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Daniel Woodlock, D.D.S.
BOARD OF HEALTH PRESIDENT

Molly Peters, B.S., L.E.H.P.
PUBLIC HEALTH ADMINISTRATOR

Greene & Scott County Recovery Council

Date of Meeting: 11/21/2023

Time of Meeting: 7:45 AM - 11:30 AM

Location of Meeting: Walnut Hall Estates, Carrollton

Format: In-Person

Attendees:

| RS – GCHD/GSRC PROJECT DIR. | BB – Recovery Corps | JW – Jacksonville School 117 |
|--------------------------------------|---------------------|------------------------------|
| MM – GCHD | AM – GCHD | AH – Greene/Scott Probation |
| LS – JCH | SC – JCH | KC – Macoupin Probation |
| CB – Macoupin/Greene/Scott Probation | | JC – Jacksonville School 117 |
| ES – Greene Probation | PE – North Greene | EF – Bright Futures |

SD – Macoupin Probation

GM – IL Valley

BC – GCHD

AF – GCHD

MG – Boyd Healthcare

AH – IL Valley

AH – IL Valley

AH – IL Valley

MB – Macoupin

KR – GC Housing

FF – Bright Futures

FH – Bright Futures

PH – IL Valley

BK – PLE

PC – IL Valley

NT – Crisis Center

KA – GC Housing

KA – GCHD

TR – GCHD KO – IL Valley BH – Jersey School
AB – IL Valley KG – Boyd Healthcare BM – Boyd Healthcare

WH – IL Valley JH – Macoupin SS – IL Valley

BG – Macoupin NF – GC Housing DR – Boyd Healthcare

EH – GCHD HD – GCHD BS – JCH

JB – GC Housing TG – IL Valley KB – Jacksonville School 117

AS – Crisis Center MP - GCHD

- I. Advisory discussion preceded the meeting from 7:45 AM 8:30 AM
 - a. Opioid settlement funds have been delivered to the county and GCHD is a member of the group responsible with MP representing us. It appears that we have got a vehicle approved that will greatly help our work to remove transportation barriers. The Board of Health approved this last night, following the drug court approval. It will now go to the county board for approval. This advances our work tremendously as a community. It is a game-changer and would enable us to have a vehicle in Roodhouse at the North Greene

- office/drop-in center readily available for peer/recovery support. A huge win for the community!
- b. We will be putting a washer and dryer in the North Greene GCHD office which serves as the CH hub of operations. This was approved. RS will be working to find contractors to make it happen. This will be accomplished by utilizing alternative funding sources but should be celebrated as a win for the ROSC as well as this helps us expand our mission!
- c. Support group updates have been made with a new list going out within the next few weeks. There has been a lot of movement around creating support groups as we all continue spreading the message of recovery. BK and BB will review the list together to ensure we are all on the same page.
- d. BK has been volunteering at the local treatment facility and is available to us in any way we need help.
- e. The JCH team has reached out to us to help them meet the need with peer support at the MAR Clinic. RS believes we can do this with minimal impact on our current makeup and will meet with them soon to further discuss.
- f. RCO development was semi-stalled by the state, but the group collectively agreed, this doesn't change where we are or what we are doing. The consensus is to keep pushing forward and cross those bridges as we see them, or they come up. Ron had received an email from IDHS saying no new funding initiatives for this current year, despite the inperson ROSC conference discussions but since the council wasn't planning on the current FY, there is little to no impact here. Hopefully
- g. We have continued to receive referrals from the Jacksonville PD. Mandy and Bre will be working to partner with the Probation there to see how we can further help them get coordinated with our council's work since this is a regional effort.
- II. Monthly Meeting: Introduction by the team on how our personalities impact equity in our community and the vital roles each of the persons in this room plays.
 - a. At GCHD this has been a game changer as it helped us get in tune with ourselves and the people we serve
 - b. Recognizing our own strengths and how that impacts the work of our partners and how we can supplement each other's work helps to integrate our work into each other, better serving our community and our residents.
- III. Jennifer Russel, MPA has been with U of I Extension for 25 years, 15 of those in our area.
 - a. Jennifer had the group participate in multiple hands-on activities that helped each person gauge where they are as an individual and how that supplements all the different personalities found within our community.
 - b. Real Colors presentation/activity was completed from 8:30-10:30
- IV. Dr Jason Roop is the CEO and founder at the Center for Trait-Based Transformation. He has served as the VP of Research and Development with Hometown Health System and as a Professor at Campbellsville University and Lander University.
 - a. Dr Roop presented on addiction and Leadership Research and the work he has done to help create a trait-based model of recovery. The model is person-centered and has a curriculum that is available online as well as guides for facilitators.
 - i. Trait-based model of recovery has four pillars:
 - 1. Solution-Focused Therapy
 - a. Future focused, goal-directed, & evidence-based
 - 2. Entrepreneurial Opportunities
 - a. Community engagement
 - b. Business ventures

- c. Social initiatives
- 3. Leadership Academy There are leaders in recovery/addiction
 - a. Relationship building
 - b. Flexibility in leadership
 - c. Transformative leaders
- 4. Trait Identification
 - a. Trait assessment tool: Access the assessment here
 - b. Dynamic learning process
 - c. Self-discovery
- b. The trait-based model has a certification program that is available to interested parties. This is just another alternative pathway to recovery that would be beneficial to our community.
- c. Links from the presentation:

Addiction and Leadership: How Transformative Leaders are Emerging from the Adversity of Substance Use Disorder' https://www.addictiontherjournal.com/articles/jatr-aid1022.pdf



'Unexpected Heroes: How People in Addiction Recovery can help solve the crisis of The Great Resignation' https://www.alkindipublisher.com/index.php/jbms/article/view/3831



- V. Meeting adjourned.
- ** During the meeting RS & AM responded to a partners call for assistance in the field at 9:30 AM. They left the meeting in-route for the police department MM & BB stayed behind and participated further in the meeting

Minutes submitted by BB