## A SAFE SPACE FOR SHARING, HEALING, AND GROWTH

Don't let TRAUMA hold you back any longer! Please join us and start your journey of healing and empowerment. Begin healing from loss, prepare for change, and get ready for a better future, free from isolation and stigma. Guided weekly by our TAT peer staff, we will help you navigate the S.E.L.F. curriculum together and take the first steps with you embarking to reclaim your life.

## TAKE ACTION TODAY

Every Monday 5-6;30 pm 1805 W. Main St. Marion, Il. 62959





Supportive Healing Initiative for Trauma Empowerment

For more information, please contact:

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