

# McLean County Recovery-Oriented Systems of Care (ROSC) October 2024 Council Meeting Minutes

**Date:** Tuesday, October 15<sup>th</sup>, 2024

**Time:** 3:30 – 4:30 pm

**Location:** Virtually via Zoom

## **Agenda:**

- Introductions of new ROSC members/attendees
- **Council Presentation Topic:**
  - **Special Presentation: Spotlight on Deflection Avenues Reconnection Team (DART)**
- Mclean ROSC Updates
- Agency Updates & Wrap Up

## **Attendees:**

1. Barb Brumleve- Chestnut, McLean & Ford ROSC
2. Cat Hays- Chestnut, McLean ROSC
3. Kari Knapp – Chestnut, Associate Director of Community Health
4. Lean Naraine - OMNI
5. Daren Jones- Homeless Youth Specialist with Project Oz
6. Erika Hahn- OMNI, Prescription Playbook/Illinois Human Performance Project
7. Andrea Kindseth- Life Center for Independent Living
8. David M - Chestnut
9. McKayla Weis -MCCHS
10. Carrie A
11. Amy Stork -McLean County Court Services
12. Jeffrey Ehrmentrant – CASA Program
13. Michelle O
14. Emily Hartley - Brightpoint
15. David Green - Heartland
16. Selena Nolan - Chestnut
17. Robin Throneburg - DART

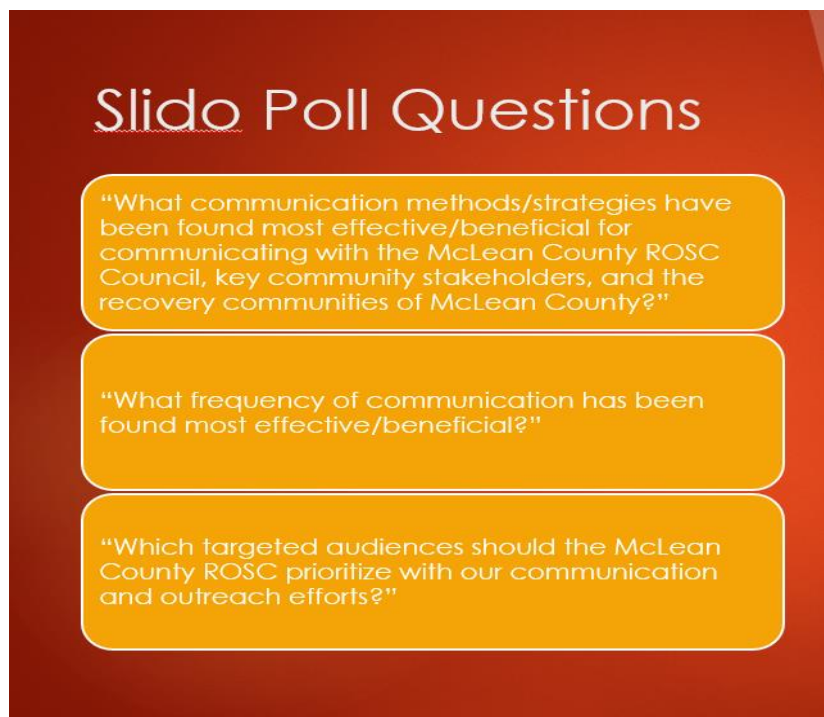
## **Special Guest:** Robin Throneburg – DART

Robin Throneburg outlined the roles of deflection teams in Central Illinois, particularly DART's efforts in substance abuse treatment, mental health support, and housing assistance. She emphasized the program's proactive approach in connecting individuals with necessary resources, highlighting recent expansions to their team to better serve the community.

The discussion also covered the referral and engagement process for individuals seeking assistance, with Throneburg detailing the importance of accurate information and collaboration with law enforcement. She explained the voluntary nature of the program, allowing individuals to decline help if they wish. Robin also explained how law enforcement can help by providing information and emphasized the team's dedication to relentless engagement with participants, ensuring that they are contacted within 48 hours of a referral. The meeting further addressed the Treatment Alternatives for Safe Communities (TASC) program's role in deflection, distinguishing it from diversion, and the need for tailored support for participants.

**Council Meeting Discussion Topic:** Updates to McLean ROSC FY25 Communication & Outreach Plan

Cat Hays noted that we are focusing on refining our communication strategies for the outreach plan. We asked some questions and gathered via a slido pole.



The feedback indicated that email and Zoom were effective communication methods, while bi-weekly updates were preferred for frequency. The discussion aimed to streamline outreach efforts and target specific audiences.

**McLean County ROSC Updates:** First and foremost, we would like to thank each and every one of you for showing up. So nice to see all your faces and all the new members! With that being said, we hope to see you at our next council meeting, **November 19th, 2024, via Zoom** (<https://zoom.us/j/96709486019>).

- **The Sober Social Planning Committee** meets monthly at 11am on the first Tuesday of each month (contact team if interested in joining) to brainstorm and discuss planning for upcoming Sober Social Events and Outreach/Engagement Initiatives. The committee is always seeking new perspectives and people to help us brainstorm and plan upcoming ROSC events and opportunities.
  - **Evolving Group Functions** – We are currently working as a group to evolve our group functions to those of potentially acting as a ROSC onboarding committee and as a community partnership/collaboration brainstorming space.
  - **Quarterly Recovery Community Newsletter** – We are working as a committee to revamp the McLean County ROSC newsletter into a McLean County Recovery Community Newsletter.
  - Please contact Cat, via email, [cmhays@chestnut.org](mailto:cmhays@chestnut.org) if you are interested in joining the Sober Social Planning Committee, helping to form any additional sub-committees, updates/events you would like shared on our social media as cross-promotion, or anything else relevant to recovery-oriented services.
  
- **Available McLean ROSC Print Resources**
  - **ROSC Intro “101” Binders:** Binders are now ready. These are “ROSC 101” Orientation/Intro Binders for new council members or prospective volunteers interested in joining. Content includes: What is a ROSC Q&A?, Stigma & Language Overview, ROSC Elevator Speech & How to Get Involved, Recovery Support Groups Quick Reference Guide, McLean County ROSC Council Member Talent Assessment, McLean County ROSC Info One Pager FY24, McLean County ROSC Membership Brochure FY24, & more.
  - **McLean County Sober Social Guide (SSG):** The McLean County Sober Social Guide is now available both as a digital copy (<https://heyzine.com/flip-book/505fe4c39d.html>) and in limited print copies. If interested in receiving a print copy, please email the McLean ROSC team at [McLeanCountyROSC@gmail.com](mailto:McLeanCountyROSC@gmail.com).
  - **Virtual Resource App Business Cards:** If interested in receiving some McLean ROSC Virtual Resource app business cards for yourself or your organization/group/agency, please let us know via email, [McLeanCountyROSC@gmail.com](mailto:McLeanCountyROSC@gmail.com).
  
- **Available Community Trainings – Narcan Administration and QPR – Question, Persuade, Refer**
  - If interested in receiving a free QPR-Question Persuade Refer training, please contact the [McLeanCountyROSC@gmail.com](mailto:McLeanCountyROSC@gmail.com).



NARCAN Administration



Question.  
Persuade.  
Refer.

These steps anyone can learn to help prevent suicide.

QPR – Question, Persuade, Refer



Available  
Community  
Trainings

For more info on QPR community trainings, please email [McLeanCountyROSC@gmail.com](mailto:McLeanCountyROSC@gmail.com).

- **If you Need Narcan:** Please contact **Randi Derrig** ([rw derrig@chestnut.org](mailto:rw derrig@chestnut.org)) for Narcan. If interested in receiving free Narcan administration training, the McLean County ROSC team is now fully trained.



McLean County  
Narcan

- ▶ The McLean County ROSC Team is fully trained to offer free Narcan trainings!
- ▶ If interested in receiving free Narcan in McLean County, please contact Kari Knapp
  - ▶ [kmknapp@chestnut.org](mailto:kmknapp@chestnut.org)
- ▶ If interested in receiving a free Narcan training, please email [SR-NARCAN@chestnut.org](mailto:SR-NARCAN@chestnut.org)



### Next Meeting & Contact Info:

- **Next Meeting via Zoom – Tuesday, November 19th, 2024 @ 3:30-4:30 PM**
  - Meeting virtually via Zoom (<https://zoom.us/j/96709486019>)
    - Meeting Code: 967 0948 6019
- **Contact Info**
  - Kari Knapp, Associate Director of Community Health
    - [kmknapp@chestnut.org](mailto:kmknapp@chestnut.org)
    - 309-391-1802

- Barb Brumleve, Community Health Specialist
  - [bdbrumleve@chestnut.org](mailto:bdbrumleve@chestnut.org)
- Cat Hays, Recovery Specialist
  - [cmhays@chestnut.org](mailto:cmhays@chestnut.org)
  - 309-665-2067
- McLean County ROSC Team
  - [McLeanCountyROSC@gmail.com](mailto:McLeanCountyROSC@gmail.com)