

**Clark/Cumberland County ROSC
Meeting Minutes**

October 10th, 2023

4:30 pm

**Zoom and In-Person
Hybrid**

**The Forsythe Center in
Marshall, IL**

Attendees: Kristina Drum, Kyle Houser, Ambrosia Roberts, Allyssa Houser, Julie Pohlman, Adam Lovell, Corey Blair, Cindy Hanley, Bobbye Scott, Jason Scott, Shawn Strader, Paul Abraham, Zach Backlin, Jack Weber, Norm Wilson, Nancy Phillips, Katt Holiday, Amber Clark, John Cantrell, Norm Wilson

Minutes

Agenda Item: Introductions and Updates:

Spotlight speaker – Paul Abraham, Prevention Specialist with OMNI Youth. Paul describes the Prescription Playbook Campaign (a statewide education and awareness campaign) that includes the safe use, storage, and disposal of prescription medication. This campaign targets Illinois youth, parents, coaches, athletic trainers, and other adults. He noted that OMNI covers 25 counties, providing educational materials for substance use prevention in the community. Prescription Playbook, created for student-athletes, has expanded to all students. Paul emphasizes that the safe disposal of medications is essential. Participating in drug take-back day can educate people on what safe disposal and safe storage looks like. Drug take-back day events have been removing tons of medication each year. In April, 21,000 pounds of medication were removed. Over 750,000 pounds have been collected since 2010 in Illinois. As council members asked Paul questions, a conversation about participating in drug take-back day ensued. On or around Drug Take Back Day, we will look into setting up a table to hand out deterra pouches and other materials provided by Paul. Bo suggested the Sheriff's dept in Clark County as a location. Amber said she has some extra deterra pouches and locks for medication, too, that she can provide.

Updates: Kristina and Kyle will be in Springfield on the 17th and 18th for a Statewide Collaborative with all the Illinois ROSC Councils.

Recovery Month Update: We had over 100 in attendance at our recovery picnic. Kristina thanked all who prepared food, donated items, and took their time to make the event successful. Other recovery month activities included tying purple bows around the square and a press release informing community members that the purple bows were there to honor individuals in recovery. Testimonials of individuals were also shared in the newspaper and newsletter to show others recovery is possible.

Recovery Navigator Update: Kyle has been busy and actively meets with 19 peers. He has been working with probation in both counties, sitting in the Clark County probation office from 9-12 weekly. Clark County Probation is considering mandating individuals to meet with Kyle. Kyle has been in contact with a chief deputy in Cumberland County and anticipates getting into the jail in Cumberland County.

Subcommittee Update: Our next subcommittee meeting is scheduled for Tuesday, October 17th. The planning of our upcoming panels is on the agenda.

Upcoming Events: Our first Laundry Day will be held on October 26th in Greenup. We will be there from 8 a.m. until 3 p.m. or until supplies run out. We plan to host a community-wide Narcan training in Clark County in November.

Deliverables: Kristina has updated the Strategic Plan, Needs Assessments, and Communication and Outreach plans in both Counties. These deliverables have been submitted and are awaiting approval.

Reminders/Tasks:

- Please Sign the MOUs and return them to Kristina Drum.
- Kristina will schedule additional opportunities to educate the community on the ROSC Concept.
- Who do we need at the ROSC Council meetings, and how do we get them here?
- Planning for events for the next Fiscal Year, such as the panel events. Council members are encouraged to participate in the planning to make them successful.

Next Meeting: November 14th, 2023, at Calvary Tabernacle in Toledo and via Zoom

Clark/Cumberland County ROSC

Educational Trainings and Events Subcommittee Meeting

October 31st, 2023

3:30 pm

Zoom and In-Person Hybrid

Calvary Tabernacle, Toledo
IL

Attendees: Kristina Drum, Kyle Houser, Ambrosia Roberts, Adam Lovell, Bobbye Scott, Dianna Doss, Liesl Wingert, Paul Abraham, Sara Ruholl

Minutes

Agenda Item: Introductions and Updates

Meeting Summary- Plans for events for the next several months were made. We will host a winter clothing drive in November, collecting new gloves, hats, and personal hygiene products. We discussed options for distribution. There are local food banks and active clothes drives in both counties. Kristina will contact the food banks and churches that were suggested. Narcan training will also take place in November. In December, we will host another laundry day in Clark County. Sara mentions the funding statement required by the state and expresses concern that it looks like the state is sponsoring the event that two community members have sponsored. Kristina and Kyle will bring these concerns to those at the state level when the opportunity arises. We started hammering out the details for our first panel in February. We want to use the same building owned by the bank that Jenna used for the panel she held. Sara gave us the name of the individual that we need to contact. We decided that our panelists will be a treatment provider, Zach Backlin, a local police officer; maybe Russell, a family member; Liesl Wingert, someone in sober living, an individual who has experienced trauma and is in recovery. Kyle suggests a fifteen-minute presentation on the correlation between trauma and substance use disorder at the beginning of the event. The panel will be on Monday, February 26th, from 5-6. Sara suggests requesting the building from 4-7. If the bank building is unavailable, the 4-H building is another option. We will have some finger food or snacks. We plan to have another laundry day in January if we can find sponsorship.

Next Meeting: November 28th at 4:30 PM