

# McLean County Recovery-Oriented Systems of Care (ROSC) February 2025 Council Meeting Minutes

**Date:** Tuesday, February 18th, 2025

**Time:** 3:30 – 4:30 pm

**Location:** Virtually via Zoom

## **Agenda:**

- Introductions of new ROSC members/attendees
- **Special Council Discussion:** SWOT Analysis (Strengths, Weaknesses, Opportunities, and Threats)
- McLean ROSC Updates
- Agency Updates & Wrap Up

## **Attendees:**

1. Barb Brumleve- Chestnut, McLean & Ford ROSC
2. Cat Hays- Chestnut, McLean ROSC
3. Kari Knapp – Chestnut Health Systems
4. Nancy Bollegar – Allies Against Trafficking (The Alliance)
5. Caitlyn Clyne – Bloomington Public Library-Outreach engagement/Bookmobile
6. Zach Schimelpfenig – PATH
7. Kami Garrison – Statewide ROSC Region 3 TA
8. Tasha Taylor Davis – Family Community Resource Center
9. Shayla Woodworth – PLE
10. Wendy Klinker – The Alliance
11. Joshua Edwards – Mayors Manor Program Coordinator-Mid Central Community Action
12. Dan Lofgren – Chestnut Health Systems
13. Kenneth Bell – Chestnut Health Systems
14. Molly A
15. Emily Hartley – Community Services Coordinator, Brightpoint
16. Johanna Gonzalez – IDHS-SUPR
17. Erika Hahn – Prevention Specialist – Illinois Human Performance Project and ILHPP Prescription Playbook
18. Dorothy Davis – Regional Coordinator at Brightpoint
19. Darren Jones – Project Oz
20. Sandra Beecher – Gateway
21. Neesha Stringfellow – Heartlife Ministries ROSC
22. Abby Behrens – Brightpoint Mental Health and Wellness
23. Ron Slagel – Owner PC Energy, AA District 10 PI/CBC Committee

Barb Brumleve opened the meeting by welcoming attendees and requesting their names and affiliations for attendance purposes.

**Council Meeting Discussion Topic: SWOT Analysis**

**Breakout Room Discussion Questions and responses:**

**"What are the biggest strengths of our community? What do we do well? What makes people proud to be part of this community? What are we known for? (Strengths)**

**"What challenges or problems does our community face?" (Weaknesses)**

**"Where do we need more training/education? What could we improve?" (Opportunities)**

**"What external factors could negatively impact our community? Are there risks or challenges we should prepare for? What public health trends or changes pose a threat to our efforts? (Threats)**

**McLean County ROSC FY25 SWOT Analysis**

<p><b>Strengths:</b></p> <ul style="list-style-type: none"><li>• Support for undocumented individuals</li><li>• Empowerment for diverse identities</li><li>• Big spirit of collaboration</li><li>• Agencies strive to advocate for and support everyone</li><li>• Strong education system from Pre-K through higher education (3 colleges)</li><li>• Diverse population</li><li>• Abundance of community resources</li><li>• Robust healthcare networks</li><li>• Safe and family friendly community</li><li>• Public transportation</li><li>• Deflection services</li><li>• Re-entry services/supports</li><li>• Variety of community-based coalitions and interagency meetings</li><li>• Law enforcement involved in collaboration and embraces community mindset</li></ul>	<p><b>Weaknesses:</b></p> <ul style="list-style-type: none"><li>• Many resources exist but are not well-shared or widely known, especially in rural areas</li><li>• Some dismiss local issues like homelessness, addiction, and mental health concerns</li><li>• Stigma exists around socioeconomic status, culture, and mental health</li><li>• Lack of adolescent treatment services</li><li>• Limited services for veterans and reentry programs</li><li>• Insufficient education and resources for human trafficking and sexual assault</li><li>• Lack of accessible resources in rural areas</li><li>• Shortage of housing and sober living options</li><li>• Financial barriers for early recoverees (e.g., rent and deposits for sober living)</li></ul>
---	---

<ul style="list-style-type: none"> <li>• Mediation Assisted Treatment (MAT)/Medication Assisted Recovery (MAR services) – 8 providers in total</li> <li>• Diversity of secular and faith-based support programs and services</li> <li>• Sober living facility offerings, including Oxford House</li> <li>• Wide distribution and access to Naloxone/NARCAN</li> <li>• Prevention services and supports for youth and adults</li> <li>• Reintegration services to formerly incarcerated women</li> </ul>	<ul style="list-style-type: none"> <li>• Lack of treatment-supported recovery homes</li> <li>• Lack options for detox services in McLean County</li> <li>• Limited in-patient care for individuals with a dual diagnosis</li> <li>• Lack of community awareness about crisis services and providers</li> <li>• Lack of youth programs and weekend activities</li> <li>• Limited sober activities outside of 12-step events</li> <li>• Lack of employment, childcare, and support opportunities</li> <li>• McLean County's size makes reaching rural communities difficult</li> </ul>
---	--

Cat thanked everyone for all the great feedback and shared that We NEED you to be our Hands and Feet out in the Community. We are all here to make a sustainable community change. We need ALL hands-on deck!! We will be working to include the SWOT results in our Needs Assessment!!

We also want to thank EVERYONE for taking our survey and sharing. We received 207 English surveys and 11 surveys in Spanish!! Can't wait to share the DATA!

**Agency Updates:**

- Please reach out to Zach at PATH to add anything to the Pathogram. The Pathogram reaches approximately 2500 people in our community.
- Abby from Brightpoint shared that The Butterfly Project is now called Brightpoint Mental Health and Wellness. Exact same services, just a new name. If you would like her to bring you new flyers/brochures just email her at [Abehrens@brightpoint.org](mailto:Abehrens@brightpoint.org).

**McLean County ROSC Updates:**

We want to thank EVERYONE for taking our survey and sharing. We received 207 English surveys and 11 surveys in Spanish!! Can't wait to share the DATA!

- **The Planning Committee** meets monthly at 11am on the first Tuesday of each month (contact team if interested in joining) to brainstorm and discuss planning for upcoming

outreach/Engagement Initiatives. The committee is always seeking new perspectives and people to help us brainstorm and plan upcoming ROSC events and opportunities.

- **Quarterly Recovery Community Newsletter** – We are working as a committee to revamp the McLean County ROSC newsletter into a McLean County Recovery Community Newsletter.
  - Please contact Cat, via email, [cmhays@chestnut.org](mailto:cmhays@chestnut.org) if you are interested in joining the Planning Committee, helping to form any additional sub-committees, updates/events you would like shared on our social media as cross-promotion, or anything else relevant to recovery-oriented services.
- **Available McLean ROSC Print Resources**
    - **ROSC Intro “101” Binders:** Binders are now ready. These are “ROSC 101” Orientation/Intro Binders for new council members or prospective volunteers interested in joining. Content includes: What is a ROSC Q&A?, Stigma & Language Overview, ROSC Elevator Speech & How to Get Involved, Recovery Support Groups Quick Reference Guide, McLean County ROSC Council Member Talent Assessment, McLean County ROSC Info One Pager FY24, McLean County ROSC Membership Brochure FY24, & more.
    - **McLean County Sober Social Guide (SSG):** The McLean County Sober Social Guide is now available both as a digital copy (<https://heyzine.com/flip-book/505fe4c39d.html>) and in limited print copies. If interested in receiving a print copy, please email the McLean ROSC team at [McLeanCountyROSC@gmail.com](mailto:McLeanCountyROSC@gmail.com).
    - **Virtual Resource App Business Cards:** If interested in receiving some McLean ROSC Virtual Resource app business cards for yourself or your organization/group/agency, please let us know via email, [McLeanCountyROSC@gmail.com](mailto:McLeanCountyROSC@gmail.com).
  - **Available Community Trainings – Narcan Administration and QPR – Question, Persuade, Refer**
    - If interested in receiving a free QPR-Question Persuade Refer training, please contact the [McLeanCountyROSC@gmail.com](mailto:McLeanCountyROSC@gmail.com).



NARCAN Administration

Question. Persuade. Refer.

These steps anyone can learn to help prevent suicide.

QPR – Question, Persuade, Refer

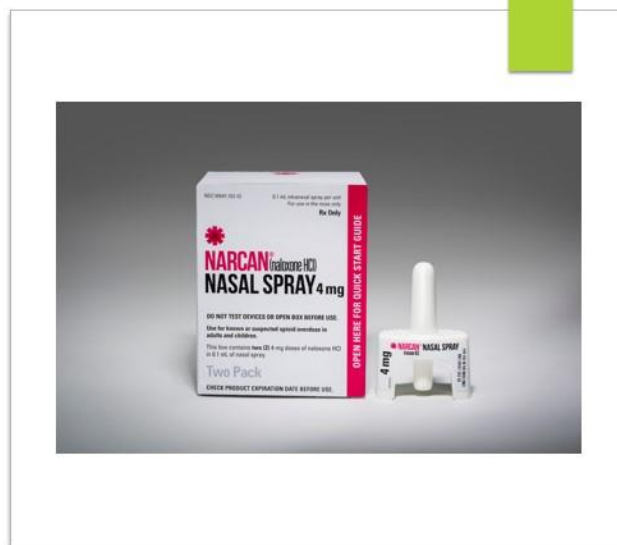
Available Community Trainings

For more info on QPR community trainings, please email [McLeanCountyROSC@gmail.com](mailto:McLeanCountyROSC@gmail.com).

- **If you Need Narcan:** Please contact **Randi Derrig** ([rw derrig@chestnut.org](mailto:rw derrig@chestnut.org)) for Narcan. If interested in receiving free Narcan administration training, the McLean County ROSC team is now fully trained

## McLean County Narcan

- ▶ The McLean County ROSC Team is fully trained to offer free Narcan trainings!
- ▶ If interested in receiving free Narcan in McLean County, please contact Kari Knapp
  - ▶ [kmknapp@chestnut.org](mailto:kmknapp@chestnut.org)
- ▶ If interested in receiving a free Narcan training, please email [SR-NARCAN@chestnut.org](mailto:SR-NARCAN@chestnut.org)



### Next Meeting & Contact Info:

- **Next Meeting via Zoom – Tuesday, March 18th, 2025 @ 3:30-4:30 PM**
  - Meeting virtually via Zoom (<https://zoom.us/j/96709486019>)
    - Meeting Code: 967 0948 6019
- **Contact Info**
  - Kari Knapp, Associate Director of Community Health
    - [kmknapp@chestnut.org](mailto:kmknapp@chestnut.org)
    - 309-391-1802

- Barb Brumleve, Community Health Specialist
  - [bdbrumleve@chestnut.org](mailto:bdbrumleve@chestnut.org)
  - 309-826-3151
- Cat Hays, Community Health Specialist for Recovery Supports
  - [cmhays@chestnut.org](mailto:cmhays@chestnut.org)
  - 309-665-2067
- McLean County ROSC Team
  - [McLeanCountyROSC@gmail.com](mailto:McLeanCountyROSC@gmail.com)