

Franklin/Williamson County ROSC (Hybrid) Meeting Minutes 2/21/2024@ 9:00 AM

Attendees:

Mandy Hagen- PRS, TAT ROSC Coordinator mandyh@takeactiontoday.net
Chrystal Cantrell- Assistant Director/ Director of Operations, TAT crystalc@takeactiontoday.net

Sherry Smedshammer- Centerstone Crisis Resource Developer sherry.smedshammer@centerstone.org

Madison Odum- Perry/Jackson ROSC Coordinator madisono@takeactiontoday.net
Dorie Warren- PRS, TAT Carbondale Site Supervisor doriew@takeactiontoday.net
Mike Tyson- CPRS, Executive Director, TAT mtyson@takeactiontoday.net
Aaron Seibert- Outreach Liaison, Centerstone aaron.seibert@centerstone.org
Katie Unthank- ROSC Region 5 Mentor, Egyptian Health kunthank@egyptian.org
John Reith- Randolph/ Washington ROSC Coordinator, ComWell jreith@comwell.us
Paul Abraham- Prevention Specialist paul@ilhpp.org

Brent Van Ham- Project Coordinator, Center for Rural Health and Social Service Development at SIU School of Medicine bvanham49@siumed.edu

Callie Buchanan-TASC Supervisor for Lead Deflection Initiative cbuchanan@tasc.org

John Cantrell- ROSC Coordinator, Arrowleaf john.cantrell@myarrowleaf.org

Keith Fletcher- JCity Hope and Renewal icitycenter@gmail.com

Dan Pyles- CPRs, Assistant Director/ Director of Programming, TAT danp@takeactiontoday.net

Laura Addison- Case Manager/ The Light House Shelter laura@thelighthouseshelter.com

Hank Roan- ROSC Assistant/ Business Manager, TAT hankr@takeactiontoday.net

Rebecca Pyles- ROSC Assistant/ PFS, TAT rebeccap@takeactiontoday.net

Alexis Adams- Project Coordinator, Recovery Corp, TAT alexisa@takeactiontoday.net

Lakota Myers- Rape Prevention Educator Survivor, Empowerment Center

Mariann Wright- TASC mwright@tasc.org

Gordon Theel- PLE, Volunteer, TAT gordo060322@gmail.com

Welcome and Introductions:

Introduction of the new Franklin/Williamson ROSC Coordinator: Mandy Hagen Introduction of new ROSC/TAT positions:

Hank Roan: ROSC Assistant, TAT Business Manager Rebecca Pyles: ROSC Assistant, TAT Family Peer Specialist Alexis Adams: Project Coordinator, Recovery Corp, TAT

Welcomed anyone joining for the first time: Paul Abraham

Brief introduction of everyone attending the meeting.

FWRC membership protocols are available, reach out to Mandy Hagen for more information: mandyh@takeactiontoday.net

-Mandy will attach protocols to the monthly minutes for anyone who may want to review them and for the new member who joined us today.

Went over FWRC Vision and Mission statements:

-<u>FWRC Vision</u>: Build and sustain a vibrant recovery community empowering intentionally and unified stakeholders, allies, and those in or seeking recovery.

-<u>FWRC Mission</u>: We will develop partnerships that are rich and diverse in the communities we serve. To provide a flexible system of services and resources that is responsive to different pathways in recovery. Through education, we can reduce the stigma surrounding substance use and other co- occurring disorders.

Approval of 2/21/2024 meeting minutes:

- -1st motion to approve by Aaron Seibert
- -2nd motion to approve by Madison Odum

Presentation By: Lakota Myers, Survivor Empowerment Center

Lakota's title is Rape Prevention Educator. She has been in this role since the end of August. Before that she was the Rape Crisis Services Medical/ Legal Advocate in Marion. She is a native of Southeast Missouri, having moved to Carbondale In January. Lakota gave an overview of the services at the Empowerment Center and background on the issues of sexual violence.

-For more information on the services offered by the Survivor Empowerment Center please visit their website at: https://www.empoweringsurvivors.org/

Old Business:

Mandy is looking for presenters for future ROSC meetings. We would like to have a presenter every 3 months. If you would like to present, please contact Mandy Hagen: mandyh@takeactiontoday.net

-Paul Abraham is interested in presenting.

SMART Recovery meeting at the TAT Marion location every Tuesday at 6PM. For more information on this meeting please contact Shara Robinson: sharar@takeactiontoday.net

S.H.I.N.E. Group meeting at the TAT Marion location every Monday at 5PM. For more information on this meeting please contact Torie Patton: toriep@takeactiontoday.net

New AA meeting held on every Monday 6pm-7pm at 809 W. Main Street Carbondale, IL For more information, please contact Dorie Warren: doriew@takeactiontoday.net

Take Action Today will be providing training under the Center for Community Engagement at Chestnut Health Systems- This is for the faith-based communities for the purpose of becoming a Certified Recovery Congregation. (Flyer Attached)

Aaron Seibert shared about Centerstone's Substance use Campaign (flyer attached) For more information, please reach out to Aaron Seibert:

aaron.seibert@centerstone.org

Chrystal shared that we are busy working on the deliverables due to the state. If anyone is interested in helping, please reach out to Chrystal Cantrell: chrystalc@takeactiontoday.net

-Marianna Wright is interested in helping.

Thank you to all that attended the Franklin/ Williamson and Perry/ Jackson ROSC Conference at John A Logan College on January 30, 2024 – Speaker Mark Sanders did outstanding job speaking on Evidence Based Recovery Coaching & Counseling in ROSC.

New Business:

Being guided by our mission and vision, as a council we need to move into next steps of the goals and strategies of the FW ROSC. We need your involvement to be successful in this endeavor. Planning and scheduling community events is a big part of bringing awareness to our cause. Any input you can give professionally, followed by physical involvement in advertising, preparation and setting up will be needed.

Additionally, planning and scheduling community events is a big part of bringing awareness to Recovery Oriented Systems of Care and the FWRC. Any input you can give professionally, followed by physical involvement in advertising, preparation and setting up will be needed.

-Would like to plan free laundry events in Franklin and Williamson counties to offer an often-overlooked need for individuals struggling in our communities. If you or your organization would like to partner with Take Action Today and the FWRC to sponsor a laundry day event or to make monetary donations or laundry soap donations, please contact Mandy Hagen.

-Aaron suggested getting with Wonder Wash and trying to see if they would be interested in participating or partnering with us.

Family and Friends Smart Recovery Group on Thursday 5pm to 6:30pm at 1805 W. Main Marion IL. For more information, please contact Michelle Wilson: michellew@takeactiontoday.net

We will be changing the FWRC meeting platform to ZOOM beginning in March. We hope by doing this we can cut down on the technical difficulties we all have experienced. A new meeting link will be sent out to everyone. **The new link is provided on the bottom under next meeting information!**

Keith Fletcher stated that JCity Hope and Renewal has several loafs of bread available for anyone that may need them. Also, they are still offering laundry and shower services open to anyone in need.

Save The Dates:

March 13th-14th Southern Illinois Drug Awareness Conference is hosting its first in person conference since COVID on at SIU Student Center. This two-day seminar provides opportunities to bring local agencies together to discuss the intersectionality of substance use, mental health, and homelessness issues that Southern Illinois is experiencing. (Flyer attached)

March 6th at 1:00pm 2nd Chance Recovery is hosting a Black Ballon Day Overdose Awareness Event at 809 W. Main Street Carbondale IL. For more information, please contact Ronni Welcher: (618)559-1051.

Next Meeting: 3/20/24 @ 9:00am Join in person at 1805 W. Main St. Marion, IL or:

https://zoom.us/j/94772663701?pwd=bjJwMUNxVThZaE1TV2 9EdmtqNIMvdz09