

Minutes

Attendance and Introductions

Coles County ROSC Recovery Navigator, Whitley Grayson

Coles County ROSC Recovery Coordinator Dana Tell

Wingman Ministries, Gary Stephen

Community Member, Daniel Langham

Community Member, Todd Brooks

IDHS ROSC Coordinator, Johanna Gonzalez

Triple M Transport, Megan Janes – Via Zoom

East Central Illinois ROSC Supervisor, Karen Cook – Via Zoom

Douglas County ROSC Coordinator, Leanna Morgan – Via Zoom

ROSC Region 4 Mentor, Jenna Hays – Via Zoom

SAIL, Brenda Ingle- Via Zoom

Navigator News:

Dana introduced our new Coles County ROSC Recovery Navigator, Whitley Grayson. She shared her Recovery Story and Navigator News with the ROSC Council.

Jail Update- Whitley shared that we are not in the jails yet. Another meeting will be the Coles County Sheriff will be rescheduled.

The Haven Update- Whitley told the ROSC Council that the educational group will be on hold for about two weeks due to staffing issues with The Haven. Gary confirmed that their Shelter Services Coordinator left, and they are filling their vacancy. Dana said that she spoke with Chris on Thursday and this is what he had said, so she would be following up with Chris Davis, the Executive Director at the Haven, to see when the educational groups could start again.

Educational groups- Whitley told the council that the topic for the groups in November at the libraries would be Narcan training. Mattoon Public Library Educational Group will be on November 8th at 11 a.m., and Charleston Carnegie Library Educational Group on November 29th at 11 a.m. Both groups are open to the public.

Goal Status:

Jail education groups- We are still working on this.

MOU- Dana stated that she emails the MOUs out, and if you still need to turn them in, please do. Dana and Whitley attended the statewide ROSC Meeting, and they learned they would be expanding the sectors, so obtaining the MOUs is essential.

Activity Updates:

Narcan Distribution Site- We have 25 locations in Coles County. Charleston Carnegie Public Library, SACIS, Lifespan Center, Jackson Avenue Coffee, Eastern Illinois University School of Extended Learning, Eastern Illinois University Police Department, Nola's Naturals, Standing Stone Community Center, Family Worship Center Charleston, Family Worship Center Mattoon, Mattoon Food Pantry, Mattoon Library, The Haven, Wingman Ministries, Milk and Honey Coffee House, C & C KettleCorn at the Cross County Mall, Lake Land College, Lifelinks, Homestead Church, First Presbyterian Church, The Mission House, Akasha Zamora, Pleasant Grove Baptist Church in Cooks Mill, Coles County Health Department. Dana took SAIL the information and is awaiting their response.

Narcan Training Locations and Dates- The next training will be on the EIU Campus today, 10/23/2023, for the School of Continuing Education. Then, the Coles County ROSC will be at the EIU Health Fair on 10/25/2023, giving out resource information and Narcan. Narcan training will also be the topic for the Library educational groups in November.

Resource Bags- Dana sent an email letting the ROSC Council know that we had received the supplies we were waiting on and asked if anyone could join us at the end of the week to pack the bags. We were waiting for the toothbrush and toothpaste. Also, in the bags were items from SACIS, ERBA, Veteran Affairs, Children's Advocacy Center, Dial A Ride, SAIL, Hour House Gambling program, Hour House Prevention, The Illinois Family Resource Center, SBLHC Healthy Kids, SBLHC Cord, we had bags donated from ERBA, SACIS, and RealiTea Project. Each bag had a pen, paper, hygiene items, and resource brochures. So, we are ready to pack some more as soon as we get a few hygiene items. Todd showed up and helped Dana and Gabe pack the bags. Within 4 business days, all the bags had been distributed to Mattoon Police Station, Charleston Police Station, The Coles County Sheriff's Office, EIU Police Department, Lake Land Police Station, Lake Land College Health, Oakland Police Department, The Mission House, Wingman Ministries, The Haven.

Dana has been talking to Teresa Metzger, the Regional McKinney- Vento Homeless Liaison with Regional Office of Education #11, about providing resource bags for at-risk youth in our local schools.

The Fall into Recovery Panel- The Fall into Recovery Panel was held on September 28th- for Recovery Month. The Journal Gazette–Times-Courier newspaper ran an article before the event. This event was in the 4 Proclamations declaring September as Recovery Month signed by the Mayors of Mattoon, Charleston, Oakland, and Ashmore. Flyers were distributed to DOPP sites in Coles County, the locations of the 12-step programs/recovery group locations, as well as local businesses.

Press releases were sent to Luci Englum at the Cromwell Radio Stations, Clint Walker at the JG-TC Newspaper, Joe Reinhart at EIU Radio, Greg Powers at the Lake Land College Radio,

studentpublications@lakelandcollege.edu for Lake Land College Newspaper, and rllecates@eiu.edu for EIU Newspaper Editor in Chief.

Land of Lincoln gave a presentation on Expungement and Sealing. Our panelists included 2 PLEs, 2 Family Members, two police officers, and one from the Hour House Stabilization Unit and one from Gateway Warm Hand off Program. Land of Lincoln Legal Aid presented on Sealing and Expungement. We had Donuts from Holey Moley Daylight Donuts, Popcorn and use of the Popcorn Machine from SACIS, Popcorn Bags from Rural King in Mattoon, Cookies from Nieman Foods of Mattoon, Water from Rural King of Charleston, and Water Flavoring and Cookies from Mattoon Walmart. We also had representatives at resource tables from SACIS, Gateway, and HH Gambling. Lake Land College did an online exclusive article on this event.

Build a Road to Resilience & Round Table discussion for National Youth Substance Use Prevention Month- This event will be at Buck Grove Community Church on Monday, October 30th, 1–3 pm. This training introduces participants to resiliency and how to build resiliency in the youth and families they work with. The training challenges participants to assess their resiliency traits and begin exploring how they impact their ability to build resiliency in the youth and families. This training will define resiliency and explore domains, characteristics, and traits needed to develop and strengthen resiliency. Strategies to build resiliency in outside supports and inner strengths in youth and families will be identified. This flyer was emailed out this morning and printed for the table.

The Expungement and Sealing Event- The Land of Lincoln Legal Aid is co-hosting an event with us on December 18 at 3 p.m. at Sarah Bush Lincoln Health Center. Join us to learn more about these forms of criminal record relief in Illinois. The flyer was in print at the meeting because it was sent to Dana this morning after she emailed the reminder.

Hobby Fair in Spring- Dana asked the council if they had an opinion on whether the event was in the spring or fall of 2024. Todd said either one, as long as the weather was good. Dana wanted to make sure it was okay to have it in the fall since that was a suggestion from EIU. Dana said the reason was that we could reach more hobbyists to attend since we had more time to plan. She still plans on working with Lifespan and EIU to find local hobbyists and secure a location.

Coat Drive- Dana asked the council if they would be interested in having a coat drive like we did last year. Todd said that a church just gave away coats. Whitley said it was for children under 18. Dana mentioned that we had someone who would like to donate to the cause if we collected coats. Whitley explained that our coat drive would be for gloves, hats, and scarves as well. Todd asked how we would give them away. Dana said that these would be distributed the same as last year.

We would collect them weekly and find new homes for them by asking places like the Hour House, halfway house, three-quarter house, The Haven, Mathew 25, Wingman Ministries, St. Mary's house, and similar places until all clothing was distributed. Todd said we should do it. Everyone agreed.

Any other events in Coles County? Dana asked explicitly about the Spring, then talked about the Drug Endangered Children's training and asked the council if they would want to do that more in-depth this spring in hopes that we could form a DEC Alliance in Coles County. Whitley said it was really important. Nancy elaborated on how a DEC Alliance works and protects the children from Trauma when the parents may be arrested. Gary and Todd both said let's do it. Dana said she would work with Liesl to schedule training and find a location.

Next Steps:

- **PLE Speaker:** Whitley will find a PLE to speak at the November meeting.
- **MOU:** If you still need to turn them in, please return them to Dana.
- **Narcan Training-** Please let Dana know if you or your organization would like Narcan training.
- **Resource Bags-** Dana will continue to work with the ROE to see if they could use bags and review the items in them.
- **Build a Road to Resilience & Round Table discussion-** Share the flyer and invite people to the event.
- **Sealing and Expungement-** Promote the event, share the flyers, and invite people to the event.
- **Hobby Fair-** figure out our partnership's location and promote them.
- **Winter Clothing Drive-** Set up boxes, promote the location of drop-off, collect items, and distribute.
- **Drug Endangered Children training-** contact Lisle, schedule, find a location, and promote the event.

Other Business:

Time and Meeting Location: Due to the holidays primarily, our December meeting was scheduled for Christmas Day, and the previous request to be outside, the council wanted to change up the schedule a little, so the next Council meeting is November 13th at noon at Douglas Hart Nature Center 2204 Dewitt Ave E, Mattoon, IL 61938. If the weather is bad we will gather inside. December meeting will be at the LifeSpan Center on December 4th at noon or by Zoom at the same time.

Time: Dec 4, 2023 12:00 PM Central Time (US and Canada)

Jan 22, 2024 12:00 PM

Feb 26, 2024 12:00 PM

Join Zoom Meeting

<https://zoom.us/j/96781724024?pwd=b3hFWWDV1cExYa0pEa1BqTUx6ejJLUT09>

Meeting ID: 967 8172 4024

Passcode: 611963