

Community Resource Assessment FY25 Shelby County ROSC Council

Region: ROSC Region 4

Agency: Hour House

ROSC County: Shelby County

Contacts:

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Purpose of the Community Resource Assessment: This research details a community resource assessment and describes how resources were evaluated in the context of local needs. The evaluation of local resources is an important initial step in partnership development and is essential for the success of health promotion and disease prevention interventions.

Executive Summary- Shelby County

<i>Leadership Center Agency:</i>	Hour House
<i>Type of Report:</i>	Community Needs Assessment- Shelby County
<i>Setting:</i>	Rural
<i>Total Number of Residents:</i>	20,568
<i>Number of School-aged Youth:</i>	4,426
<i>Total Number of Schools:</i>	15
<i>Total Number of Institutions of Higher Learning:</i>	0
<i>Total Number of Treatment Facilities:</i>	0-SUD inpatient treatment; 1- SUD outpatient treatment; 1 mental health outpatient treatment
<i>Total Number of Coalitions/ROSC Councils:</i>	1 ROSC Councils

United States Census Bureau QuickFacts, July 2023

Demographics

Shelby County is predominately White alone at 97.2%. Hispanic and Latin account for 1.8%, Black Alone 1.0%, Asian alone 0.4%, American

Indian and Native Alaskan alone is a value greater than 0 but half than less of unit shown, and two or more races is 1.1%. (United States Census Bureau QuickFacts, July 2023)

Persons under the age of 5 years old accounts for 5.0%, ages 5-18 years old is 21.1%, ages 18-65 is 49.4% ages 65 and over is 24.5%. Females account for 49.9% and males 50.1%. (United States Census Bureau QuickFacts, July 2023)

The median household income is \$68,457 with the persons in poverty rate at 10.6%. The number of households for 2019-2023 is 8,795 with the average persons per household being 2.35.

With this data, it can be determined most of the population in Shelby County is White and below-average income.

Gap Analysis

Purpose of the Gap Analysis: This document identifies and evaluates the current gaps from the Community Resource Assessment between their actual performance and identify potential/desired action steps/plans and strategies to fill these gaps.

Summary of Identified Gaps Across the Continuum (FY25):

- 1. Health Promotion:** Lack of awareness and understanding regarding substance use disorder resulting in increased community stigma.
- 2. Prevention:** Lack of knowledge of behavioral/mental health services and support.
- 3. Intervention/Harm Reduction:** Lack of knowledge/information surrounding harm reduction methods within the county. This results in an increased stigma regarding harm reduction.
- 4. Treatment:** Lack of reliable transportation, lack of access to treatment services due to costs and waitlists.
- 5. Recovery Supports:** Lack of access to recovery supports due to limited transportation, lack of information about these supports, lack of recovery housing.

Point on Continuum	Identified Gap: Shelby County	Ideas for Community Action Steps	Ideas for Partnerships with Outside Groups/Organizations	Ideas for Changes at the State Level- How can state funders help bridge this gap?
Health Promotion	Lack of education/community understanding regarding substance use, resulting in increased stigma.	Provide Substance Use Disorder education and statistics to identified sectors, provide real life stories of affected individuals/families suffering from Substance Use Disorder and Recovery education groups.	Partner with persons with lived experience and their friends/families to share their stories, partner with the health department, partner with the Salvation Army so they can share their experience with those with substance use disorder.	Provide incentives for individuals to come and speak to the public, provide necessary educational trainings to community members.
Prevention	Lack of knowledge of behavioral/mental health services and support.	Provide resources lists of ALL service/supports available to all organizations in the community.	Partner with individuals with lived experience, Acorn Counseling, SCCS, Dove, Family Life Center.	Provide funding for individuals to get their CRSS certification to connect community members with services.
Intervention/Harm Reduction	Lack of knowledge/information regarding county access to harm reduction supplies and services.	Share DOPP sites more frequently.	Businesses/churches that are established DOPP sites.	Provide necessary harm reduction materials to community organizations and members.

Intervention/Harm Reduction	Increased stigma regarding harm reduction.	Provide Narcan trainings and distribution to community members. Share facts and data on harm reduction. Paint the picture for community members from a different perspective.	Various organizations in Shelby county, including, schools, libraries, law enforcement, local businesses, police department etc.	Provide necessary harm reduction materials to community organizations and members.
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Point on Continuum	Identified Gap: Shelby County	Ideas for Community Action Steps	Ideas for Partnerships with Outside Groups/Organizations	Ideas for Changes at the State Level- How can state funders help bridge this gap?
Treatment	Lack of reliable transportation.	Develop a volunteer list of those willing to transport, attend local events and spread the word of the need for volunteers.	CIPT, local churches/helping organizations, retired community members who want to donate their time, radio station, SCCS.	Fund rides through CIPT, provide incentives to volunteers, such as, gas cards, provide funds to hire people specifically for transportation within a county.
Treatment	Lack of access to treatment due to costs and waitlists.	Work toward a solution for reliable transportation, (Volunteer list or grants) create a list of telehealth options/online resources, share opportunities for treatment online with other organizations.	Foster relationships with coordinators in other treatment centers to stay up to date on bed availability, utilize social media to spread the word for multiple treatment options.	Provide funds to pay for someone to specifically provide transportation in Shelby County, help with a live feed for beds available within the state.

Point on Continuum	Identified Gap: Shelby County	Ideas for Community Action Steps	Ideas for Partnerships with Outside Groups/Organizations	Ideas for Changes at the State Level- How can state funders help bridge this gap?
Recovery	Lack of access to recovery supports due to limited transportation.	Develop a volunteer list of those willing to transport, attend local events and spread the word of the need for volunteers, connect with members of the recovery community about their availability to give rides.	Individuals with lived experience, local churches, local helping organizations such as, CEFS, SCCS, Dove, Salvation Army.	Provide transportation funds, update requirements or rules to cover transportation.
Recovery	Lack of information or advertisement for available supports.	Promote online meeting/support group options, utilize social media to promote local recovery events, groups and supports.	Local churches, PLEs, and NA, AA, Celebrate Recovery.	Funding for community members to become SMART recovery facilitators, funds for people in recovery to attend recovery events in the state (NA conventions/AA conferences).

Recovery	Lack of recovery housing.	Start the conversation with community champions about recovery housing and assist them with tasks.	Gain support for recovery housing via statistics and sharing of surrounding counties experiences with recovery housing.	Provide incentives to those willing to start/invest in a recovery home.
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Continuation of Gap Analysis (Paragraph form)

Lack of awareness and understanding of substance use disorder results in increased stigma within Shelby county. While collecting surveys for our community survey, a community member asked what I was there for. I told her I was picking up any surveys that may have been filled out in their office. She asked me what it was for and I said “gauging the public’s opinion on substance use disorder and recovery.” She replied with, “Well I don’t know what that has to do with us in this office.” When responding to the statement “People who use drugs deserve respect” 12.4% of 382 people responded with “strongly disagree or disagree” and another 102 people said they “neither agree or disagree.”

Shelby County faces a significant shortage of mental health, substance use, and youth services. While Shelby County Community Services provides both mental health and substance use care, it remains one of the few available options. Acorn Counseling, though new, is appointment-only and not yet well-established, further limiting access. Additionally, despite having 13 smaller towns within the county, none have these vital services. People in these towns are forced to travel to neighboring counties, which already have their own populations seeking care, adding to the strain on those services. There are also few options for transportation within the county, let alone out of the county.

The same barriers that are apparent with services ring true for those needing access to recovery supports. Though there are recovery meetings available within the county, transportation does not typically run in the evenings.

Throughout Shelby County we have ten locations where you can obtain Narcan. One of the ten places is the Good Shepherd Hospital, where ROSC has placed our Narcan Newsstand, or “Barney” in their breezeway. You can also find fentanyl/xylazine test strips, recovery meeting lists and flyers for upcoming ROSC events. An article was in the local newspaper about the newsstand and there were a lot of comments like “How about free insulin dispensers!” Then another person responded with “How ‘bout some free crack dispensers!” “this is good for people accidentally exposed but if someone is using fentanyl to get high...” 118 people out of 382

know where to get Narcan, the other 264 either do not know or do not care to know where to obtain Narcan or other harm reduction services within the community. We have made progress but there is still stigma due to lack of knowledge and education about harm reduction.

Shelby County's most significant challenges are increasing education on substance use disorder and harm reduction, improving transportation to recovery services and mental health/substance use treatment, and raising awareness of available recovery events, meetings, and support groups. Shelby County Recovery Oriented Systems of Care is actively working to address these issues by coordinating outreach efforts and bringing together stakeholders to identify gaps and barriers, ultimately creating effective solutions for individuals and families in recovery.

SWOT Analysis:

Strengths:

- Connections within the community
- Strong Celebrate Recovery community
- Established AA groups
- Drug Court Program

Weaknesses:

- Lack of reliable transportation
- Limited recovery housing
- No shelter for those experiencing homelessness

Opportunities:

- Creating partnerships with other long-standing community organizations
- Utilizing Opioid Settlement Funds
- Continue efforts to build a relationship with jail/sheriff's department
- Engage the smaller towns in Shelby County
- Bring more council members in from sectors we do not have representation

Threats

- Lack of involvement from the jail/sheriff's department
- Lack of involvement from Shelbyville Schools
- Loss of New Vision Program
- Limited transportation
- Stigma

Community Readiness

The Shelby County ROSC efforts have shown strong community engagement, with good representation from both professional and lived experience communities, including Celebrate Recovery and Shelby County Drug Court. The enthusiasm of SUD treatment clinicians and clients to participate in focus groups is encouraging, as is the collaborative involvement of law enforcement, behavioral health agencies, employers, and local school districts to address service gaps. This community readiness creates a solid foundation for continuing the work needed to improve support for individuals in recovery.

There are several opportunities to further strengthen the ROSC efforts. One key area is creating a "wraparound" solution to inventory all available services in the community, increasing awareness among professionals and individuals in recovery. Expanding services for individuals with or without a dual diagnosis and researching service gaps, particularly in rural areas, are also important. Additionally, facilitated sessions with Council members will help clarify the steps needed to address these gaps and implement effective solutions. These efforts can enhance the community's ability to support individuals in recovery and ensure they have access to the services they need.

Priorities for Expansion/Technical Assistance for Expansion

Based on our SWOT analysis, the Shelby County ROSC will require continuous commitment and involvement from its stakeholders in order to overcome many of the risks and challenges associated with invoking change in a community-wide fashion. Risks to the project effort could include lack of involvement from specific sectors, stigma within the community and lack of transportation. With this in mind, some of the measures required to continue expanding the ROSC are as follows:

- Continual Council membership and PLE committee recruitment
- Continued Education Groups available to all community members

- Provide training and education within the ROSC framework in partnership with other organizations
- Educational sessions such as disease concept and stigma reduction
- Sustained research of services and supports offered to individuals covering areas of the recovery spectrum
- Identify and execute opportunities to share evidence-based research with low involvement sectors
- Sustain faith-based relationships and utilize transportation opportunities and volunteers
- Identify champions willing to pursue recovery housing and connect them with ROSC Council and contacts to facilitate discussion around this topic