## Strategic Plan Douglas County ROSC Council (DCRC)

Region: ROSC Region 4 Lead Agency: Hour House County: Douglas County

#### **Contacts:**

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### **Purpose of the Strategic Plan:**

• The purpose of the Douglas County Recovery Oriented Systems of Care Council (ROSC) Strategic Plan is to provide individualized goals broken down through activities to help achieve the objectives for each goal.

Goal A: Maintain local ROSC Council meetings. (Continued goal for FY26)

**Objective 1:** The ROSC Council will meet monthly and will recruit and maintain council members.

Activity 1: Set calendar of ROSC Council meetings at least six months in advance.

Activity 2: Maintain an e-mail and mailing list to communicate with ROSC Council members. (Ongoing)

Activity 3: ROSC Council members will personally reach out to non-attending members to increase participation. (Ongoing)

*Activity 4:* Assess and make any adjustments to time of day, type, and location of meetings to increase participation. (Annually)

**Objective 2:** The ROSC Council administration will stay in consistent communication with ROSC Council members.

Activity 5: Within five days of each council meeting, send meeting minutes to all ROSC Council members.

Activity 6: Two weeks prior to the council meeting, send a reminder to each ROSC Council member.

Activity 7: Three days prior to the council meeting, send a reminder to each ROSC Council member.

Goal B: Fulfill stakeholder required categories.

**Objective 3:** The ROSC Council will include individuals to represent each stakeholder category.

Activity 8: Maintain a comprehensive list of stakeholders in the county to contact. (Ongoing)

Activity 9: ROSC Council members will continue to seek out stakeholders who are missing.

Activity 10: Recruit at least 1 new council member quarterly.

Objective 4: The ROSC Council Administration will monitor retention of community stakeholders each month.

Activity 11: Provide an attendance sheet at each meeting to ensure stakeholder representation.

Activity 12: Keep a donation log of community stakeholders who contribute to ROSC activities and events. (Ongoing)

Activity 13: Challenge council members to bring a guest outside of their organization to a meeting once every quarter.

Goal C: Identify local ROSC Council community needs.

**Objective 5:** The ROSC Council will coordinate a meeting each year to identify strengths and barriers that will be part of the annual community assessment.

Activity 14: Provide a meeting for all stakeholders to identify the top five strengths and barriers. (Annually)

Activity 15: Send the strengths and barriers list to the ROSC Council members via email and in person. (Annually)

**Objective 6:** The ROSC Council administration will conduct annual formal and informal community needs assessments.

Activity 16: Create a needs assessment. (Annually)

- Activity 17: Distribute the needs assessment to each stakeholder via e-mail. (Annually)
- Activity 18: Compile and distribute the community needs assessment data. (Annually)
- Activity 19: Ongoing formal and informal community needs assessment will be conducted.

**Objective 7:** The ROSC Council will advocate for and coordinate efforts to provide transportation for treatment services. (Ongoing)

- Activity 20: Assist Community Transportation Committee to address ongoing transportation needs, including attending the committee meetings. (Ongoing)
- Activity 21: Share out any information given on transportation at the committee meetings with ROSC Council members at the monthly meeting.
- *Activity 22:* When available a limited amount of transportation tokens for those to attend ROSC meetings/events. (Ongoing)
- Activity 23: Encourage area churches and other local community organizations to create a list of volunteers who are willing to help transport people to treatment services. (Ongoing)

Goal D: Develop additional support systems for persons in recovery and their families. (Ongoing)

**Objective 8:** The ROSC Council will explore the development of at least one additional consistent recovery meetings within 1-3 years. (Ongoing)

- *Activity 24:* Work with our Persons with Lived Experience (PLE's) to create additional 12-step AA/NA meetings. (Ongoing)
- Activity 25: Work with Persons with Lived Experience (PLE's) and local treatment professionals to establish science-based recovery meeting options (i.e. SMART Recovery). (Ongoing)

**Objective 9:** Provide information campaigns to reduce stigma and provide support to persons with substance use disorders. (Ongoing)

- Activity 26: Distribute state and national information campaigns annually.
- Activity 27: Coordinate local resource information campaigns.

- Activity 28: Participate in area health and wellness resource fairs and information campaigns. (Ongoing)
- Activity 29: Distribute ROSC information brochure and Douglas County Recovery Navigator brochure. (Ongoing)
- Activity 30: Distribute information and educational materials in Spanish that are available to ROSC throughout Douglas County. (Ongoing)
- Activity 31: Facilitate communication on a Safe Passage Program. (Ongoing)
- **Objective 10:** Assist in expanding educational opportunities for those in recovery. (Starting 3/25)
- *Activity 32:* The ROSC Administration will work with Parkland College to explore educational programs (ex GED Courses) and identify potential instructors and partnerships. (Completed)
- Activity 33: The ROSC Administration will work with the Douglas County Jail administrator to develop the framework to implement GED courses to the jail population. (Completed)
  - Activity 34: The ROSC Administration will continue to collaborate with Parkland College and support work on the GED program in Douglas County Jail. (Ongoing)
- Objective 11: Increase awareness and information for health promotion around harm reduction and services. (Ongoing)
  - Activity 35: Provide information on social media and in print on where/how to access harm reduction services and programs. (Ongoing)
  - Activity 36: Work with partnering agencies to share social media posts and educational materials. (Ongoing)
  - Activity 37: Provide stakeholders updates on harm reduction services, supplies and resource guides. (Ongoing)
- Objective 12: Within three years ROSC will have helped establish a transitional housing facility in Douglas County.
  - Activity 38: Assist Be Brave the local organization who is working to purchase a building by facilitating monthly housing subcommittee meetings. (Ongoing)
  - Activity 39: Within three months coordinate with volunteers from other agencies or groups to help Be Brave hold a least one fundraiser per year.
  - Activity 40: Promote transitional housing to community members, community partners through word of mouth, and social media. (Ongoing)

Activity 41: Provide the transitional housing facility with local recovery meeting list, ROSC brochures, transportation information once operational.

Activity 42: Once the housing facility is operational ROSC will help to connect residents who are in housing with getting connected to any social services they may need in the community.

**Objective 13:** ROSC Council will support the formation of and provide advocacy to establish a local Drug Court in Douglas County within three years.

Activity 43: Within one month identify potential partnerships with neighboring counties who already have Drug Court.

Activity 44: Within four months help coordinate and attend development meetings with key stakeholders in the county and neighboring county (s) with an active Drug Court to help gain a better understanding of the logistics and process necessary to establish then operate a Drug Court.

Activity 45: Within six months identify additional services and self-help groups needed to sustain a Drug Court.

Activity 46: Form a committee that meets each month or as needed to help facilitate the formation of Drug Court.

Activity 47: Assist in seeking out additional funding sources as needed.

*Activity 48:* Within 24 months of the first meeting with key stakeholders in Douglas County, add 3-6 probationers to the Douglas County Drug Court.

Goal E: Maintain ROSC Council subcommittee meetings. (Ongoing, FY25)

Objective 14: The ROSC Council will develop active PLE (Persons with Lived Experience) subcommittee. (Ongoing)

Activity 49: Conduct outreach to persons with lived experience throughout Douglas County. (Ongoing)

- Activity 50: Set a schedule of regular meeting days, time, and location.
- Activity 51: Empower those in the group to plan recovery activities and events for the community. (Ongoing)

## Objective 15: The ROSC Council will maintain the transitional housing subcommittee.

- Activity 52: The subcommittee will continue to meet monthly to address the needs for transitional housing. (Ongoing)
- Activity 53: Identify resources needed for transitional or recovery housing. (Ongoing)
- Activity 54: Assist in seeking out additional funding sources as needed. (Ongoing)

#### Objective 16: The subcommittee meetings will meet at the discretion of its members.

- Activity 55: Send calendar invites and reminders to members of subcommittees for meetings. (Ongoing)
- Activity 56: Keep an e-mail and mailing list to communicate with subcommittee members. (Ongoing)
- *Activity 57:* Subcommittee members will personally reach out to non-attending members to increase participation. (Ongoing)
- Activity 58: Assess and make any adjustments to time of day, type, and location of meetings to increase participation. (At least annually)
- Activity 59: Provide documentation of subcommittee member participation. (Ongoing)
- Activity 60: Provide an attendance sheet at each subcommittee meeting to ensure stakeholder representation.
- Activity 61: Provide meeting summary to ROSC Council in the next monthly Council meeting.

# Goal F: The ROSC Council will assist key stakeholders with substance use disorder education and resources for the participants they serve. (Ongoing)

### Objective 17: Provide community wide education to reduce stigma and myth related to substance use disorder.

- Activity 62: Maintain current weekly education groups in the community ran by the ROSC Recovery Navigator. (Ongoing)
- Activity 63: Develop and maintain local resource guides and distribute county wide. (Ongoing)
- Activity 64: Contact the staff at local schools to provide information about ROSC and offer resources to students that may include youth resource guides, and information on local services. (Ongoing)

Activity 65: Contact local school staff to make them aware of and offer to connect them to other prevention programs for students such as BASE, Douglas County Health Department Programs, CORS, Illinois Family Resource Center, RISE and more. (Ongoing)

## Objective 18: Increase awareness and information for health promotion around harm reduction and services. (Ongoing)

Activity 66: Provide information on social media and in newspaper on where/how to access harm reduction services and programs. (Ongoing)

Activity 67: Work with at least one partnering agency to share social media posts and educational materials. (Ongoing)

Activity 68: Provide stakeholders updates on harm reduction services, supplies and resource our guides. (Ongoing)

Activity 69: Within 12 months there will be harm reduction resources in each library in Douglas County.

Activity 70: Work alongside the Douglas County Health Department to increase awareness and information for harm reduction and services available.

#### Objective 19: Expand the access of harm reduction programs.

Activity 71: Within six months develop four more DOPP sites in Douglas County.

Activity 72: Within 12 months develop four additional DOPP sites in Douglas County outside of the city of Tuscola in Douglas County.

Activity 73: ROSC will host one harm reduction training per quarter. The trainings will be in locations that high-risk individuals frequent.

Activity 74: Within three months create and share a list of local MAR (Medicated Assisted Recovery) providers when conducting outreach, at meetings and in our newsletter.