March 20, 2025 ROSC Council Minutes:

Meeting was called to order by Tia Schum at 3pm on March 20, 2025 at The Piatt County Mental Health Center.

Attendance was taken: In Person: Tia Schum (PCMHC), MaryJo Dean (Willow Tree Missions), Steve Keagle (Lodge Church of God), Cassandra Button (PLE). In attendance via zoom: Heather Brown (PLE), Holly and David (Guest Speakers/PLE), Michelle Hibbard (Roscrance), Jensen Eliason (Youth Prevention PCMHC), Adam Goetz (NG Counter Drug Task Force), Halee Fyke (CCRP), Julie Pulhman (Region 4 TA), Liesl Wingert (SIU-C), Debra Beckman (Statewide ROSC), Louanna Miller (DeLand/Weldon CUSD), Marcie Albrecht (Kirby Outreach).

Introductions – General Introductions were given.

Communication Plan – Tia shared Suboxone is going well. We have 45 patients. 2 new patients for addiction medicine. Both appear to be on the right path and motivated for recovery. Group is going well. Bement had a new attendee this past Wednesday. Monticello group is still working on getting its footing. We will have a representative from each group speak on behalf of the groups for more PLE involvement.

Naloxone trainings:

April 2nd there will be a Naloxone training for Allerton Public Library staff. There will also be a Naloxone training for Cerro Gordo first responders/fire protection. Bement Public Library will have a Naloxone training scheduled during the summer, early fall.

This Month's Activities – National Drug and Alcohol Facts week! Tia has gone to 4 out of 5 schools in Piatt County and provided lunch time trivia! All schools had great participation. Most importantly, the students learned at least one thing they did not know! Tia is planning for this to potentially be a yearly thing.

Deliverables: Strategic plan was gone over today. No changes have been suggested however, Tia has given the council until Wednesday March 27th to get any and all changes submitted. This is due March 30th.

Guest Speaker – David and Holly were our guest speakers this month. Both attend our neighboring county, DeWitt, enrichment groups facilitated by Maggie Memmott. David explained that he has been in recovery for 2.5 to 3 years after roughly 37 years of addiction. ROSC has been a huge support in his recovery and has given him something bigger than himself to believe in. He has something to look forward to weekly. David joked that even though his sister, Maggie, throws him into doing events and speaking, he really does enjoy it. Holly explained that she has been in recovery for 15 months after an undisclosed amount of active addiction. Holly also stated that ROSC has helped her tremendously in her recovery. If there was advice to be give, David shared to go to meetings, try to be grateful, participate in service work, do the steps (if you are a 12 stepper), and just put in the work. Holly agreed with this statement and really emphasized group work.

Sector Speakers – Tia discussed changes to the grant for the upcoming fiscal year. Tia explained that funding has been trimmed a bit in regards to sober recreational events not being funded any more. The state is really encouraging the ROSCs to develop and sustain a system of care. The state has asked that each ROSC identify 2 to 3 challenges within their community. Tia shared what she had landed on and asked for the council's opinion. These challenges are, stigma reduction, transportation, more youth peer support, enrichment group for those with intellectual and developmental delays, as well as working with local law enforcement to establish alternatives to arrest for those with substance use disorders. The council in attendance were in agreement.

Future engagement opportunities -

April 10 – Job Fair April 25 – Murder Mystery

ROSC Deliverables – The ROSC deliverables are constantly looked at to ensure the Piatt County ROSC Committee is staying the course.

Who's Missing? – Tia continued to remind group that IDHS has an expectation that 50% of the total council should be composed of PLEs.

Planning for future engagement opportunities:

Future Meetings – It was agreed that future ROSC Meetings will be held 3rd Thursday of the month @ 3pm with the <u>next Piatt County ROSC meeting being held here at The Center on Thursday April 17 @ 3pm.</u> It was also discussed that it would be helpful to maintain a zoom option for guests.

Satisfaction Survey – A brief verbal satisfaction survey was conducted. Participants felt encouraged by number of those in attendance and the progress made at meeting. It was agreed that more PLEs would help move discussion along and the important thing is to have meetings that move forward the deliverables of the grant.

Meeting was adjourned at 4 pm

Recorded by Tia Schum