Community Asset and Resource Mapping FY25 Effingham County ROSC Council

Region: ROSC Region 4 Agency: Hour House ROSC County Contacts: ROSC Coordinator, Samantha Hicks ROSC Recovery Navigator, Felicia Depoister, CPRS ROSC Program Supervisor, Jenna Hays

Purpose of the Community Asset Mapping: To identify and document the resources, strengths, and support systems within a community, such as organizations, services, and individuals, that can be leveraged to address community needs, promote well-being, and foster sustainable development.

Community Asset Directory

Appendix A. Mental Health and Substance Use Disorder Resources

Appendix B. Medication Assisted Recovery Services

Appendix C. Licensed Substances Use Disorder Prevention & Treatment Services

Appendix D. Healthcare

Appendix E. Peer Recovery Support Professional

Appendix F. Recovery Support Services/Groups

Appendix G. Recovery Residences

Appendix H. Harm Reduction

Appendix I. Housing Support

Appendix J. Education Support

Appendix K. Providers for Justice Support & Legal Aid

Appendix L. Unhoused Resources, Food Resources, & Charities

Appendix M. Community Resources & Assets

Appendix A. Mental Health and Substance Use Disorder Resources

* indicates treatment for co-occurring MH & SUD

MH = Mental Health; SUD = Substance Use Disorder; MAR = Medicated Assisted Recovery

Brandy Kelly Counseling

217-383-0964 No address Hours: By appointment only MH; specializes in perinatal MH & trauma <u>Virtual Counseling Services in Illinois and Michigan | Specializing in Pregnancy, Postpartum, Parenting,</u> <u>Women's Issues, Anxiety, Trauma, and EMDR.</u>

Crossroads Counseling & Consultation- Jonathan Kabbes

217-994-1074 702 N. Keller, Suite B, Effingham, IL Hours: M-Th 10:00am-5:30pm, Friday 10:00am-5:00pm MH; specialized in trauma and anxiety; serves parents and children <u>Home | Crossroads Counselin</u>

Effingham VA Clinic

217-347-7600 1011 Ford Ave, Effingham, IL Hours: M-F 8:00pm-4:30pm MH services; Veteran's only Effingham VA Clinic | VA Marion Health Care | Veterans Affairs

*Evolve Counseling

217-347-7384 612 S. Willow St, Effingham, IL Hours: M-Th 9:00am-6:00pm MH & SUD services, DUI services/risk education, family services, anger management <u>Expert DUI Treatment Counselor</u>

*Family Care Associates

217-342-7000 1106 N. Merchant St., Effingham, IL 62401 Hours: M-F 7:00am-5:00pm, Saturday 8:00am-10:30am Behavioral health services; must be a patient to access BH services Family Care Associates | Effingham

*Foundation Health and Wellness

217-690-4393 301 W. Virginia Ave, Effingham, IL Hours: Mondays & Thursdays 9:00am-2:00pm MH & SUD; adolescents and adults No website available.

Gateway Warm Hand-off Program

217-294-7997
503 N. Maple St., Effingham, IL (HSHS Memorial Hospital); contact is Kat O'Brien
Hours: M-F 8:00am-4:00pm
Provides assessments and placement referrals for SUD; provides transportation to facilities.
Patient Centered Care at HSHS St. Anthony's Memorial Hospital

*Gentle Care Consultants- Shelly Kuhns, APNR-FPA, CCNS

217-342-6677 602 W. Franklin Ave, Effingham, IL Hours: M, T, Th 8:30am-5:00pm, W 9:00am-12:00pm, F 8:30am-12:00pm MH, SUD, MAR <u>Home | Mysite</u>

Grace Counseling LLC- Samantha Kledzik, MS, LCPC

217-500-2103 305 Professional Park Ave, Effingham, IL Hours: M, T, Th 9:00am-5:00pm, W 9:00am-6:00pm MH; specialized in trauma; LGBTQ+, play therapy for children Grace Counseling Services | Effingham, IL Counselor

Griffin Therapeutic Solutions

217-994-9056 405 S. 3rd St., Effingham, IL Hours: M-F 8:00am-6:00pm MH; adolescents and adults; family services <u>Contact Us - Griffin Therapeutic Solutions</u>

*Heartland Human Services

217-347-7179 1200 N. 4th St., Effingham, IL Hours: M-Th 8:00am-5:00pm, F 8:00am-4:00pm MH, SUD, & Geriatric services Mental Health, Substance Use, Geriatric, First Responder Programs | Heartland Human Services

Julie's Counseling

217-821-2876 1901 S. 4th St., Suite 7, Effingham, IL Hours: M, W 8:30am-8:30pm, T 8:30am-4:30pm, Th 8:30am-5:30pm, F, Sat 8:30am-12:00pm MH; family services; anger management Julie's Counseling

*New Light Counseling

217-342-7155 1300 S. Raney St., Suite 2, Effingham, IL Hours: M-F 9:00am-5:00pm MH & SUD services; family services; anger management <u>Services — New Light Counseling</u>

*Road Home Program (RUSH)

312-942-8387for Veterans & family members; MH & SUD
1200 N. 4th St., Effingham, IL
Hours: M-F 9:00am-4:00pm
MH & SUD; for Veterans and family members
Mental Health Care | Effingham Clinic | Road Home Program

Semple Solutions

217-994-4734 710 W. Jefferson, Effingham, IL Hours: By appointment MH; specialized in trauma; all ages accepted; family services No website; Facebook page (<u>1) Facebook</u>

*SIHF Healthcare Behavioral Health

Jessica McCorvey; Sandra Blazek; Justin Hampton; Rebecca Merchiroi 217-342-0211 900 W. Temple Ave, Building A, Suite 208, Effingham, IL Hours: M-Th 7:00am-5:00pm, F 8:00am-5:00pm MH & SUD <u>Effingham - SIHF Healthcare</u>

*The Wellness Loft

217-347-5118 408 S. 4th St., Effingham, IL Hours: M-Th 8:30am-5:00pm, F 8:30am-12:00pm MH & SUD; family services Services - The Wellness Loft Effingham, IL

Wright Choice Counseling

618-669-8874 1901 S. 4th St., Suite 236, Effingham, IL Hours: By appointment

Appendix B. Medication Assisted Recovery Services (MAR)

Clay County Hospital- Flora Clinic 618-662-2131 929 Stacy Burk Dr., Flora, IL 62839 Hours: Need a doctor referral, by appointment Behavioral Health & Mental Health Clinic Near Me | Clay County Hospital and Medical Clinics

Effingham Prompt Care

217-347-0768 401 N. Mulberry St., Effingham, IL Hours: M-F 9:00am-5:30pm <u>Effingham Prompt Care - Effingham IL Primary Care & Urgent Care</u>

Gentle Care Consultants- Shelly Kuhns, APNR-FPA, CCNS

217-342-6677 602 W. Franklin Ave, Effingham, IL Hours: M, T, Th 8:30am-5:00pm, W 9:00am-12:00pm, F 8:30am-12:00pm MH, SUD, MAR <u>Home | Mysite</u>

SIHF Healthcare

*No MAR locations in Effingham county; see "Effingham Transport" below to set up a ride to a MAR clinic.
Arthur, IL
217-543-2446
1710 State Highway 133, Arthur, IL 61911
Olney, IL
618-395-5222
1200 N. East St., Olney, IL 62450
Salem, IL
618-548-4545
1275 Hawthorn Rd., Salem, IL 62881
Charleston, IL
217-345-7702
626 W. Lincoln Ave., Charleston, IL 61920
Effingham - SIHF Healthcare

*Effingham Transport

217-342-3120

506 South St., Effingham, IL Hours: Office open M-F 5:30am-1:30pm; Drivers drive by appointment M-Sat Provides transport to MAR appointments; accepts insurance; call and ask for Holly for more information.

(1) Facebook

Appendix C. Licensed Substances Use Disorder Prevention & Treatment Services

Heartland Human Services 217-347-7179 1200 N. 4th St., Effingham, IL Hours: M-Th 8:00am-5:00pm, F 8:00am-4:00pm Level 1 & Level 2 Outpatient services; DUI evaluations and risk education Mental Health, Substance Use, Geriatric, First Responder Programs | Heartland Human Services

Hour House

217-348-8108 635 Division St., Charleston, IL 61920 Hours: Open 24/7 Level 3.5, Level 3, Level 2, Level 1 & Prevention services; Stabilization and Transition Unit, DUI evaluations <u>Hour House - Drug Rehabilitation Center - Charleston, Illinois</u>

Appendix D. Healthcare

Effingham County Health Department

217-342-9237
901 W. Virginia Ave., Effingham, IL
Hours: M-F 8:00am-4:00pm
Provides oral health programs, vaccines, WIC
Effingham Health Department | Effingham County Local Health Dept

Effingham Prompt Care

217-347-0768 401 N. Mulberry St., Effingham, IL Hours: M-F 8:00-6:00pm by appointment Provides primary care Effingham Prompt Care - Effingham IL Primary Care & Urgent Care

HSHS St. Anthony's Memorial Hospital

217-342-2121 503 N. Maple St., Effingham, IL Hours: By appointment; hours vary depending on services; ER open 24/7 <u>HSHS St. Anthony's Memorial Hospital in Effingham, IL</u>

HSHS St. Anthony's Health Center

900 W. Temple Ave, Effingham, IL Hours: Open daily 8:00am-6:00pm *Convenient Care*: 217-347-1690 *Diagnostic Services*: 217-347-1267 *Women's Wellness Center*: 217-347-1601; by appointment M-F 8:00am-4:30pm HSHS St. Anthony's Memorial Hospital in Effingham, IL

Springfield Clinic Teutopolis (Runde Clinic)

217-857-6481 206 N. Pearl St., Teutopolis, IL Hours: M-F 7:30am-5:00pm Provides family medicine services Springfield Clinic Runde | Springfield Clinic Locations

Springfield Clinic Effingham

217-342-4151
300 N. Maple St., Effingham, IL
Hours: M-F 7:45am-5:00pm by appointment
Provides Behavioral health, family medicine, internal medicine, and general surgery services.
Springfield Clinic Effingham | Springfield Clinic Locations

Sarah Bush Lincoln Altamont Medical Center

618-483-6151 5 E. Cumberland Rd., Altamont, IL Hours: M-F 7:00am-12:00pm, 1:00-5:00 pm by appointment Provides primary care, family medicine, men's & women's health, pediatrics Altamont Medical Center | Sarah Bush Lincoln

Sarah Bush Lincoln Effingham Clinic

217-347-7077905 N. Maple St., Effingham, ILHours: M-F 8:00am-5:00pm; by appointmentOutpatient clinic; ENT, adult medicine, preventative care, primary care

Effingham Clinic | Sarah Bush Lincoln

Sarah Bush Lincoln Effingham Clinic

Employee Assistance Program (EAP) 217-258-4040 905 N. Maple, Effingham, IL Hours: By appointment only Provides counseling services for employees of area employers Psychiatry and Counseling | Sarah Bush Lincoln

Sarah Bush Lincoln Walk-in Clinic (Bonutti Clinic)

217-540-6123 1303 W. Evergreen Ave., Suite 100, Effingham, IL Hours: M-F 7:00am-7:00pm, Sat-Sun 8:00am-3:00pm Provides minor medical services and diagnostic services Walk-in Clinics | Sarah Bush Lincoln

Appendix E. Peer Recovery Support Professionals

Hour House

217-348-8108
635 Division St., Charleston, IL 61920
Hours: Open 24/7
Level 3.5, Level 3, Level 2, Level 1 & Prevention services; Stabilization and Transition Unit, DUI evaluations
Hour House - Drug Rehabilitation Center - Charleston, Illinois

Felicia Depoister, CPRS, ROSC Council Recovery Navigator

Certified Recovery Support Specialist; Effingham County specific; provides support and connections to local services and resources 217-549-7713 Hours: M-Th 7:00am-6:00pm Recovery Coaching Network at GSU

Appendix F. Recovery Support Services/Groups

Alcoholics Anonymous Have a problem with alcohol? There is a solution. | Alcoholics Anonymous 12 step groups meet every week at the following days, times, and locations. For more description on "Open" & "Closed" meetings, see AA website listed. Alcoholics Anonymous is for anyone who has a desire to stop drinking. <u>Monday</u>: New Horizon Church 507 W. Tower Rd., St. Elmo, IL @ 7:00pm <u>Tuesday</u>: First Baptist Church 213 W. Fayette, Effingham, IL @ 7:00pm

<u>Wednesday</u>: Christ's Church 2511 Veterans Dr., Effingham, IL @ 11:30am Centenary Methodist Church 203 E. Grove Ave., Effingham, IL @ 7:00pm

<u>Thursday</u>: Journey Church (inside the back of the Village Square Mall) 1908 S. Banker, Effingham, IL @ 12:00pm Centenary Methodist Church 203 E. Grove Ave., Effingham, IL @ 7:00pm

<u>Friday</u>: Christ's Church 2511 Veterans Dr., Effingham, IL @ 11:30am Centenary Methodist Church 203 E. Grove Ave., Effingham, IL @ 7:00pm

<u>Saturday</u>: Christ's Church 2511 Veterans Dr., Effingham, IL @ 8:00am

<u>Sunday</u>: Watson Civic Center 806 W. Franklin, Watson, IL @ 7:00pm

Al-Anon Al-Anon Family Groups effalanon@gmail.com <u>Tuesday</u>: Centenary Methodist Church 203 E. Grove Ave., Effingham, IL @ 7:00pm

Bridges for Healing Hearts

800-551-6566
503 N. Maple St., Effingham, IL (HSHS St. Anthony Memorial Hospital)
Hours: Meets every 1st Thursday of the month @ 6:00pm-7:30pm; meetings are held in the St.
Francis room; contact person is Valerie
Provides supports for all types of grief.

Caregiver Support Group

217-347-7179
1200 N. 4th St., Effingham, IL (Heartland Human Services)
Hours: Meets every 3rd Monday of the month @ 12:30pm
Provides support for caregivers of all ages.
Mental Health, Substance Use, Geriatric, First Responder Programs | Heartland Human Services

Celebrate Recovery

Home - Celebrate Recovery

Christ-centered 12 step groups meet every week at the following days, times, and locations. Celebrate Recovery is for anyone suffering from hurts, habits, hang-ups, and addictions. <u>Monday</u>: The Journey Celebrate Recovery (inside the back of the Village Square Mall)

901 S. Banker, Effingham, IL @ 6:00pm

Wednesday:

Crossroots Celebrate Recovery 3200 S. Banker, Effingham, IL @ 5:30pm

<u>Friday</u>: Edgewood Full Gospel Celebrate Recovery 701 Ohio St., Edgewood, IL @ 6:00pm

Circle of Care

217-549-8772; contact Ambrosia Branson

513 N. 13th St., Mattoon, IL

Hours: M-F 8:00am-5:00pm

Provides support for children, youth, and families impacted by grief related to substance use disorder; provides trauma-informed and culturally responsive grief support resources for vulnerable and/or impacted youth and those who work with them so they can respond confidently to their needs.

Illinois Family Resources - Circle of Care

Family Mental Health Support (FMHS)

217-500-7489
202 N. Banker St., Suite 110, Effingham, IL
Hours: Tuesdays 10:00am-2:00pm
Provides support for individuals/families with mental health struggles.
Monthly support group meets at the First Baptist Church in Effingham (213 W. Fayette Ave., Effingham, IL) on the 2nd Thursday of each month from 5:30pm-7:00pm.
Family Mental Health Support (FMHS)

Grandparents Raising Grandchildren

217-347-7179 ext. 1062
1200 N. 4th St., Effingham, IL (Heartland Human Services)
Hours: Meets every 3rd Monday of the month @ 11:30pm
Provides support for grandparents raising grandchildren.
<u>Mental Health, Substance Use, Geriatric, First Responder Programs | Heartland Human Services</u>

Illinois Family Resources Center

217-258-6018; contact Nancy Phillips 513 N. 13th St., Mattoon, IL Hours: M-F 8:00am-5:00pm Statewide project which provides tools and resources to encourage family members to engage with and provide input to community services in regard to substance use disorder treatment. <u>Illinois Family Resources</u>

Narcotic Anonymous

Narcotics Anonymous USA – Freedom from active addiction

12 step groups meet every week at the following days, times, and locations.
For more description on "Open" & "Closed" meetings, see NA website listed.
Narcotics Anonymous is for anyone who has a desire to stop using.
<u>Monday</u>:
First Christian Church
901 N. Henrietta St., Effingham, IL @ 7:00pm

<u>Thursday</u>: First United Methodist Church 308 N. 2nd St., Altamont, IL @ 7:00pm

Recovery Oriented Systems of Care Council (Effingham County ROSC)

217-663-0823; 217-549-7713104 E. Blohm Ave., Effingham, ILHours: Hours vary, call for connections to local recovery resources

ROSC Council meets every 3rd Monday of the month from 1:00pm-2:00pm at above address & on Zoom (<u>1) Facebook</u> <u>Recovery Coaching Network at GSU</u>

ROSC All Recovery Meeting

<u>Thursdays</u>: Kirby Foods 101 S. Merchant St., Effingham, IL @ 5:00pm

St. Anthony Parish Center

217-347-7129; call for more information, contact person is Sarah 101 E. Virginia Ave., Effingham, IL Hours: Meets every Tuesday @ 6:15pm Provides support for all types of grief <u>St. Anthony of Padua Parish | Effingham, Illinois</u>

Appendix G. Recovery Residences

Recovery Residences has been identified as a gap in the community as there are no <u>substance</u> <u>use or mental health recovery</u> housing facilities in Effingham County, IL.

El Shaddai Homes

217-663-5293 505 W. Temple Ave., Effingham, IL Hours: Open 24/7 Provides shelter for unhoused, pregnant women and their children, variety of connections to services offered, Christ-centered. **Supports SUD recovery, but an individual must be clean/sober to remain in housing. The

owner refers clients to treatment and must complete Level 3.5 stay before entering into the home.

El Shaddai Maternity Homes - Crafting Cherished Beginnings at Our Home

Hour House

Located in Coles County, serves Effingham County 217-348-8108 635 Division St., Charleston, IL 61920 Hours: Open 24/7 Residential houses (24/7), Halfway houses, and Stabilization &Transition Unit Hour House - Drug Rehabilitation Center - Charleston, Illinois

Restoration Farms

Located in Shelby County, serves Effingham County 217-821-0678 Hours: Hours vary, call for more information Restorationfarms.lovegrowshere@gmail.com Provides long-term, Christ-centered, residential housing for women and their children. Must call for more information if seeking services. <u>Restoration Farms - Recovery Home, Nonprofit, Recovery Home, Plants</u>

Appendix H. Harm Reduction

Chestnut Health Systems

Contact is Marianne Drainer for Effingham County 618-779-3738 Hours: Hours vary, call for more information Provides various harm reduction supplies when requested. Get Help Now | Safe With Chestnut | Chestnut Health Systems

Effingham Public Library

217-342-2464 200 N. 3rd St., Effingham, IL Hours: M-Thurs 8:00am-7:00pm, Fri 8:00am-6:00pm, Saturday 9:00am-1:00pm Provides free Narcan to the public along with various groups & services offered. Effingham Public Library

Hazel-jayne

312-339-6863
112 E. Section St., Effingham, IL
Hours: M-Saturday 9:00am-6:00pm
Provides free Narcan to the public along with metaphysical and wellness journey materials and resources.
Hazel Jayne | Open your mind, body, and spirit.

Illinois Harm Reduction Recovery Resource Library

Statewide coalition which provides information of where to find harm reduction supplies + advocacy resources. illinoisharmreduction@gmail.com <u>Resources | Illinois Harm Reduction and Recovery Coalition</u>

Lived-in Cosmetics

217-500-2596 1707 Ave of Mid America, Suite C, Effingham, IL Hours: Thurs-Fri 10:00am-8:00pm, Saturday & Sunday 3:30pm-8:00pm Provides free Narcan to the public along with cosmetic services. Lived-in Cosmetics Studio

ROSIE

1908 S. Banker St., Effingham, IL (Village Square Mall) 217-347-5997 Hours: M-Saturday 9:00am-7:00pm, Sunday 12:00pm-5:00pm Rosie is a purple newsstand which contains free Narcan & fentanyl and xylazine testing kits to the public. It is located at the front entrance of the building. (1) Facebook

Appendix I. Housing Support

Subsidized Housing Supports

Colonnade Apartments 217-347-0415 512 E. Hendelmeyer Ave., Effingham, IL Water, sewer, trash included Website n/a

Effingham County Housing Authority

217-342-3520
215 N. Banker St., Effingham, IL
Hours: M-Sun 8:00am-5:00pm; Applications are in the lobby for pick up.
Provides applications for low-cost rent; Units are based on income; units in Altamont, Dieterich, Edgewood, Effingham, Montrose
HUD.gov / U.S. Department of Housing and Urban Development (HUD)

Effingham Village Apartments

217-347-3337 504 N. Henrietta St., Effingham, IL Water and trash included Website n/a

Lake Pointe Apartments 217-347-5514

1706 Ford Ave., Effingham, IL Water, sewer, trash included Website n/a

Slate Creek Apartments

217-347-5616 2301 S. Veterans Dr., Effingham, IL Primary applicants must be 62+ years old or over the age of 18 with a disability. <u>Slate Creek Apartments - RHF</u>

Zinks Apartments

150 South Route Highway 45 P.O. Box 250 Louisville, IL Has apartments in Altamont, Beecher City, & Watson Water sewer trash varies with each location <u>ZINKS.COM - Home</u>

Appendix J. Education Support

Altamont After-School Program

Immanuel Lutheran Church 618-267-3414 203 E. Division St., Altamont, IL Hours: Hours vary from year to year, call for more information Provides safe, Christian-oriented environment for children who would be home alone after school otherwise; provides time to complete homework and receive assistance from staff members when needed. Call for updated dates & hours. <u>Home - Immanuel Lutheran Church</u>

C.E.F.S Head Start 0-5 Program

217-342-2193
1805 S. Banker St., Effingham, IL
Hours: M-F 8:30am-4:30pm
Provides comprehensive classroom and home-based services to pregnant women and children birth to age five including children with significant special needs.
<u>Head Start | CEFS</u>

C.E.F.S. Literacy Program

217-347-7033 1010 W. Jefferson, Effingham, IL Hours: M-F 8:30am-4:30pm Adult basic education services, English learning services <u>Literacy | cefs</u>

C.E.F.S. Workforce Innovation & Opportunity Acts Program (WIOA)

217-347-7514
1010 West Jefferson, Effingham, IL 62401
Hours: M-F 8:30am-4:30pm
Adult Program: Provides training services & helps jobseekers achieve gainful employment, focuses on low-skilled & low-income workers.
Dislocated Worker Program: Supports individuals who have been affected by a layoff or job closing, helps 18+ to find suitable re-employment.
Youth Program: Provides employment and educational services to out-of-school youth 16-24, & low-income in-school youth who face barriers to employment.
Social Services | CEFS Economic Opportunity Corporation | Central Illinois

Effingham County Case Managers

Located in the basement of the Effingham Public Library 217-663-5291 200 N. 3rd St., Suite 2, Effingham, IL Hours: M-Th 9:00am-1:00pm Aids in filing for unemployment, government phones, finding food, SNAP, LIHEP, and more. Offers free space for telehealth services. Effingham County Case Managers - Effingham Public Library

Effingham County Connections (Effingham County Health Department)

217-342-9237
104 Blohm Ave, Effingham, IL
Hours: M-F 8:00am-4:00pm
Home visiting programs for children birth to 3 years old & pregnant mothers
Effingham County Connection 0-3 | Effingham Health Department

Family Life Center

217-342-5433 605 N. Eden Ave, Effingham, IL Hours: M, W, Th, F 9:00am-5:00pm, Tues 9:00am-8:00pm Provides free pregnancy and abortion resources, parenting classes, prenatal classes, & fatherhood program.

Pregnancy Testing | Ultrasounds | STD Testing - Effingham, Newton, Shelbyville

Family Matters Parent Training & Information Center (PTIC)

1-866-436-7842
1901 S. 4th St., Suite 209, Effingham, IL (Lincoln Land building)
Hours: M-F 8:00am-4:30pm
Provides education, support, resources, and community linkages for families navigating the Special Education system, experiencing key educational transitions, and seeking needed supports and services in the school and community.
<u>Home : Family Matters PTIC</u>

Family Resource Center (Effingham County Health Department)

217-342-1151 104 E. Blohm Ave., Effingham, IL Hours: M-F 8:00am-4:00pm (hours vary depending on case manager's schedule) Provides anger management classes, parenting courses, court advocacy, job readiness skills, DCFS Alumni Drop in center Facebook

Lake Land College GED/Adult Literacy Program

217-540-3555 LLC Kluthe Center; 1204 Network Center Blvd., Effingham, IL Hours: M-F 8:00am-5:00pm Offers free GED preparation classes <u>Adult Education – Lake Land College</u>

Appendix K. Providers for Justice Support & Legal Aid

Catholic Charities Legal Services

217-523-9201 ext. 317 Effingham County location: 217-857-1458 1502 E. Fayette Ave., Teutopolis, IL Hours: M-F 8:30am-4:30pm Assists people with little or no income to obtain free legal services in the following areas: adoption, creditor & debtor issues, guardianship, immigration referral, landlord-tenant, government benefits, wills & probate. Catholic Charities Legal Services :: [LOCAL] Catholic Charities

Effingham City Police Department

217-347-0774

110 S. 3rd St., Effingham, IL Emergency Response: 24/7 (911) Office Hours: M-F 7:30am-4:00pm Safe Passage Initiative Police - Effingham, IL

Effingham County Probation & Problem-Solving Court

Cheryl Meyers 217-347-7931 120 W. Jefferson Ave., Suite 102, Effingham, IL Hours: M-F 8:00am-4:00pm Problem-Solving Court use an evidence-based model to reduce recidivism of participants in the criminal justice system. <u>Probation - Effingham County, Illinois</u>

Effingham County Sheriff & Jail

Sheriff Paul Kuhns 217-342-2102 101 N. 4th St., Suite 101, Effingham, IL Emergency Response: 24/7 (911) Office Hours: M-F 8:00am-4:00pm Provides School Resource officers to Altamont, Beecher City, Dieterich, Teutopolis, Effingham Effingham County Sheriff - Effingham County, Illinois School Resource Officers - Effingham County, Illinois Jail Information - Effingham County, Illinois

Land of Lincoln Legal Aid

217-356-1351
Serves Effingham County
302 N. 1st St., Champaign, IL
Hours: M-F 9:00am-5:00pm
Provides free legal assistance in the following areas of law: consumer, family, education, elder
law & disability rights, health & economic security, and housing law; does <u>not</u> handle criminal cases, personal injury, malpractice or workers' compensation cases.
<u>Home - Land of Lincoln</u>

S.T.A.R. Strategic Training and Restoration

217-347-7931 120 W. Jefferson Ave., Suite 102, Effingham, IL Hours: M-F 8:00am-4:00pm Financially assists problem solving court participants with medical costs, housing costs, & other necessities through fundraising <u>Facebook</u>

States Attorney

Aaron Jones 217-347-7741 120 W. Jefferson Ave., Suite 201, Effingham, IL Hours: M-F 8:00am-4:00pm <u>States Attorney - Effingham County, Illinois</u>

Appendix L. Unhoused Resources, Food Resources, & Charities

Altamont First United Methodist Food Pantry 618-483-6036 308 N. 2nd St., Altamont, IL Hours: Pantry is open Tuesdays from 1pm-3pm. Altamont First United Methodist Church - Home

Blessing Box

First Presbyterian Church 217-342-6272 600 W. Temple Ave., Effingham, IL Hours: Office hours T-Th 9:00am-4:00pm Free outdoor pantry with non-perishable foods & hygiene items, anyone can donate and receive; see website for item specifics. Effingham First Presbyterian Church: Come Walk with Us!

Calvary Baptist Church Food Pantry

217-342-6671 600 W. Fayette Ave., Effingham, IL Hours: Must call on the 2nd Monday of each month from 4pm-6pm. Food pick up is on the 2nd Wednesday of each from at 5:00pm. <u>Calvary Baptist Church Effingham, IL - Welcome</u>

Catholic Charities

217-857-1458 1502 E. Fayette Ave., Teutopolis, IL Hours: M-F 8:30am-4:30pm, hours may vary depending on program. Programs provided: crisis assistance, dental vouchers, legal assistance, MedAssist, referral services, financial assistance, tax prep (during tax season). <u>Effingham :: [LOCAL] Catholic Charities</u>

Catholic Charities Second Hand Rose Resale Shoppe

217-857-1482 1502 E. Fayette Ave., Teutopolis, IL Hours: M-F 10:00am-4:00pm, Sat 9:00am-1:00pm Public store that offers good quality, low-cost clothing and household items. Clothing vouchers available. <u>Facebook</u>

Catholics Charities Ramblin' Rose Bus

217-857-1482 1502 E. Fayette Ave., Teutopolis, IL Bus runs to outlying communities of Effingham between July and mid-August, providing school supplies and clothing to children K-12. <u>Ramblin' Rose :: [LOCAL] Catholic Charities</u>

Catholics Charities Food Pantry

217-857-1458 1502 E. Fayette Ave., Teutopolis, IL Hours: M, W, F 9:00am-11:30am, 12:30pm-4:00pm Offers food to families in need. Effingham :: [LOCAL] Catholic Charities

C.E.F.S. Meals on Wheels

217-342-2193 ext 2119
1805 S. Banker St., Effingham, IL
Hours: Meals are served M-F
Provides hot meals to seniors over 60 years old at community locations, Home-delivered meals specifics listed below, call a day in advance to reserve a meal.
Meals on Wheels | CEFS

<u>Altamont</u>

Altamont Municipal Building 202 N Second St., Altamont, IL 62411 (618) 483-6912 Meal served at 11:00 am. Home Delivered Meals also delivered to Mason, Edgewood, LaClede and some parts of Farina.

Beecher City

Beecher City Area Kluthe Center 105 S Charles St., Beecher City, IL 62414 (618) 487-5401 Meal served at 11:30 am.

Dieterich

Dieterich Kluthe Civic Center 102 West Virginia St., Dieterich, IL 62424 (217) 925-5461 Meal served at 12:00 pm.

<u>Effingham</u>

Ron Diehl Recreation Center 1906 S Fourth St., Effingham, IL 62401 (217) 347-2851 Meal served at 11:30 am. **Home delivered special diet meals are available in limited areas with a doctor's referral.

Teutopolis

Teutopolis Grade School 309 E Main St., Teutopolis, IL 62467 (217) 857-3848 Home Delivered Meals only.

C.E.F.S. Outreach Office

217-347-7033 1010 W. Jefferson, Effingham, IL Hours: M-F 8:30am-4:30pm Provides emergency hotel vouchers, housing assistance, rental housing support, and disaster relief. <u>Outreach | CEFS</u>

Douglas Township

217-342-6633 208 N. 4th St., Effingham, IL Hours: M-W, F 8:00am-12:00pm & 1:00pm-3:00pm, Th 8:00am-12:00pm Assists transient individuals with gas, train, or bus tickets. General assistance is limited based on residency & other eligibility requirements. Website n/a

Edgewood Full Gospel Clothing Drive

618-367-4905

710 Indiana St., Edgewood, IL Hours: 1 day per month, usually Saturdays, call for most updated date and times or watch Facebook page for updates. Provides free clothing for all ages. Facebook

Enduring Freedom Ministries (Shumway, IL)

217-240-0059- Vickie Knight 304 Southwestern St., Shumway, IL Hours: *Must call for an appointment* <u>Pantry & Soup Kitchen</u>: 1st & 2nd Tuesday of the month from 4pm-6pm & 2nd & 3rd Wednesday of each month from 12pm-2pm; last Saturday of the month from 8:30am-11:30am. <u>Facebook</u>

Enduring Freedom Ministries; Mason Food Pantry (Mason, IL)

217-240-0059- Vickie Knight Mason Civic Center 861 Washington St., Mason, IL Hours: *Must call for an appointment* <u>Pantry:</u> 2nd Saturday of each month from 9am-12pm. Website n/a

First Baptist Church

217-342-3976 213 W. Fayette Ave, Effingham, IL Hours: M-Th 9:00am-2:00pm, Sun 9:00am-12:00pm Will help with food voucher; case by case when funds are available (Kirby Foods & gas voucher). First Baptist Church

FISH Human Services

708 Linden St., Effingham, IL Hours: Call & leave a message with name, number, and need <u>Fuel voucher & clothing</u>: Call Karen 217-821-0722 <u>Housing, Medical, Dental Assistance, & Utilities</u>: Call Sandy 217-821-9885 <u>Food, Ride to medical appointment or any other need</u>: Call Susan 217-994-0039; transportation for medical appointments only, must be within 120-mile radius. <u>Facebook</u>

Free Drive Thru Breakfast

Altamont First Baptist Church

618-483-3250 102 1st St., Altamont, IL Hours: Every 3rd Saturday of each month from 8am-10am. <u>First Baptist Church – Altamont, Illinois</u>

Journey Church

217-690-0214 51 Village Square Mall, Effingham, IL Hours: M 6:00pm-8:00pm, W 7:00-8:30pm, Sun 9:00am-12:00pm Pantry is open the 2nd and 4th Saturday each from 11:00am-2:00pm Call for food assistance or hotel/motel stay, assists in supply distribution to unhoused individuals. Case by case basis. Pastor is Steve Linton. Facebook

Open Feast

Centenary United Methodist Church 203 E. Grove Ave., Effingham, IL 217-342-2030 Hours: Office hours M-F 7:00am-12:00pm, 1:00pm-4:00pm Free community meal on the first Sunday of each month from 4:30pm-6:30pm; no reservation required. United Methodist Church in Effingham, IL Illinois | Centenary United Methodist Church

Regional Office of Education #3 (ROE 3)

Regional Homeless Liaison ROE 3 & ROE 40; Family Resource Specialist 618-283-5011 Cell phone: M-F; 618-944-1534 (Savannah) 1500 W. Jefferson, Vandalia, IL Hours: M-F 8:30am-3:30pm, school schedule; Lead area liaison, Angela, can provide assistance during the summer for homelessness emergencies & school enrollment for children. Aron Spicer: 217-540-1500 (Effingham District homeless liaison) The Family Resource Specialist assists in obtaining services and resources for children PreK-12th grade who experience homelessness which includes sharing housing due to loss of housing or economic hardship, can provide transportation, supplies needed, additional tutoring; works with the parents of families on a case by case bases to materials needed to obtain secure housing.

School District Homeless Liaison Locator

St. Anthony's of Padua Church

217-347-7129 101 E. Virginia Ave., Effingham, IL Hours: M-F 9:00am-4:00pm Will help with gas vouchers; case by case basis. St. Anthony of Padua Parish | Effingham, Illinois

St. John's Lutheran Church

217-342-4334 901 W. Jefferson Ave., Effingham, IL Hours: M-F 8:00am-4:00pm, Sat 5:30-6:30pm, Sun 8:00am-11:30am Will give gas cards; case by case basis; must have driver's license & car insurance. <u>St John's Lutheran Church (LCMS) Effingham, IL</u>

St. John's Lutheran Food Pantry

217-342-4334
901 W. Jefferson Ave., Effingham, IL
Hours: Pantry is open the 2nd & 4th Tuesday each month from 3pm-4pm.
Food Pantry | St John's Lutheran Church

St. Paul Evangelical Food Pantry

618-483-5249 2293 E. Highway 40, Altamont, IL Hours: Pantry is open the 2nd Saturday of each month from 9am-10am. <u>St. Paul ELCA</u>

The Silk Purse

217-342-3319 908 W. Fayette Ave., Effingham, IL Hours: M-F 9:00am-7:00pm, Saturday 9:00am-6:00pm Will help unhoused individuals with small toiletry items. <u>Home</u>

Appendix M. Community Resources and Assets

A1 Emergency Medical Services

618-310-3444 10512 N. 450th St., Altamont, IL Emergency Response: 24/7 (911) Provides emergency medical services, non-emergency transport for patients in hospitals, nursing homes or hospice agencies. <u>A1 Emergency Medical Services</u>

Altamont Fire Department

618-483-6161 109 W. Jefferson Ave., Altamont, IL Emergency Response: 24/7 (911) Website n/a

Altamont Police Department

618-483-5212 202 N. 2nd St., Altamont, IL Emergency Response: 24/7 (911) Hours: Office Hours: M-F 9:00am-5:00pm, Sat 9:00am-2:00pm <u>City of Altamont IL | Public Safety</u>

Altamont Public Library

618-483-5457 121 W. Washington, Altamont, IL Hours: M-W 2:00pm-7:00pm, Th 9:00am-1:00pm, F 2:00-6:00pm, Sat 9:00am-1:00pm Provides access to WiFi, computers, printer/copier (for a fee), meeting room. Membership is free to Altamont residents. <u>Altamont Public Library – Books – Expanding Your Mind & Your Horizons</u>

Ballard Nature Center

618- 483-6856 5253 E. US Hwy 40, Altamont, IL Hours: M-F 8:00am-4:00pm, Sat 12pm-4:00pm, Sun 1:00pm-4:00pm Beautiful nature trails, interactive visitor center, pavilion/ground rentals, fishing pond, various special programs and events; operated by volunteers. <u>Ballard Nature Center</u>

Beecher City Branch Library

618-487-9400 135 E. State Hwy 33, Beecher City, IL Hours: M 12:00pm-7:00pm, T 12:00-5:00pm, W 10:00am-3:00pm, Th 3:00pm-7:00pm, F 12:00pm-5:00pm, Sat 10:00am-2:00pm Hosts events, book club meetings, after school activities, has public computers. St. Elmo Library District – Serving the Communities of St. Elmo, Brownstown & Beecher City

Bethany Christian Services

217-872-9141; Annette Meyer Lincoln Land Business Center 1901 S. 4th St., Suite 24, Effingham, IL

Hours: Hours vary & there is not someone in the office at all times as staff works in family homes.

Provides Intact family service (DCFS referral only), child parent psychotherapy, nurturing parenting, and trauma focused cognitive behavior theory programs—must have open intact family services case or placement case. Services for anyone include calling 1-800-25-ABUSE and request a CWS referral if there is suspected abuse or neglect of a child. Other services offered if a call is made and the report/investigation does not meet criteria, families can get linkage to community services, some financial assistance, and bed for children. Families may also self-refer for linkage to community services.

Bethany Christian Services | Bethany

Bliss Park

201 W. Clark, Effingham, IL Hours: 7:30am-9:30pm, Daily Block sized park in a residential area with playgrounds, basketball court & pavilion. <u>Bliss Park</u>

CARITAS Family Solutions

217-342-3970
1901 S. 4th St., Suite 22, Effingham, IL
Hours: M-F 8:30am-4:30pm
Provides foster care services, pregnancy services, adoption services.
<u>Caritas Family Solutions</u>

CASA of Effingham County

855-484-6403
203 E. Grove Ave., Effingham, IL
Hours: Hours vary, trainings are offered throughout the year at different times.
Trains volunteers as court appointed special advocates for abused and neglected children.
<u>Mission & History : Who We Are : CASA for Children</u>

Children's Advocacy Center of East Central Illinois

217-345-8250
119 W. State St., Charleston, IL; serves Effingham County
Hours: M-F 8:30am-4:40pm
Provides free advocacy for children who are victims of sexual abuse and severe physical abuse, provides a safe environment for a child to speak freely to minimize trauma.
<u>Children's Advocacy Center of East Central Illinois</u> | <u>Children's Advocacy Center of East Central Illinois</u>

Community Park

801 E. Temple Ave., Effingham, IL Hours: Dawn – 11:30pm, open year-round Effingham Park District

Community Support Systems

217-705-4300
618 W. Main St., Teutopolis, IL
Hours: M-F 8:00-4:30pm
Provides early intervention services for children with disabilities, residential services for adults with disabilities, respite care for family members.
<u>Community Support Systems – Assisting People with Disabilities</u>

Crisis Nursery of Effingham County

217-342-3000 (also the 24-hour Crisis Line)
924 N. Merchant St., Effingham, IL
Hours: Open 24/7
Provides prevention and protection services from children birth – 6 years old, will provide care for children in a crisis such as domestic violence, parental stress, medical crisis, mental health crisis, job/school related crisis, court related crisis.
<u>ABOUT US | Crisis Nursery</u>

Effingham Fire Department

217-342-2555 505 W. Fayette Ave., Effingham, IL Emergency Response: 24/7 (911) Hours: Office Hours: M-F 7:00am-4:00pm Services provided: fire suppression, rescue, hazardous materials mitigation, technical rescue response, public education, training programs <u>Fire and Rescue - Effingham, IL</u>

Evergreen Hallow Park

West Evergreen Ave., Effingham, IL Hours: Dawn – 11:30pm, open year-round Softball & baseball diamonds, tennis courts, soccer fields, 2 large pavilions <u>Effingham Park District</u>

Harmony Playground

1301 N. Maple St., Effingham, IL Hours: Day-light hours Playground is a part of Evergreen Hallow Park, goes beyond usual physical accessibility for children, include musical instruments, pavilion, family restroom.

Effingham Park District

Hendelmeyer Park

South 4th St., Effingham, IL Hours: Dawn- 11:30pm, open year-round Softball diamonds, fast pitch diamond, 8 pickleball courts, & skate park. <u>Effingham Park District</u>

Illinois Guardianship and Advocacy Commission (IGAC) East Central Illinois

217-278-5587
Statewide Intake: 866-274-8023
2125 S. 1st St., Champaign, IL; serves Effingham County
Hours: Hour of operation vary for each program and services provided.
Provides the following services:
1. Office of State Guardian (OSG): serves as last resort guardians for adults in Illinois.
2. Legal Advocacy Services (LAS): provides legal assistance for people with mental illness.
3. Human Rights Authority (HRA): investigates and advocates when a person with a disability has their rights violated.
4. Special Education Initiative (SPED): collaboration between LAS and HRA: SPED division

4. Special Education Initiative (SPED): collaboration between LAS and HRA; SPED division provides training, advocacy and legal assistance for parents and students in special education. <u>Illinois Guardianship & Advocacy Commission</u>

Mason Fire Department

618-238-4295 306 Oak St., Edgewood, IL Emergency Response: 24/7 (911) Website n/a

One Hope United

217-347-5880 1901 S. 4th St., Suite 213, Effingham, IL Hours: M-F 8:30am-5:00pm Provides foster care and adoption services. <u>One Hope United - Hope Grows With Us</u>

Road to Redemption Ministries

Edgewood Full Gospel Church

618-367-4905 209 Route 37, Edgewood, IL Hours: No set hours, call for more information Provides mentorship/guidance through Christ based practices to overcome life's obstacles. Partners with other agencies and churches to obtain what individuals may need in crisis situations.

Facebook

RuralMed Effingham County

618-245-9111 Emergency Response: 24/7 (911) Provides emergency medical response. Facebook

Sexual Assault Family Emergencies (SAFE)

217-342-6623 1108 S. Willow St., Suite 12, Effingham, IL 24 Hour Sexual Assault Hotline: 1-800-625-1414 Hours: M-F 8:30am-4:00pm Provides medical/legal advocacy & counseling services for survivors, school and community education outreach. <u>Home</u>

Shumway Fire Department

217-868-5202 206 E. Market St., Shumway, IL Emergency Response: 24/7 (911) Shumway Fire Protection District

SWAN

217-342-4526
24 Hour Crisis Line: 1-888-715-6260 (domestic violence & homelessness)
1108 S. Willow St., Effingham, IL
Hours: M-F 8:00am-4:00pm, call before coming to the office
Provides legal advocacy, Adult protective services, domestic violence support groups, & intervention programs.
<u>SWAN - SWAN You Are Not Alone</u>

Tri-County Fire Protection

618-487-5700 101 E. Poplar St., Beecher City, IL Emergency Response: 24/7 (911) Facebook

Unit 40 Mentoring Program

217-540-1500; ask about Mentoring Program
2803 S. Banker, Effingham, IL
Hours: M-F 8:00-5:00pm
Provides consistency for students who may face day-to-day challenges. Students are matched with mentors for grades 3rd-12th. Mentors commit to 1 lunch period per week with mentee.
<u>Mentoring Program – Mentoring Program – Effingham Community Schools</u>

United Way of Effingham County

217-342-3824
1108 S. Willow St., Effingham, IL
Hours: M-F 7:30am-5:30pm, Sat 8:30am-12:30pm
Provides funds to partner agencies in Effingham County through fundraising.
<u>Home - United Way of Effingham County</u>

WME Community Library

618-944-8063

710 Indiana St., Edgewood, IL; inside the old Edgewood Grade School Hours: M 5:30pm-7:00pm, T 9:00am-11:00am, Th 3:30pm-7:00pm, F 11:00am-1:00pm, Sat 1:00pm-4:00pm; Hours may vary—library runs on volunteers & donations. Summer hours vary; view website for more info.

Membership for entire family is \$5.00, free Wi-Fi and access to public computers. <u>WME Community Library | Working for the betterment of Watson, Mason, Edgewood, and outlying</u> <u>communities.</u>