

## Effingham County ROSC Council Meeting Minutes

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Date: Wednesday, January 29th, 2025

Time: 1:00-2:00 pm

Location: Zoom only for this meeting

Attendees:

**Zoom:** Kelly Buscher & Maria Deaconesa (Effingham Public Library case workers), Maggie Gouchenouer (IL TASC/State Police Data Analyst), Julie Pohlman (ROSC Region 4 TA Specialist), Kristin Davis (Family Guidance Center- Prevention Integration Coordinator), Margot Cepeda (VA Affairs), Victoria Bates (SWAN Victim Advocate), Nathan Nichols (CEFS Public Transit), Savannah Sholthaus (ROE 3 Family Resource Specialist), Lyndsey Reedy (Douglas County ROSC Coordinator), Jenn Galvan (Family Resource Center of Effingham Co), Amy Robinson (Birth to Five IL)

## Minutes

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### Introductions

Council meeting attendees introduced themselves and the agencies they represent as well as sharing what is going on or events coming up for them.

**Nathan** discussed reduced fare ID cards for seniors, disabled individuals, and veterans. **Amy** highlighted an Illinois doc assist webinar and Handle with Care presentations.

### Youth Engagement Virtual Panel

**Samantha** gave an overview of what this panel entails—panel of 3-4 adolescents who will be asked 20(ish) questions derived from the Illinois Youth Survey data. The event is on Tuesday, February 25<sup>th</sup> on Zoom from 6pm-7pm. To register, you have to create an account with Prevention First, register, and then you will be sent the Zoom link>> [Youth Engagement Virtual Panel | Prevention First](#). Effingham County ROSC has partnered with Prevention First and Shelby/Moultrie County ROSC for this event. Moderators will be present and attendees will be allowed to ask questions in the chat and then addressed at the end. Samantha asked people to share this event with youth serving organizations, parents, school staff, etc.

### Recovery Roll Bowl

**Samantha** stated ROSC is hosting a family-oriented event on Tuesday, March 18<sup>th</sup> from 5-7pm at Silver Dollar Lanes in Effingham for St. Patrick's Day! Joe's Pizza of Effingham has agreed to provide the free pizza. THANK YOU, Joey! This event is open to the public. The free bowling includes the lanes and shoes. Felicia will be asking Panera for drinks. Samantha stated she will be inviting recovery-oriented organizations to attend as well—Evolve Counseling, Heartland Human Services. The purpose of the event is to show attendees that fun can be had without consuming substances and also provide local resources.

### **Summer Serenity Gathering**

**Samantha** stated the PLE Committee met last week and started planning this picnic event which will be held Saturday, June 21<sup>st</sup>, 2025 at Edgewood Legion Lake with a start time of 2pm. Samantha stated members of the committee have contacts for bounce houses and dunk tank. Another member suggested a fishing tournament for the older kids and a duck pond for the little kids. There will be recovery speakers—NA, AA, CR. There will be a live band, horse shoes and bags so far. Recovery resources will be provided. The purpose of this event is for fellowship of families of the community. Samantha also stated she had 3 people reach out to donate funds for the catering of food. More details to come during the next PLE meeting which will be February 11<sup>th</sup> at 4:30pm at Kirby Foods in Effingham, IL.

### **County Asset/Resource Guide Overview**

**Samantha** explained its purpose and started a review of the guide. She asked for input on corrections or more resources to be added. **Amy** mentioned Grief Share for support groups and shared the information in the chat. **Samantha** added this to the guide. **Jenn** mentioned the anger management classes soon to be held by the FRC. She also mentioned Opportunities for Access which helps with advocacy for people with disabilities. **Victoria** mentioned SWAN has a DV support group and legal service advocacy. She also mentioned the SWAN shelter in Olney, IL accepts people from Effingham County. **Jenn** mentioned Kristin Garst for the education section. **Jenn** mentioned she has the Chamber list of rentals and landlords. **Kelly** asked if this was an updated list from 2024. Jenn said she got the list in Oct 2024 and called each number. She left voicemails on some. Jenn will email Samantha the list and her notes. **Samantha** stated she will email everyone separately to compile what resources were mentioned so she can look into them.

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Free Laundry Day dates:

- Feb 19<sup>th</sup> at The Laundry Basket in Effingham sponsored by **Edgewood Full Gospel Celebrate Recovery**
- March 19<sup>th</sup> at Becker's in Effingham sponsored by **Kiwanis Club of Effingham**
- April 16<sup>th</sup> at Becker's in Altamont sponsored by **New Hope Church**
- May 14<sup>th</sup> at Becker's in Effingham sponsored by **Juliana Martin in honor of her late brother, Scotty Dust**
- June 18<sup>th</sup> at The Laundry Basket in Effingham sponsored by **Grace Counseling LLC**

Thank you for all you do.

**Contact emails:**

**Effingham County ROSC Coordinator**

*Samantha Hicks—samanthah@hourhouserecovery.org*

**Effingham County ROSC Recovery Navigator**

*Felicia Depoister—feliciad@hourhouserecovery.org*

ROSC Program Supervisor

*Jenna Hays- [jennah@hourhousetrecovery.org](mailto:jennah@hourhousetrecovery.org)*

Where to find past meeting minutes: <https://www.govst.edu/Recovery-Support/South-Central-IL-ROSC/EFCRC-ROSC-Council/>



Effingham County ROSC Facebook page



**\*\*NEXT EFFINGHAM ROSC COUNCIL MEETING\*\***

Date: **Monday, February 24<sup>th</sup>, 2024**

Time: **1:00-2:00pm**

Where: **104 Blohm Ave, Effingham & Zoom**