



## **ROSC Strategic Plans FY25**

### **Ongoing Activities 2022- 2026**

#### **Goal A: Develop and maintain DuPage County ROSC Council meetings.**

**Objective 1: Develop ROSC Council, meeting monthly. Goal: 30 members in attendance at every meeting (2022-ongoing)**

**Activity 1:** Host meetings with new partners and members to build participation

**Activity 2:** Set ROSC Council meeting calendar

**Activity 3:** Identify key organizations and individuals to join

**Activity 4:** Establish and review yearly new member orientation that clarifies membership roles, terms of service, responsibilities, meeting attendance requirements

**Activity 5:** Hold ROSC Council Meeting at Addison Township space quarterly

**Activity 6:** Ask current ROSC Council members to invite one new person per month to their first ROSC Council meeting

#### **Objective 2: Identify existing resources and gaps to address goals (2022-ongoing)**

**Activity 1:** Implement and refine a yearly strategic recruitment plan to ensure DuPage ROSC Council involvement is diverse and strengthens the foundation to build RCO Council.

**Activity 2:** Establish efforts to strengthen existing partnerships and assist the DuPage ROSC Council in changing community norms regarding negative perceptions of individuals with SUD and COD; welcome individuals to recovery.

**Activity 3:** Develop communication plan, goals and objectives to expand existing targeted area community stakeholders, businesses, schools, law enforcement, persons with lived experience, and their families.

**Activity 4:** Keep FY25 Community Survey open, to collect more responses in Spring/Summer

**Activity 5:** Conduct SWOT analysis with ROSC Council members and report back at

Council meeting, and share at community partner meetings

**Objective 3: Enhance the leadership skills of the ROSC Council Members (2024-ongoing)**

**Activity 1:** Use SWOT analysis to determine leaders in recovery community

**Activity 2:** Create Planning and Sustainability Committee, led by council members (ideally non-ROSC staffers)

**Activity 3:** Create ROSC leadership succession plan based on feedback from council and committees

**Activity 4:** Outreach to local schools offering CADC, CRSS programs to identify students enthused about building recovery culture

**Objective 4: Strengthen Collaboration with other ROSC Coalitions in Chicagoland area and the State of Illinois (2022-ongoing)**

**Activity 1:** Attend all ROSC Council meetings in collar counties, as well as downstate ROSCs when applicable.

**Activity 2:** Invite ROSCs from Region 2 and other Northern Illinois to present at our ROSC Council meetings

**Activity 3:** DuPage ROSC members present at other Region 2 ROSC Council Meetings.

**Activity 4:** Invite other area ROSC Councils to take part at our Overdose Awareness Day event at Serenity House in August

**Goal B: Increase the Awareness of the ROSC Council: Its Mission and Purpose**

**Objective 5: Track the number of: ROSC meeting attendees, educations and trainings, presentations, monthly ROSC Council updates completed, and participants in key ROSC Council meetings (2022-ongoing)**

**Activity 1:** Conduct community outreach to increase visibility of ROSC Council and awareness of needs.

**Activity 2:** Create shared ROSC Council Facebook, Instagram, and Tik Tok pages that will be used for targeted promotion

**Activity 3:** Provide outreach information and literature for council members at ROSC Council meetings, as well as via email

**Activity 4:** Committee members provide presentations to organizations and partners in their service, business, school and other community stakeholder areas.

**Activity 5:** Create regular bi-monthly newsletter email featuring programs, events, meetings, and trainings submitted by ROSC Council members

**Activity 6:** Invite ROSC Council members to create changes in ROSC Mission and Vision statements as needed

**Activity 7:** Ask current Council members to help with outreach to sectors that have been a gap thus far: local government, local businesses, places of worship, etc

### **Objective 6: Increase education and understanding of the importance of ROSC Council Membership (2022-ongoing)**

**Activity 1:** Conduct at least 10 community presentations on the mission of ROSC, as well as the areas of focus for the council, for community partners

**Activity 2:** Use time at the beginning of each monthly ROSC Council meeting to educate new members on the Mission and Vision

**Activity 3:** Spotlight each new attendee at monthly ROSC Council meeting

**Activity 4:** Invite new Council members from community organizations to present at Council meetings, or at DuPage ROSC Presentation Series

**Activity 5:** Present on ROSC and the importance of recovery from substance use and mental health challenges for at least 5 chambers of commerce in DuPage, which can help connect with local businesses

**Activity 6:** Present for at least 3 Township Mental Health Boards on the Mission and Vision of ROSC, and it's importance to the community

## **Goal C: Increase ROSC Knowledge Base**

### **Objective 7: Increase awareness, importance, and availability of Peer Recovery Support Services (2022- ongoing)**

**Activity 1:** Promote the Peer Recovery Support Services provided by the Serenity House CORS program and others at each monthly DuPage ROSC Council meeting

**Activity 2:** Offer two free Connecticut Community of Addiction and Recovery (CCAR) trainings for the community yearly

**Activity 3:** Present on ROSC quarterly at local schools offering CRSS programs: College of DuPage, Elgin Community College

**Activity 4:** Invite CRSS students to attend monthly ROSC Council meetings to get them plugged into the field and the recovery culture

### **Objective 8: Provide easily accessible education materials on substance use and mental health challenges**

**Activity 1:** The ROSC will create a digital Learning Collaborative Library of presentations on various recovery topics, including recordings of presentations as well as ROSC

branded presentation slides

**Activity 2:** The ROSC will put many of these presentations on a ROSC-branded thumb drive for promotional use

**Activity 3:** The ROSC will invite any community partners to submit presentations for inclusion

**Objective 9: The ROSC will keep community updated on current trends related to substance use and mental health**

**Activity 1:** The ROSC will use time at monthly ROSC Council meeting to go over any new substances or adulterants that show up in DuPage

**Activity 2:** The ROSC Presentation Series will be used to present on current trends, adulterants, “grey market” drugs, etc.

**Activity 3:** ROSC will provide presentations on less-traditional pathways to recovery (psychedelics, ketamine therapy, EMDR, nature therapy, holistic approaches, etc)

**Activity 4:** ROSC will spotlight paths to recovery that may be stigmatized, like methadone, or maintenance moderation

**Activity 5:** The ROSC will make monthly changes to Narcan trainings to reflect the most recent trends and statistics

**Activity 6:** The ROSC will make the Learning Collaborative Library open to the public and free to access

**Activity 7:** ROSC will provide two free trainings and educations on recovery topics to the community, providing CEUs

**Goal D: Develop additional support systems for people in recovery and their families. (2023-ongoing)**

**Objective 10: The ROSC Council will expand awareness of recovery community for family members of those living with substance use and mental health challenges**

**Activity 1:** Create literature on ROSC targeted to families who are struggling to find services and support for loved ones

**Activity 2:** ROSC will provide two presentations on family and recovery, for the ROSC Council meeting and the DuPage ROSC Presentation Series

**Objective 11: DuPage ROSC will work under the Strategic Prevention Framework and BASE Grants to expand prevention education and stigma reduction programs within DuPage County and surrounding school districts**

**Activity 1:** ROSC will host an outreach event with Prevention Leadership Team called “Help Teens Have a Summer To Remember,” which will feature presentations on teen

substance use and mental health challenges, as well as resource tables

**Activity 2:** ROSC Coordinator will present on “Substance Use 101” and “How To Talk To Your Teen About Drugs and Alcohol” at “Help Teens Have A Summer To Remember” event

**Activity 3:** ROSC will work with DuPage Narcan Program and Prevention Leadership Team to create a harm reduction presentation for adolescents

**Activity 4:** ROSC will work with the Prevention Leadership Team to provide two “Parent Café” model events for family members of teens looking to learn more about substance use and mental health

### **Goal E: The ROSC Council will work to decrease stigma related to substance use and mental health challenges in DuPage County. (2024-ongoing)**

**Objective 12: The ROSC Council will work to educate the community and bring awareness to dangerous stigmatizing language**

**Activity 1:** ROSC members will promote and use non-stigmatizing language at ROSC Council meetings

**Activity 2:** ROSC will create “Language Matters” literature and materials for distribution to community

**Objective 13: The ROSC Council will help create and participate in public awareness campaign**

**Activity 1:** ROSC will work with DuPage Health Department to create Stigma Awareness campaign around co-occurring mental health challenges

**Activity 2:** 2 ROSC member PLEs will feature photos and quotes about their own experience in campaign ads

**Activity 3:** ROSC will host an open house event with the Health Department to kick-off the campaign.

### **Goal F: The ROSC Council will work to improve access to recovery services for persons incarcerated in DuPage County. (2023-ongoing)**

**Objective 14: The ROSC Council will expand recovery activities within DuPage County Jail.**

**Activity 1:** ROSC volunteers will lead four weekly recovery related classes led by persons with lived experience: Re-Entry for Criminal and Addictive Thinking, Intro To Recovery Topics, Heroin Anonymous, and Grief and Loss

**Activity 2:** ROSC will add an Anger Management class for jail residents in recovery

**Objective 15: ROSC will continue industrial painting training program inside DuPage County Jail**

**Activity 1:** The ROSC will identify funding partners, including philanthropic groups, to help pay for supplies

**Activity 2:** ROSC member will lead one class per year for 15 participants

**Activity 3:** ROSC Coordinator and Painting Program Coordinator will report on the program at monthly ROSC Council meeting

**Objective 16: ROSC will expand recovery activities inside Kane County jail**

**Activity 1:** ROSC volunteers will lead three weekly recovery related classes led by persons with lived experience: Re-Entry for Criminal and Addictive Thinking, Anger Management, and SMART Recovery

**Goal G: The ROSC Council will work to improve access to harm reduction materials for DuPage County residents. (2023-ongoing)**

**Objective 17: The ROSC Council will provide Narcan Access Points throughout the county**

**Activity 1:** ROSC will continue to provide Narcan for ten Narcan Access Points in partnership with the DuPage Health Department: 360 Youth Services, West Suburban Fellowship Club, Stonybrook Center, Outreach House, Wheaton PD, Glendale Heights PD, Villa Park Library, Wheaton Public Library, Abraxas Treatment Center, Glen Ellyn Public Library

**Activity 2:** ROSC will identify and install six new boxes for Access Points this year

**Activity 3:** The ROSC Coordinator will work with existing Access Point sites to educate them on how to order their own Narcan and future sustainability

**Objective 18: ROSC will lower stigmas related to harm reduction services in DuPage County**

**Activity 1:** ROSC members will use de-stigmatizing language when talking about harm reduction services at ROSC meetings, community presentations, and events

**Activity 2:** The ROSC will provide two presentations on harm reduction at our council meetings and Presentation Series events

**Activity 3:** ROSC staff will shadow existing mobile harm reduction programs at least three times to better understand the services

**Objective 19: DuPage ROSC will expand the amount and type of harm reduction materials offered**

**Activity 1:** DuPage ROSC will continue to offer Narcan, Fentanyl and Xylazine testing strips for

free

**Activity 2:** ROSC will offer new types of testing strips as they become available, including tests for Benzodiazepines and Nitazenes, free of charge

**Activity 3:** ROSC will also offer syringe exchange as needed, through Serenity House's Syringe Service Program (SSP) registration

**Activity 4:** ROSC will provide harm reduction materials at no cost monthly for attendees of ROSC Council meetings

## **Goal H: The ROSC Council will increase collaborative efforts among organizations to provide improved access to services. (2023-ongoing)**

### **Objective 20: The ROSC Council will maximize use of the WhatsApp Referral Hub**

**Activity 1:** ROSC will promote Referral Hub at monthly ROSC Council meeting

**Activity 2:** ROSC will identify the Hub user each month who's provided the most referrals, and they will be honored at the monthly council meeting, and rewarded with a gift card

**Activity 4:** ROSC will promote the Hub on all socials, and ask community partners to share via their networks

**Activity 4:** Referral Hub coordinator will collect info weekly on most requested types of referrals, outcomes, etc

### **Objective 21: ROSC will increase awareness of available services in DuPage County**

**Activity 1:** ROSC will demonstrate the ROSC Resource Guide at monthly council meetings and DuPage ROSC Presentation series

**Activity 2:** The ROSC Resource Guide will be continuously updated with resources provided by council members and users of the WhatsApp, and made available to the public

**Activity 3:** ROSC will demonstrate the Resource + Asset Map at monthly council meetings, DuPage ROSC Presentation Series, and will make it available to use online

## **Goal I: The ROSC Council will take part in more advocacy work (2023-ongoing)**

### **Objective 22: The ROSC Council will advocate for policy changes that support recovery**

**Activity 1:** ROSC members will engage with local government to promote policies that expand access to housing, employment, healthcare, and transportation for people in recovery

**Activity 2:** ROSC will support harm reduction and treatment-first policies and advocate

for alternatives to incarceration for drug-related offenses.

**Activity 3:** ROSC will engage with other advocacy organizations to push for increased funding for recovery services in DuPage County

**Objective 23: The ROSC Council will advocate for more supportive environments that empower people in recovery**

**Activity 1:** ROSC will create a Recovery Ready Workplace education initiative aimed at local employers, using PLEs to help create the narrative

**Activity 2:** ROSC will take the feedback from employers to improve our employment resources

**Activity 3:** ROSC will attend at least six local township Mental Health Board meetings to advocate on behalf of people in recovery

**Activity 4:** ROSC will attend at least six city council meetings to advocate for more sober housing options in our county



