

Effingham County ROSC Council Meeting Minutes

Date: Monday, November 18th, 2024

Time: 1:00-2:30 pm

Location: 104 Blohm Ave, Effingham IL & Zoom

Attendees:

Zoom: Kelly Buscher & Maria Deaconesa (Effingham Public Library case worker), Lyndsey Reedy (Effingham Co Health Dept), Natalie Hall (ROE#3, RAP Specialist)

In person: Samantha Hicks (Effingham County ROSC Coordinator), Carrie McKenzie (Gateway Foundation,) Beth Wise (ECHD, Family Connections), Maggie Gouchenouer (IL TASC/State Police), Norbert Soltwedel (Effingham County Board member), Jenn Galvan (Family Resource Center of Effingham Co), Kat O'Brien (Gateway Foundation Warm Hand off Program @ HSHS), Jensen Morrison (ECHD Family Connections Early Childhood Consultant), Julie Pohlman (ROSC Region 4 TA Specialist)

Secretary: Samantha Hicks

Minutes

Introductions

Council meeting attendees introduced themselves and agencies they represent or reason for being present.

Samantha invited all who were present to share what they are grateful for today.

Samantha: Her Higher Power and letting Him lead her in the right direction

Kat: Puppy dog's wellness

Maggie: Job, dog, roof over her head

Carrie- Family

Beth- Positive life changes

Jenn: Doors opening in her life

Jensen: New job, family, being able to move her body

Julie P: Not living in pain today

Lyndsey: Family

Kelly: Appliances (kiddo's thoughts from this morning)

Maria: Sanity, friends, and co-workers she loves

Natalie: Getting up this morning, health, and family

Samantha invited Council members to share any information or updates on their organizations currently. Jenn stated she will be doing a workforce ready workshop tomorrow at the library. She also mentioned probation is looking for a substance use counselor and mental health counselor. Kelly stated there will be a new support group starting December 2nd, from 5-7pm for parents of neurodivergent kids. This is a family support group, so children are welcome. Christina Tensely will be heading this group (Simple Solutions Counseling). Beth stated the ECHD Family Connections is still hiring for 2 early childhood consultants.

Coordinator Updates

Samantha gave an update about Felicia being out for the month of November. She is doing well taking care of her daughter. Her daughter is recovering quickly from surgeries. Felicia will be back Tuesday of next week.

Samantha gave an update about the unhoused backpack distribution. ROSC has given backpacks to St. John's Lutheran Food Pantry and Road to Redemption Ministries which is a part of Edgewood Full Gospel Church. She will be bringing a few backpacks to New Hope Church in Effingham as well. The Council brainstormed other churches to reach out to in general:

- Beth: Cornerstone, Dustin Drear is the contact and pastor
- Jenn: Has 3 Spanish speaking churches she works with for her clients at FRC. Jenn will email contact information to Samantha
- Carrie: Altamont Lutheran Church
- Beth: Beecher City Church? Samantha will ask Brandy S. who is a PLE Committee member about her church. Mason Christian Church
- Kelly: St. Mary's Catholic Church in Shumway
- Natalie: St. Paul's Lutheran (between Montrose and Dieterich, has 3 churches in this area)

Samantha updated the Council about the presentations given at Effingham High School this morning to 4 of the freshman health classes. Samantha was able to distribute and collect 100 of the ROSC Community surveys from the students.

Illinois Deflection Initiative

Samantha gave a reminder that the action planning portion for this starts tomorrow. She asked who will be attending any part of this. Beth and Carrie stated they would be there.

- o Action Planning: November 19th-21st; 2-5pm, 9-5pm, 9-1pm; location Heartland Human Services. Collaboration between IDHS, IL State Police, & IL Criminal Justice Information Authority with the help of community members/stakeholders, SUD/MH providers, EMS and hospitals

ROSC Community Survey

Samantha kicked off the discussion of distributing the ROSC Community Survey. She stated our Council's goal is to have 1,500 completed surveys by the end of January. She asked for suggestions and ideas as to how to effectively distribute the surveys. ROSC wants to cover ALL demographics, the WHOLE community.

Beth asked how these surveys are being used. Julie P. stated SUPR (state of IL) has included 10 questions as well as demographics questions that will be on ALL ROSC Council's surveys. She stated ROSC Councils are suggested to add up to 10 additional questions that are specific to their county in reference to SUD/MH—accessing resources, knowledge of available resources, etc. Samantha stated the first 10 questions on Effingham County ROSC's survey are specific to retrieving data for our county. This information will be compiled into our needs assessment and gap analysis.

Carrie stated she met with Family Care Associates and put in a plug for ROSC because they had never heard of us. She said this would be a good place for the survey. She stated it is a large practice with their own behavioral health therapists as well as providers. To receive BH services, you must be a client first. They have an extensive wait list at the moment. Carrie stated she met with 9 BH therapists. Samantha will email Carrie to get contact info.

Julie P: Another county was putting the survey on pizza boxes, in faith-based organization bulletins, going to probation for staff and clients, bowling alley, holiday fairs, also suggested creating a live document to send out to Council with list of locations they QR code flyer had been hung so we all can keep track of where people have been

Kelly: Mentioned Hometown Family Christmas coming up for holiday fairs

Samantha: Bathroom stalls, factories in the area- breakrooms, places with people wait- drive thru lines, doctor offices, mechanics, bus stops, park benches, mentioned setting up for a couple hours at a coffee shop or restaurant and offering to be a part of a drawing for a gift card to the establishment if people complete the survey.

Beth: ER

Samantha stated we could have to get 136 surveys per week over the next 11 weeks. She asked for lots of help from members and friends of the Council to put this survey up at local businesses. She will create a large QR code flyer tonight and email it out to the Council to hang up throughout Effingham County. She also stated to please share on social media pages.

Natalie: She will have staff and client fill out the survey in her program and schools (ROE#3)

Jenn: Has 3 Spanish speaking churches she communicates with for her clients at FRC and would be willing to give the churches the survey if it's translated to Spanish. Samantha will ask Deysi from ECHD to translate if she is able to do so and get these to Jenn. Jenn stated she'd give the surveys to her clients as well and share on social media.

Youth Virtual Panel in partnership with Prevention First

Samantha stated she has a meeting with Prevention First this Wednesday to brainstorm ideas for a virtual panel. She stated ideas of having youth be on the panel and asking them questions of what they are experiencing in terms of SUD/MH. She stated Prevention First has a Youth Advisory Council and maybe youth from that Council would be willing to be on the panel. She stated we're shooting for this panel to be in February 2025. More details to come. Julie P. had the idea of using Youth from different areas (other than Effingham) to be on the panel but using the Illinois Youth Survey to ask them questions. E.g. "This is what youth said in Effingham County.... What do think about this or is this what you experience?"

PLE committee

Samantha stated the ROSC display for EARS Tinsel & Tails event is up at Cardinal golf course; more information at [Tinsel & Tails - E.A.R.S. \(effinghamanimalrescue.com\)](http://effinghamanimalrescue.com) to register for the event starting next week through December.

Samantha stated the PLE Committee wants to do a Recovery Picnic in the Spring of 2025, so keep this in the back of our minds. We will need food donations and raffle items. Beth states to have this even in May because April's weather is unpredictable.

Free Laundry Days

Samantha stated ROSC has every month until June 2025 sponsored. We are looking for June's sponsor. Beth asked how much is typically costs to sponsor a laundry day. Samantha stated \$250-\$300 in quarters. Beth asked how to get ROSC the money. Samantha stated to contact her FIRST, but an organization or business would make a check out to Hour House and put "Effingham County Laundry Day" in the memo.

Contact emails:

Effingham County ROSC Coordinator

Samantha Hicks—samanthah@hourhouserecovery.org

Effingham County ROSC Recovery Navigator

Felicia Depoister—feliciad@hourhouserecovery.org

ROSC Program Supervisor

Jenna Hays- jennah@hourhouserecovery.org

Where to find past meeting minutes: <https://www.govst.edu/Recovery-Support/South-Central-IL-ROSC/EFRC-ROSC-Council/>



Effingham County ROSC Facebook page



****NEXT EFFINGHAM ROSC COUNCIL MEETING****

Date: Monday, December 16st, 2024

Time: 1:00-2:00pm

Where: 104 Blohm Ave, Effingham & Zoom