

**Healthy Communities Alliance
Recovery Advisory Group
September 11, 2023, 3:30-4:30**

Present Name & Role		Sector
John Reith, ComWell, ROSC Coordinator		Staff
Shelley LaChance, Reiki		Health
Mike Tyson, Take Action Today,		Health
Dr. Carissa Van Der Berk-Clark, SIH Foundation		Health
Nicole Elsenrath, Southern IL Health Foundation		Health
Dennis Trask, ComWell, Prevention Coordinator		Staff
Sandy Prange, ComWell, Value Based Care Coordinator		Staff
Item	Discussion	Timeline & Responsible Person(s)
Welcome, Introductions & Review of activity John	John gave an update on the Walk for Recovery event on 8/26 sponsored by Southern IL Recovery Network. Future events may be at a different location and/or offer transportation.	
September is Recovery Month John	Four pop-up events are planned for the month of September as follows: 9/6 Nashville; 9/13 Steeleville; 9/20 Coulterville & 9/27 Chester. Pork steak meals will be available for purchase for \$10 & information will be shared regarding Recovery. A Sticker Campaign event is scheduled at the Sparta & Coulterville Dairy Queen restaurants with 10% of sales from 4:00 pm – close being donated. Another possible event may be held the end of September at Steam Coffee in Sparta.	Help is still needed for the 9/20 Coulterville event
Needs Assessment John	Historically, it has been difficult to get individuals to complete surveys. John was recently able to obtain 53 responses from a needs assessment survey and he will review those results along with ComWell's previous survey.	
HCA Event John	Healthy Communities Alliance will sponsor a presentation titled "Meth – Small towns, Big Problem" on 9/28 from 6:30-7:30 at the Sparta Lincoln Middle School gymnasium	
Presentation "Southern Illinois Recovery Revolution" Mike Tyson	Mike Tyson, the Executive Director of Take Action Today, shared information on success and challenges of Recovery. TAT currently covers Franklin, Williamson & Perry Counties and will be expanding into Jackson County soon. Staff at the resource center help individuals to set goals and make a plan to achieve them. The need for RCOs is great and the workers are few. Each community is unique. There are many	

	opportunities for Peer Recovery Specialists to assist and generally, he looks for individuals who have been living a stable life for at least 1-2 years. It was noted that we must work together to address stigma and the current explosion of homelessness.	
Next meeting	October 2, 2023 @ 3:30-4:30	
	*Meetings are held monthly on the first Monday of each month from 3:30-4:30	