# Douglas County ROSC Council (DCRC) Meeting Minutes

December 27, 2023 10:00 am Zoom

**Attendees:** Leanna Morgan, Christine Pierce, Wendy Lambert, Amber Clark, Julie Pohlman, Kristin Davis, Joe Duncan, Paul Abraham, Jeff McFadden, Skylar Miller, Matthew Hales, Johanna Gonzalez

**Guest Speaker(s):** N/A

Note Taker: Matthew Hales

#### Minutes

#### Introductions

- Leanna Morgan, Douglas County ROSC Coordinator
- Christine Pierce, Carle Addiction Recovery Center, PLE
- Wendy Lambert, Vermillion County ROSC Coordinator, PLE
- Amber Clark, Community Engagement and Partnership Coordinator, Iliana VA Health Care System
- Julie Pohlman, Statewide ROSC Region 4 TA
- Kristin Davis, Family Guidance Center, Region 4 Substance Use Prevention Integration Coordinator
- Joe Duncan, Chief of Police, Atwood Police Department
- Paul Abraham, Prevention Specialist, OMNI Youth/ ILHPP
- Jeff McFadden, McDonough/Fulton County ROSC Coordinator
- Skylar Miller, Moultrie/Shelby Counties Recovery Navigator
- Matthew Hales, Newman Library
- Johanna Gonzalez, IDHS Statewide ROSC Coordinator

#### Organization Spotlight/ Guest(s)

There was not a guest speaker scheduled for December to ensure extra time for discussion of deliverables. January guest will be Britta Johnson from Land of Lincoln Legal Aid. Please send future guest suggestions to Leanna.

## **Recovery Navigator update**

A Douglas County Recovery Navigator update provided by Leanna due to Darlene being on vacation.

- The education groups in the Douglas County Jail and HOPE are still going great! It was noted that January will be one year at the jail and February will be one year with HOPE.
- Darlene has been working with the new Coles County Recovery Navigator, Whitley.
  After shadowing in the jail, Whitley is now able to fill in for Darlene as needed for education groups.
- The community education groups have not had great attendance. With upcoming winter months, Darlene is going to try Zoom to see if any difference in attendance.
- Information provided for upcoming virtual Wellness Groups beginning in January.
- Darlene will be collecting coat drive boxes after the new year.

### **East Central IL Deflection Initiative (DART)**

A brief update was provided on the East Central Illinois Deflection Initiative.

- The next implementation planning meeting has been scheduled for January 8<sup>th</sup> at 1:00 pm until 5:00 pm. This meeting will be held in a hybrid format. The in-person meeting will be held at 513 N 13th Street, Mattoon.
- For anyone who would like additional information, please reach out to Koren VanderWeele at kvanderweele@tasc.org

#### **Grant Deliverables**

Strategic Plan updates and areas to be address in the second half of FY24 were reviewed.

Maintain local ROSC Council meetings. (Goal A)

• Leanna mentioned that the minutes will now be sent out in 5 business days instead of 2. This allows for Karen Cook, ROSC Supervisor, to review them.

Fulfill stakeholder required categories. (Goal B)

- Recruit for Council membership that will represent at least 10 sectors of the 15 target sectors and recruit at least 1 new council member quarterly.
- Johanna Gonzalez mentioned that MOUs are no longer required to be submitted to state. Leanna will still continue to share MOU forms with new members, although it is not required to attend meetings.
- There was general discussion on council membership stakeholder sectors. Leanna reported on areas of strengths and weaknesses. It was also noted to continue recruiting from the stakeholders listed as strengths due to unrepresented towns, employee turnover, etc.
  - Areas of strength- Recovery supports, Treatment Organizations, Service Providers, Media, Youth Serving Organizations, Healthcare, Law Enforcement, Education/Schools, Family/Parents.
  - Areas for improvement- Persons with lived experience, Businesses, Volunteer/ Civic Organizations, Faith-based groups, Government, and Judicial.

Identify local ROSC Council community needs. (Goal C)

 Ongoing formal and informal Community Needs Assessment will be conducted. Please send Leanna any updates for year ending 12/31 that would be beneficial.

The ROSC Council will assist in increasing substance use treatment options. (Goal D)

- The ROSC Council will coordinate efforts to provide transportation for treatment services.
  - There has been a recommendation for purchase of tokens from Dial-A-Ride with opioid settlement funds. Since the approval of the proposed recommendation, it has been found that the service agency pricing discount has been changed to 10%. See other business.
- Assist Community Transportation committee to address ongoing transportation needs and assist with the Douglas County Public Transportation Study efforts by Coles County Regional Planning.
  - Leanna has been attending transportation meetings

Develop additional support systems for persons in recovery and their families. (Goal E).

- The ROSC Council will develop additional consistent recovery meetings.
  - Sadly, it was announced that the Celebrate Recovery group is no longer meeting in Camargo. There are now 4 recovery meetings in area (3 AA and 1 NA)
  - The jail is not currently setup for larger groups, Darlene has been meeting with groups of 2-3 people to provide education. Adam Weinstock, Nathan Chaplin and Kaitlin Rund have been fantastic to work with and have shown much support for accessibility of education and services.
- Recommendations for opioid funds to be put toward training for SMART Recovery and for purchasing recovery literature.
  - Leanna and Darlene are looking for potential facilitators.
  - Sent information to Celebrate Recovery attendees in hopes that someone would be interested. Co-facilitators is an option!
  - Darlene is unable to facilitate support groups due to restrictions.
- Provide information campaigns to reduce stigma and provide support to persons with substance use disorders. Leanna and Darlene are working on collecting items for more resource bags. Some of the items needed have been donated or will be ordered soon. Additional items will still be needed! In September, there were a total of 215 (200 English, 15 Spanish) disbursed to organizations for individuals. As mentioned in the November meeting, there is a remaining 385 for the year to reach the goal of 600.
  - Currently collecting for 150 youth resource bags

- Will be collecting items ongoing for adult resource bags. This will continue past the end of FY24.
- Coordinate with local resources to translate educational materials for distribution to Spanish-speaking populations.
  - Narcan materials and Fentanyl testing information is already translated. May need future translations as new information appears.
- Increase awareness and information for health promotion around harm reduction and provide stakeholders updates on harm reduction services, supplies and resource guides.
  - Leanna is currently waiting for testing supplies from Chicago Dept. of Public Health. Should be receiving Fentanyl and Xylazine testing strips. There are also opioid funds that can be used to purchase additional supplies when the supplies run low. There is not ongoing funding at this time for supplies once these are depleted, but there will be supplies that should last at least through 2024. The kits are mostly distributed through Summer Phillips, Shalynn's Hope (Stacy Welch), and several entities that have requested them to be available for their clients.
  - O Darlene and Leanna also met with Summer Phillips to discuss increasing Narcan access for Douglas County. It was recommended to use opioid funds to purchase boxes, similar to what was done by the Arthur Library. The boxes can mount to a wall in businesses that do not have counter space. Leanna has already obtained 28 metal locking medicine cabinets. The target businesses for these will be bars, gambling sites, etc. It was also recommended to purchase newsstand style boxes that hold larger quantities of Narcan. Summer will assist with identifying indoor locations with 24 access in Arcola and Tuscola.
- ROSC Council will provide advocacy to explore establishment of a local Drug Court in Douglas County.
  - Currently lacking some resources needed for a drug court. There are more resources than there were a year ago!
  - Working on resuming Community Resource Subcommittee.
- ROSC Council will provide advocacy to explore the establishment of a Recovery Community Organization (RCO) in Douglas County.

## Develop and maintain ROSC Council subcommittee meetings. (Goal G)

- Community Resource Subcommittee- Purpose is to target resources needed for but not limited to drug court. Leanna and Darlene met with the new States Attorney about resuming the subcommittee in 2024.
- PLE (Persons with Lived Experience) subcommittee- Darlene have met with several individuals who have assisted with various tasks. No official subcommittee scheduled at

this time. Some PLEs are already attending the council meeting, but are noted under their organizations.

The ROSC Council will assist key stakeholders with substance use disorder education and resources for the participants they serve. (Goal H)

- Provide Naloxone training and distribution within the community.
- Discussed setting up Narcan training for Atwood next. Has been requested by Atwood Library and Atwood Police. Joe Duncan mentioned there are several locations for the training. Leanna will coordinate a training, can do any time that the community would prefer. If needed, can do at multiple trainings. If available, the following will also be invited to assist or provide resource: DCHD, Shalynn's Hope, Piatt County ROSC.

### Other Business and agency updates

Dial-A-Ride (Kaycie Sanders) asked that it was mentioned during meeting that the new service agency discount is now 10%. Previous pricing on flyers will no longer be honored.

Next meeting: January 24th, 2023 at 10:00am, hybrid meetings resume.