

**Douglas County ROSC Council (DCRC)
Meeting Minutes**

**October 25, 2023
10:00 am
Zoom and In-Person
Hybrid**

Attendees: Leanna Morgan, Darlene Smith, Summer Phillips, Diane Zell, Christine Pierce, Lisa Edwards, Dana Tell, Kaycie Sanders, Wendy Lambert, Dominik Stallings, Matthew Hales, Tiffany Murdock, Lamont Gordon, Megan Edmundson, Nicki Hanks, Robert Kosc, Tony Hooker, Jenna Hays, Amber Clark, Whitley Grayson.

Guest Speaker(s): Diane Zell

Note Taker: Matthew Hales

Minutes

Introductions

- Leanna Morgan, ROSC Coordinator
- Darlene Smith, Douglas County Recovery Navigator
- Summer Phillips, DCHD Health Educator and Outreach Coordinator
- Diane Zell, National Alliance on Mental Illness (NAMI)
- Christine Pierce, Carle Addiction Recovery Center
- Lisa Edwards, Douglas County Coroner
- Dana Tell, Coles County ROSC Coordinator
- Kaycie Sanders, Dial-A-Ride
- Wendy Lambert, Vermillion County ROSC Coordinator
- Dominik Stallings, The Tri-County Chronical
- Matthew Hales, Newman Regional Library District
- Tiffany Murdock, Hour House Prevention
- Lamont Gordon, TASC
- Megan Edmundson, Prevention First Leadership Center
- Nicki Hanks, Edgar County Recovery Navigator
- Robert Kosc, Douglas County State's Attorney
- Tony Hooker, Parkland College
- Jenna Hays, Statewide ROSC Region 4 Mentor
- Amber Clark, Community Engagement and Partnership Coordinator, Iliana VA Health Care System
- Whitley Grayson, Coles County Recovery Navigator

Organization Spotlight/ Guest(s)

Diane Zell, a member of National Alliance on Mental Illness (NAMI) of Champaign, joined the Douglas County ROSC meeting as guest speaker. Diane shared her personal story during the meeting, which is part of what led her to join NAMI in the early 2000s after she retired.

National Alliance on Mental Illness (NAMI) of Champaign covers multiple counties in East Central Illinois, not contained by geography. NAMI is headquartered in Alexandria, VA, and has around 1500 affiliates across US, with about 20 in Illinois. Training for facilitators is organized by state and local affiliates. NAMI offers education classes that are free to participants and offered to non-members as well as members, such as Family to Family and Peer to Peer education.

- Diane explained some of the great programs and presentations that NAMI offers such as Ending the Silence Program, NAMI on Campus, Eastern Campus Club, and an upcoming event Mental Health in Mind.
- For Douglas County there is a Family Support Group at the First United Methodist Church on Thursdays at 7pm.
- Diane also shared the Children's activity book "Meet little monsters" which offers coloring and other activities that comes with crayons (English and Spanish versions)
- Seeking co-sponsors for a suicide prevention speaker the University of IL campus community.

Several in attendance mentioned they would like to connect with Diane for information of what NAMI offers in a few of the surrounding counties. Diane provided brochures to Leanna to distribute to those not in attendance. Diane shared her cell phone number as the best method of contact if anyone has additional questions (217) 549-2158.

Recovery Navigator update

Darlene Smith, Douglas County Recovery Navigator, announced that she has passed her certification testing to be a Certified Peer Support Specialist. Congratulations were given! Leanna also mentioned that Nicki Hanks, Edgar County Recovery Navigator, who assists as a backup in Douglas County has also passed her test.

Darlene provided an update in regards to the the Douglas County Jail education groups.

- She mentioned that with cold weather approaching, she would like to suggest a coat drive to provide items for the jail. The council held general discussion on potential drop-off sites. It was mentioned that all details will need to be finalized prior to a public flyer.

Darlene also provided dates for upcoming Wellness Groups, and a flyer was provided for anyone to share. Leanna will email out the flyer after the meeting.

- The November topic is "Things to be Thankful For"
- The December topic is "Tis the Season for Recovery".

East Central IL Deflection Initiative

A brief update was provided on the East Central Illinois Deflection Initiative.

- The name was decided at the previous planning and the East Central Illinois Deflection Initiative will now be named Deflection Avenues Reconnection Team (DART).
- The next step will be implementation planning. A meeting has been scheduled for November 9th at 2:00 pm. This meeting will be held in a hybrid format to accommodate everyone's preferences. The in-person meeting will be held at 513 N 13th Street, Mattoon.
- For anyone who would like additional information or to RSVP, please reach out to Koren VanderWeele at kvanderweele@tasc.org

Subcommittee Meetings and updates

The Resource Bags that were filled for Recovery Month at the September ROSC Council meeting have been distributed throughout the communities! A report was provided for which areas the bags have been disbursed in, of the 215 total bags, 200 being English and 15 in Spanish:

- 116 to county wide programs based in Tuscola, 16 to Arcola, 21 to Arthur and Atwood, 10 to Camargo, 20 to Murdock, 7 to Newman, and 25 to Villa Grove.
- For any organization or individual interested in assisting with future distribution or contributions for resource bags, please contact Leanna Morgan or Darlene Smith.

The Prescription Playbook/ ILHPP also provided about 50 Detera pouches that were disbursed to the Arcola, Arthur, and Atwood areas for Drug-Take Back Day in October and beyond! Detera pouches are also available in Tuscola at the Douglas County Sheriff's Office and a limited supply is available in Newman at the Newman Library.

Leanna reached out to several school staff and youth serving organizations to determine if resource bags for students are a need.

- Feedback that has been provided determined that items that would be useful in addition to hotlines, are full sized hygiene supplies such as: body wash, shampoo, conditioner, deodorant, socks, and underwear.
- It has also been determined that an appropriate number for each school would be at least 20 resource bags.

The Dress for Success Business Attire Workshop was held in October at Workforce Development.

- Leanna provided an update that over 30 individuals stopped for clothing and 5 recovery resource bags were picked up.
- Jenna Slaughter, Career Coach, offered information about services offered by Workforce Development to individuals.
- It was also mentioned that Dawn Robinson, who works at the Arthur Library, provided some awesome tips and outfit combo ideas! Jenna S. created a presentation board out of Dawn's photos and saved it to be used for future workshops.
- Almost all of the clothes were given out and only 1 rack of clothes remains at the Workforce Development office, which can be offered to walk-ins.
- Jenna S. and Leanna had discussed possible having another in late spring or early summer. Once determined, any information will be announced at a later date.

Grant Deliverables

The Community Resource Assessment, Strategic Plan, Community Outreach Plan, Community Resource Map, Gap Analysis, Community Asset Mapping have been submitted and are currently under review for approval. Once the Strategic Plan is approved, Leanna will be adding it to the agenda and all updates will be reviewed. It was also mentioned that there will be 5 presentations of the Strategic Plan during the fiscal year.

A copy of the ROSC Memorandum of Understanding (MOU) is available for those in person and was emailed out. Leanna mentioned that additional presence from persons with lived experience (PLEs) would be a great benefit to discussions and planning. It was also mentioned that Darlene and Leanna do meet with several individuals (PLEs) outside of the regular meetings, but that they are unable to attend due employment conflicts.

Other Business and agency updates

Good Life Health Fair (Douglas County Health Dept)

- Colleen Lehmann was unable to attend the council meeting but Summer Phillips provided information for the 2023 Good Life Health Fair.
- The event will be at the Arcola Community Center on Nov 14 from 9am-1pm. Parking will be across the street.
- Vendor registration is due by Nov 6th by email, fax or mail to Colleen Lehmann. Attendance is expected to be between 100-300 with 30+ vendors, and presenters with various topics.
- Leanna will email out the flyer. Summer can also provide copies for those in attendance in person.

Illinois Family Resource Center

- Information was provided by Nancy Phillips prior to the meeting.
- Webinar- *The family recovery journey: recognizing the grief process* will be on Nov 6th 10-11am. Leanna will share flyer via email.
- Will be providing some print resources & workshops in Spanish, mostly by zoom. Details will be announced at a later date

Truckers Against Trafficking (TAT)

- Update provided by Edgar County ROSC
- TAT is an international non-profit that educates, equips, empowers and mobilizes members of the trucking, bus and energy industries to recognize and report human trafficking as part of their everyday jobs. Leanna provided printed flyers and will email out as well. if interested in the training, please contact Officer Doug Cochran, Kansas Police Department at (217) 712-0172.
 - **frontline employee training**
 - TAT is offering a 4-hour training for **law enforcement officers, first responders, and educators**, which has been approved by the Illinois Law Enforcement Training and Standards Board.
 - Location: Paris Center of the Fine Arts, 14040 1200th Road, Paris

- Date/Time: December 1, 2023 from 1-5 pm
- **Public Awareness Training**
 - Location: Carolyn Wenz Elementary School (cafeteria), 437 West Washington Street, Paris.
 - Date/Time: December 1, 2023 from 6-8 pm

Building a Road to Resilience

- Coles County ROSC is hosting with trainer, Jill Duden, Prevent Child Abuse Illinois Central Region Prevention Specialist.
- October 30th at 1:00-3:00 pm at the Buck Grove Church, 2377 N County Rd 650N, Mattoon.
- Flyer will be provided via email by Leanna.

Sealing & Expungement Informational

- Coles County ROSC and Land of Lincoln Legal Aid are hosting a Sealing & Expungement Informational
- December 18th at 3:00pm at Sarah Bush Lincoln Health Center.
- Flyer will be shared via email.

Narcan Training- Danville

- Wendy Lambert mentioned that the Vermillion County ROSC will be hosting a Narcan training and distribution on November 18th and all are welcome.
- Wendy also mentioned that they will be having their first ROSC meeting on October 26.

Parkland College Open House

- Tony Hooker announced that Parkland will be holding an open house. There is no flier to share but Tony will send Leanna the website link to share.

It was also discussed that the November and December meetings fall close to holidays. It was decided to keep the current dates and hold the meetings via Zoom only.

Next meeting: November 22nd, 2023 at 10:00am, Zoom only due to the holidays.