

McLean County Recovery-Oriented Systems of Care (ROSC) October 2024 Council Meeting Minutes

Date: Tuesday, November 19th, 2024

Time: 3:30 – 4:30 pm

Location: Virtually via Zoom

Agenda:

- Introductions of new ROSC members/attendees
- **Community Resource Spotlight:** Illinois Joining Forces
- **Special Council Discussion:** Community Survey
- McLean ROSC Updates
- Agency Updates & Wrap Up

Attendees:

1. Barb Brumleve- Chestnut, McLean & Ford ROSC
2. Cat Hays- Chestnut, McLean ROSC
3. Kari Knapp – Chestnut, Associate Director of Community Health
4. Darren Jones- Homeless Youth Specialist with Project Oz
5. Andrea Kindseth- Life Center for Independent Living
6. Amy Stork -McLean County Court Services
7. Jeffrey Ehrmentrant – McLean County CASA Program
8. Emily Hartley – Brightpoint
9. Carrie Anderson
10. Danyella – Brightpoint/Intern
11. Jessica Johnson – Chestnut, Intervention Specialist
12. Kelly Schwamberger - CASA
13. Michelle Davis – Midcentral Community Action
14. Wendy Klinkner – Allies Against Trafficking
15. Michelle Cope – Bloomington Public Library
16. Caitlyn Clyne – Bloomington Public Library-Outreach engagement/Bookmobile
17. Abby Behrens – Brightpoint/Butterfly Project
18. Zach – PATH
19. Adam Lovell – Salvation Army, Community Services Director
20. Lawonny McCoy – OSF thru Gateway, Warm Handoff Program, Recovery Coach
21. Kami Garrison – Statewide ROSC Region 3 TA
22. Nancy Bollegar – Allies Against Trafficking
23. Shayne Miller – DRS offices, McLean/LaSalle Counties
24. Natasha Nunoo-Ponder – The Center for Human Services
25. Sandra Beecher – Gateway

26. Nicole Graham
27. Tasha Taylor Davis – Family Community Resource Center
28. Shayla Woodworth – Person
29. Ramone Pippens

Community Resource Spotlight: The presenter was unable to make the meeting, so Cat Hays was able to present information regarding Illinois Joining Forces. This resource is designed to connect veterans and their families with essential services in Illinois. The organization aims to connect veterans with support in areas such as education, legal aid, job training, and housing. Cat also discussed the Operation Connect-A-Vet initiative, which encourages individuals to reach out to veterans and submit requests for assistance. She elaborated on the organization's mission and its Operation Connect-A-Vet initiative.

Council Meeting Discussion Topic: Updates to McLean ROSC FY25 Communication & Outreach

Cat Hays led a discussion on preparing a community survey for state approval, emphasizing the need for feedback on the draft questions sent out via email. Participants were encouraged to suggest strategies for distributing the survey, which will include both paper copies and QR code flyers. Kari Knapp noted the importance of focusing on recommended strategies and locations for distribution during the breakout sessions.

Breakout Room Discussion:

- Andrea Kindseth highlighted the survey's extensive questions and the need for mental health advocacy alongside substance use support. She proposed various distribution points, including public places like the DMV and hospitals, and recommended using QR codes and flyers for outreach.
- Abby Behrens added that public spaces, such as bathroom doors and churches, could also be effective for survey placement.
- Jessica Johnson discussed strategies for distributing surveys, emphasizing the use of QR codes in high-traffic areas such as beauty shops, doctor's offices, and churches. She suggested leveraging holiday events and community organizations like the Salvation Army for outreach.
- Kelly Schwamberger raised concerns about the clarity of survey questions and proposed distributing surveys at recovery meetings.
- Adam Lovell raised concerns about the effectiveness of demographic questions in surveys, particularly regarding language barriers and survey length.



Agency Updates:

- Abby Behrens informed attendees about an open house for Brightpoint's children's room, designed for families during court visits, scheduled for tomorrow from 12 to 1 PM.
- Michelle Cope highlighted a veteran resource at the library that offers live chat support for benefits and job assistance. She also mentioned upcoming community events, including a downtown tree lighting and a holiday parade.

McLean County ROSC Updates: First and foremost, we would like to thank each and every one of you for showing up. So nice to see all your faces and all the new members! With that being said, we hope to see you at our next council meeting, **December 17th, 2024, via Zoom** (<https://zoom.us/j/96709486019>).

McLean County ROSC in the Community – October 2024

- ▶ 3 events: Baby Fold Employee Wellness Fair, Domestic Violence Community Cookout, and NAMI Mid Central IL Walk
- ▶ 75 individual interactions with event participants, 44 boxes of Narcan distributed, 70 Jofform resource app business cards given out

- **The Planning Committee** meets monthly at 11am on the first Tuesday of each month (contact team if interested in joining) to brainstorm and discuss planning for upcoming outreach/Engagement Initiatives. The committee is always seeking new perspectives and people to help us brainstorm and plan upcoming ROSC events and opportunities.

- **Quarterly Recovery Community Newsletter** – We are working as a committee to revamp the McLean County ROSC newsletter into a McLean County Recovery Community Newsletter.
 - Please contact Cat, via email, cmhays@chestnut.org if you are interested in joining the Planning Committee, helping to form any additional sub-committees, updates/events you would like shared on our social media as cross-promotion, or anything else relevant to recovery-oriented services.
- **Available McLean ROSC Print Resources**
 - **ROSC Intro “101” Binders:** Binders are now ready. These are “ROSC 101” Orientation/Intro Binders for new council members or prospective volunteers interested in joining. Content includes: What is a ROSC Q&A?, Stigma & Language Overview, ROSC Elevator Speech & How to Get Involved, Recovery Support Groups Quick Reference Guide, McLean County ROSC Council Member Talent Assessment, McLean County ROSC Info One Pager FY24, McLean County ROSC Membership Brochure FY24, & more.
 - **McLean County Sober Social Guide (SSG):** The McLean County Sober Social Guide is now available both as a digital copy (<https://heyzine.com/flip-book/505fe4c39d.html>) and in limited print copies. If interested in receiving a print copy, please email the McLean ROSC team at McLeanCountyROSC@gmail.com.
 - **Virtual Resource App Business Cards:** If interested in receiving some McLean ROSC Virtual Resource app business cards for yourself or your organization/group/agency, please let us know via email, McLeanCountyROSC@gmail.com.
 - **Available Community Trainings – Narcan Administration and QPR – Question, Persuade, Refer**
 - If interested in receiving a free QPR-Question Persuade Refer training, please contact the McLeanCountyROSC@gmail.com.

NARCAN Administration

Question. Persuade. Refer.

QPR – Question, Persuade, Refer

Available Community Trainings

For more info on QPR community trainings, please email McLeanCountyROSC@gmail.com.

- **If you Need Narcan:** Please contact **Randi Derrig** (rwdderrig@chestnut.org) for Narcan. If interested in receiving free Narcan administration training, the McLean County ROSC team is now fully trained.

**McLean County
Narcan**

- ▶ The McLean County ROSC Team is fully trained to offer free Narcan trainings!
- ▶ If interested in receiving free Narcan in McLean County, please contact Kari Knapp
 - ▶ kmknapp@chestnut.org
- ▶ If interested in receiving a free Narcan training, please email SR-NARCAN@chestnut.org



Next Meeting & Contact Info:

- **Next Meeting via Zoom – Tuesday, December 17th, 2024 @ 3:30-4:30 PM**
 - Meeting virtually via Zoom (<https://zoom.us/j/96709486019>)
 - Meeting Code: 967 0948 6019
- **Contact Info**
 - Kari Knapp, Associate Director of Community Health
 - kmknapp@chestnut.org
 - 309-391-1802
 - Barb Brumleve, Community Health Specialist
 - bdbrumleve@chestnut.org
 - Cat Hays, Recovery Specialist
 - cmhays@chestnut.org
 - 309-665-2067
 - McLean County ROSC Team
 - McLeanCountyROSC@gmail.com