROSC Council distribution and promotion. (Annually)

Activity: Facilitate a SWOT analysis with ROSC Council members. (Annually)

Activity: Compile and distribute data collect from survey and focus groups to ROSC Council. (Annually)

Goal 2: Assist the community in creating a volunteer transportation network for individuals needing residential treatment for Problem-Solving Court, Probation, and Safe Passage. (1 year)

Objective 1: Support the development of policy & procedure for volunteers outlining duties and risks involved in transporting individuals with substance use disorder (SUD) to treatment. (By Q2 of FY26)

Activity: Assist in conducting research on other volunteer transportation models and best practices. (By Q2 of FY26)

Activity: Help identify and investigate insurance liabilities for volunteer transportation programs. (By Q2 of FY26)

Objective 2: Facilitate Narcan training for volunteers and the Persons with Lived Experience (PLE) Committee.

Activity: Coordinate & facilitate Narcan trainings for volunteers as they are available. (Ongoing Q3-Q4)

Activity: Provide additional recovery and harm reduction resources to volunteers. (Ongoing)

Activity: Organize follow-up trainings as new volunteers are identified. (Ongoing)

Objective 3: Assist in compiling and maintaining a volunteer list from recovery community meetings.

Activity: Help gather volunteer contacts from community groups such as Edgewood Full Gospel CR, Journey Church CR, Crossroots CR, AA, NA, & Al-Anon (Ongoing Q3-Q4)

Activity: Distribute volunteer list to key entities once trainings are complete. (By the end of Q4 of FY26)

Activity: Ensure the volunteer contact list is updated regularly. (Ongoing)

Goal 3: Assist local agencies in Effingham County in adopting the CPRS/CRSS model to enhance recovery capital and create certified Recovery Support Specialist/Peer Recovery Specialist positions. (1-3 years)

Objective 1: Raise awareness of existing CPRS/CRSS certification models to educate local agencies about their benefits and how to implement them.

Activity: Collaborate with Hour House administration to understand the process they followed to certify Recovery Navigators. (By end of Q1 of FY26)

Activity: Partner with Lake Land College to explore new Substance Use programs in the Human Services Department. (By end of Q1 of FY26)

Activity: Research agencies who provide necessary trainings to obtain certification. (By end of Q1 of FY26)

Activity: Research costs and requirements to obtain certification and share findings with agencies. (By end of Q1 of FY26)

Objective 2: Assist local agencies in understanding the benefits and support needed to implement the CPRS/CRSS model.

Activity: Facilitate one-on-one meetings with SUD/ Mental Health (MH) providers in Effingham County to discuss the adoption of the model and its benefits. (Ongoing during FY26)

Activity: Assist with research of grant opportunities to fund positions and model implementation. (Ongoing)

Activity: Support collaboration between identified agencies & Hour House administration. (By Q1 of FY27)

Objective 3: Assist in identifying Persons with Lived Experience to fill such positions.

Activity: Help recruit possible PLEs from PLE Committee and recovery meetings through the Recovery Navigator. (During FY27)

Activity: Assist agencies in developing advertisement of the position on social media, radio, and newspapers in collaboration with identified agency. (During FY27)

Goal 4: Develop additional support systems for persons in recovery and their families. (1-3 years)

Objective 1: The ROSC Council will assist in connecting family members affected by SUD to resources in the community & outside (if needed).

Activity: Connect families to recovery meetings (Al-Anon). (Ongoing)

Activity: Connect families to development trainings and webinars that address SUD & the effects on families. (Ongoing)

Activity: Connect families to the Illinois Resource Center. (Ongoing)

Activity: Connect families to child/youth-oriented agencies to help support families with children. (Ongoing)

Activity: Provide disease education for family members in the form of community presentations, pop-ups, social media. (Ongoing)

Activity: Assist in the development for additional support groups for family members affected by SUD. (Ongoing)

Objective 2: The ROSC Council will guide and support in the exploration of the Journey Church becoming a Recovery Community Organization (RCO).

Activity: Assist in identifying ideas and plans for the Journey Church to become an RCO. (Q1-Q2, FY27)

Activity: Connect Pastor Steve with other RCOs in the state. (Q1-Q2, FY27)

Activity: Facilitate connections between Journey Church and food sources for their food pantry. (Q1-Q2, FY27)

Activity: Support participation in stakeholder meetings with other agencies to discuss services the Journey Church could offer. (Q2-Q4, FY27, Ongoing)

Activity: Assist in creating a projected timeline for RCO development. (Q1, FY27)

Activity: Assist in facilitating one-on-one meetings with 2nd chance employers and Lake Land College to explore work development opportunities for PLEs. (Q2-Q4, FY27)

Activity: Support one-on-one meetings with youth serving organizations to explore creating youth support groups. (Q2-Q4, FY27)

Activity: Provide guidance on fundraising opportunities and sustainability efforts for Journey Church (if applicable). (Ongoing, Q1-Q2, FY28)

Activity: Provide harm reduction resources and Narcan trainings. (Ongoing)

Activity: Promote RCO while reducing stigma of individuals and families affected by SUD. (Ongoing)

Goal 5: Focus Recovery-oriented outreach towards identified villages (9) in Effingham County, IL. (1-3 years)

Objective 1: Visit & identify community champions.

Activity: Travel to Beecher City, Edgewood, & Mason, IL to speak with local businesses owners, faith-based leaders, and other social service entities (if applicable). (Q1-Q2, FY 26)

Activity: Travel to Montrose, Watson, Shumway, & Altamont IL to speak with local businesses owners, faith-based leaders, and other social service entities (if applicable). (Q3-Q4, FY 26)

Activity: Travel to Teutopolis & Dieterich, IL to speak with local businesses owners, faith-based leaders, and other social service entities (if applicable). (Q1-Q2, FY 27)

Activity: Set up stakeholder meetings during boots on the grounds outreach (if applicable). (Ongoing)

Objective 2: Identify villages who communicate need and receptiveness in reference to Recovery-oriented practices.

Activity: Conduct 1:1 stakeholder meetings to identify needs of the community. (Ongoing)

Activity: Facilitate ideas for Recovery-oriented practices and identify the role of ROSC Council support. (Ongoing)

Objective 3: Distribute Recovery-oriented resource material & information about upcoming Recovery-oriented events.

Activity: Hang flyers at village establishments where patrons frequent.

Activity: Submit ROSC event information to local media outlets (Premier Broadcasting, Cromwell, EDN, Altamont News Banner, Beecher City Journal, Effingham-Teutopolis News Report). (Ongoing)

Activity: Email Effingham County ROSC resource materials to champions of community to be disbursed. (Ongoing)

Activity: Conduct ROSC concept presentations in the identified villages (9) while providing harm reduction resources. (Ongoing, By the end of Q4 FY26)

Goal 6: Increase awareness and information for health promotion around harm reduction in Effingham County, IL. (1-3 years)

Objective 1: Facilitate outside entity presentations within Effingham County in reference to harm reduction.

Activity: Identify harm reduction champions. (Q1-Q2, FY 26)

Activity: Educate ROSC Council about harm reduction via harm reduction champion at a ROSC Council meeting. (Ongoing, Q2, FY26)

Activity: Coordinate harm reduction presentation meetings with local agencies. (Ongoing)

Activity: Coordinate harm reduction presentation to provide community wide outreach. (Ongoing)

Objective 2: Provide Narcan trainings (local agencies, pop-ups, community wide events, etc.).

Activity: Conduct a Narcan training in the villages (9) outside Effingham, IL city limits. (FY26-FY28, Ongoing)

Activity: Promote Narcan trainings via ROSC Council members, social media, newspapers, radio community calendars, flyers, and the Chamber. (Ongoing)

Objective 3: Develop Drug Overdose Prevention sites in the 5 of the 9 villages of Effingham County, IL.

Activity: Identify ROSC Council members who live in these villages to provide contact information for introduction. (Ongoing, Q2-Q4 FY 26)

Activity: Provide Narcan training and education to identified DOPP sites. (Ongoing)

Objective 4: Provide information on where or how to access harm reduction services and programs.

Activity: Share information with ROSC Council to disburse. (Ongoing)

Activity: Share information on Effingham County ROSC Facebook page. (Ongoing)

Activity: Ask community partners to share information on their social media outlets. (Ongoing)

Activity: Provide information to behavioral health providers. (Ongoing)

Goal 7: Maintain ROSC presence in the community by hosting Recovery-oriented events facilitated and planned by the Persons with Lived Experience (PLE) Committee. (1-3 years)

Objective 1: Meet with PLE Committee 1-2 times a month to discuss ideas for events within the community for PLEs and families.

Activity: Coordinate monthly meetings with PLE Committee members via Facebook chat. (Monthly)

Activity: Identify event tasks & let PLE Committee members volunteer for specific event roles. (Quarterly)

Activity: PLE Committee members will promote events through flyer distribution, radio, social media, and word of mouth. (Ongoing)

Activity: Host at least 2 ROSC events planned by the PLE Committee annually.

Activity: Identify reason behind such events to enhance attendance (what would PLEs desire to see—i.e. fellowship, sober place to go, resources, speakers, family-fun, etc.). (Ongoing)

Objective 2: Facilitate discussions of real time barriers for individuals in Recovery.

Activity: Have a PLE members list current struggles in their lives due to their history with substance use. (Q1, FY26)

Activity: Identify agencies who provide services to these struggles. (Q1, FY26)

Activity: Identify gaps to obtain these services. (Q2-Q4, FY26)

Goal 8: Collaborate with community schools to provide education on substance use, mental health, and harm reduction resources. (1-3 years)

Objective 1: Facilitate increased and open communications between school staff and administrators.

Activity: Target schools of the villages of Effingham County, IL. (FY 26)

Activity: Reach out to teachers, counselors, and school resource officers via e-mail, word of mouth, and phone to maintain ROSC presence. (FY 26)

Activity: Provide schools with connections to Hour House Prevention services. (Ongoing)

Activity: Coordinate PLEs to be speakers at assemblies or during health classes (Completed/Ongoing FY25).

Activity: Facilitate Narcan training and materials to staff and/or students. (FY27-FY 28)

Objective 2: Identify the needs of community school students in Effingham County, IL by promoting the registration and execution of the Illinois Youth Survey.

Activity: Collaborate with school administration and superintendents of area schools to register for the IYS. (Q1, FY27)

Activity: Create a survey for students, staff, and administration for area schools if barriers arise in reference to the IYS. (Q1-Q2, FY27)

Activity: Collaborate with administrations, teachers, counselors, and resources officers of schools to distribute created survey to students. (Q1-Q2, FY27)

Activity: Collaborate with Birth to 5 Region 3 Regional Manager, Amy Robinson. (Ongoing)

Activity: Assist in filling the gaps of identified needs where applicable through ROSC presence persistence. (Ongoing)

Goal 9: Assist the community in the exploration and possible development of Recovery home residence in Effingham, County IL. (1-3 years)

Objective 1: Assist Oxford House outreach worker with Oxford House Inc. needs to establish a Recovery residence.

Activity: Remain available by phone and email for outreach worker to identify and contribute to the needs of establishing a Recovery residence. (Ongoing)

Activity: Check-in monthly for progress/needs update.

Activity: Connect Oxford House Inc. administration to surrounding area substance use treatment facilities for referrals to Oxford House Recovery residence (Hour House, Gateway, Pavilion, etc.). (Ongoing)

Objective 2: Assist Connecting recovery home residents to social services within Effingham County, IL.

Activity: Supply residence with ROSC brochures, recovery meeting lists, public transportation, and contact information to reach ROSC Coordinator and community partners. (Ongoing)

Activity: Encourage local community partners to promote the recovery home residence through word of mouth. (Ongoing)

Activity: Have the PLE Committee promote the Oxford House recovery residence within their networks. (Ongoing)

Objective 3: Support the connection of recovery home residents to second-chance employers in the area.

Activity: Maintain an updated list of second chance employers and their specific criteria for employment. (Ongoing)

Activity: Provide recovery residence with the list of second chance employers. (Ongoing)

Activity: Facilitate introductions with second chance employers (as needed). (Ongoing)

Activity: Promote Recovery home residence to local community partners by word of mouth via ROSC Council and PLE Committee. (Ongoing)