## GBPS-Minutes 09-2023

**Attendees:** Bamani Obedele, Tomi Moore, Donna Mead, Laurel Taylor Dudley, Stacy Monroe, Elizabeth Kellogg, Dr Scott, and Magie Harris

- 1. Elizabeth and Tomi shared their experiences with the community development center where they gave an open Narcan training. They explained that there was a nice turn out from the community. After the training several Narcan Kits were given out for distribution on 9/19. On 9/21 several members began their distribution of the Nargan Kits throughout the community.
- 2. Elizabeth and Maggie shared their experiences as persons in recovery. They both explained the different stages they went through while in recovery and also agreed on reciting positive affirmations and staying positive helps throughout recovery. They also stated what to expect while in recovery such as back sliding several times before taking recovery seriously.
- 3. Obedele discussed how he has been talking with business owners in the community, inviting them to the ROSC council monthly meetings, and sharing with the business owners how they can help people in recovery. He expressed the importance of the community working together has a positive effect on persons in recovery. This would also strengthen the community for the better.
- Maggie Harris piggybacked on what Obedele said about the importance of community support and the positive outcomes that people in recovery can benefit from.

- 5. The principal Dr Scott of Phillips High School talked about how parents with addictions affect their children's education and social skills. He also agreed with how the community plays a major role in helping with someone's recovery.
- 6. Obedele shared what the expectations are in becoming a ROSC member. He explained the importance of being committed to providing services when needed, having compassion, and empathy for those who are in recovery. Showing support will make their recovery lasting and effective.