Sangamon County R.O.S.C.

Monthly R.O.S.C Council Meeting

October 24, 2023 9:00am-10:00am

Zoom Meeting, Family Guidance Center

Meeting Minutes

Chair: Rick Nance

Recorder: Jenna Fox

Stakeholders and Community Members in Attendance:

Jenna Fox ROSC-FGC

Rick Nance-ROSC

Fran Ingram ROSC-FGC

Rick Nance Consultant ROSC-FGC

Sally Jefferson Recovery Connections- ROSC Recovery Café

Kendra Day-Memorial Crisis

Jamie Reidle-Heartland Continuum of Care

Rick Brown-ROSC

Stephanie Carson-Gateway Business Development

Letreurna Packer-IDFS Chicago

Julie Pohlman-TA Statewide ROSC Region 4

Donna Reeves-Central Counties Health Dept.

Kasia Loniewska-Gateway

Tish Lancaster

Clara Zaborac

Meeting Called to Order: Rick Nance called the meeting to order at 9:05 am. Rick Nance chaired the meeting.

New Business:

Outreach Subcommittee: The Outreach Subcommittee attended the "Summit" held at the Illinois State Fairgrounds in the Orr Building. A ROSC table was set up with resources, and a lot of good contacts were made. The subcommittee also attended the state wide ROSC meeting that was held on October 17th and 18th at the Abraham Lincoln Hotel in Springfield; II. The meeting was educational and informative. Members of Outreach attended an advocacy day at the Illinois State Capital on October 24th for an "Overdose Prevention Site" as a harm reduction service. The MAR van Outreach is going well in central and rural counties.

Recovery in Action Subcommittee: Sally Jefferson spoke about the Recovery in Action Subcommittee is planning a roller skating event for December. Pizza and drinks will be provided with free skating, for non-skaters there will be a Jenga games. The committee is planning a movie night for some time between February and April. The double feature movies will be "The Anonymous People and The Anonymous Sister". Upcoming events also include a family cookout at Lincoln Park Pavilion, and a community clean up. The ideal property would be a place where a park bench could be placed with a dedication to ROSC, as well as a small garden, food pantry, and/or community library. Sally asked the participants at the meeting to spread the word that Recovery in Action committee is looking for new members with ideas, suggestions and willingness to help in the community. The committee is working on a concept of ways to keep current and new members engaged.

Interfaith in Action Subcommittee: Rick Nance spoked about meeting with people in Minnesota to talk about thing they are doing in terms of faith based activities. He attended a breakfast with a Christian men's organizational group called "Men in Christ". At the breakfast different presentations and activities were introduced about working with young males on the east side. Rick had the opportunity to address the group about ROSC and the interest in being part of their networking.

Other Organizations: Kendra Day spoke about the living room still being closed, but the mobile crisis unit is doing well. Rick Nance asked about the increased funding with the ride along professionals. Kendra stated the funding was part of the Core Program, and it was awarded to the Springfield Police Department. The mobile crisis workers are part of that program. Kendra mentioned that she has been part of the Heartland Housed focus group, and is excited about being part of that project.

Other Business: Rick Nance asked the attendees of the meeting if their needs were being fulfilled. Sally stated she was unsure of what the ROSC committee is supposed to be doing. She asked, "Do we just get together to talk about what our agencies are doing, or are we supposed to be working together to do things? Maybe that is happening, but I have not grasped that well." Rick Nance replied, "It's a network, and we're supposed to be networking, talking about and sharing information/resources. We are trying to improve the system of recovery. The network itself does not do any services but various agencies do. I just want to know should we talk about doing presentations, people doing surveys for us or doing surveys for other companies. Donna stated it is important to stay up to date. She would like to see the group grow, and there is missed opportunities for all the people on the email list that are not in attendance. I am not sure how to encourage participation." Rick Nance asked for suggestions on how to increase participation stating, "Usually people come if they feel they get something from it. So what can we offer to entice folks to stay, and think that this is a meeting that I need to go to? What can we do to help you as an agency?" Kendra suggested getting people bus passes due to transportation issues. Rick said we could explore getting bus passes. Donna mentioned being able to get transportation to medical facilities if they have a medical card. Letreurna mentioned getting a Narcan presentation and training out to the community. Sally suggested giving presentations and in person meetings. All agreed on having hybrid meetings. The committee will be working on having hybrid meetings after the holidays. Rick mentioned still needing People with Lived Experience to do a short video for the website "What Recovery Means to Me.

Adjournment: All participants were thanked for attending the meeting. Meeting was adjourned at 9:50 am.

Next meeting: November 28, 2023 at 9:00 am