## Ogle/Dekalb ROSC Council Meeting Minutes

## Location- Virtual

## Novemberber 2. 2023

Attendance: Ashley Maki, Laura Dinderman, Brooke Plachno, Danny Sourbis, Delphine Hernandez, Jarret Burton, Gizelle Navarro, Gerald Lott, Ben Rudolph, Deanna Cada, Ruth Carter, Sandy Toomsen.

Absent: Alexandra Ocampo, Audra Publeo, Kyle Auman, Jeff Helfrich, John Gay, Cindy Bergstrum, Melissa McGraw, Penny Stark, J Rose Gleiter, oe Simms, Katrina Valencia, Kourtnee Mezo, Marta Jarka, Michael Dale, Nick Buccieri, Norman Donahue, Shantel Williams, Steve Lekkas.

Gerald Called to order 1:03pm

We will be meeting the 1<sup>st</sup> Thursday of the month at 1:00 pm

General Business:

- ROSC we are still recruiting, refer people to Gerald Lott
- Ogle/Dekalb ROSC council Facebook page send any upcoming events or flyers to Sandy Toomsen
- Greater Sauk Valley Whatsap is up and functional.
- Any meetings can be held at Rochelle Recovery Center. Contact Sandy Toomsen about availability day/time
- WhatsAp combines professionals from all area counties (Lee, Whiteside, Ogle, Dekalb counties) to work together to find detox, rehab placement, IOP, SUD resources, available.
- Reminders will be sent out 2 weeks before meetings, 1 week before agenda will be included.
- Presentation: We are looking for concepts we have never seen before
- Went over the budget and what that looks like -ideas how to use or disburse funds.
- Advertising on the Radio was suggested by Deanna Cada WLBK, ZOK, Coyote
- Expanding Spanish literature and advertisement
- Partnership

Laura Dinderman mentioned received CDC Grant Food/Nutrition \$500,000 for 3 years

How can the ROSC help /perhaps advertise or volunteer at Lauras' Food/Nutrition events

Giselle Navaro mentioned an interest to establish Collegiate Recovery program at NIU

Free curriculum what to learn about addiction alahope.org/courses

Gerald mentioned having students watch 3 part series Anonymous People, Generation Found, Tipping the Pain Scale

Dekalb did a Mental Health Board assessment regarding health care and behavior health care We will send minutes and reminder

Adjournment