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## **Creating a community that embraces and cultivates recovery while reducing the stigma of substance use disorders and mental health**

### **Minutes Lake County ROSC Council Meeting**

**Meeting Date: October 26, 2023, Time: 10:30 am – 12:00p**

**Location: Zoom Virtual Platform**

#### **I. Call to Order: Dr. Mary Roberson EdD NIRCO**

##### **Sectors in attendance:**

Persons with lived experience  
Nicasa BHS  
Chestnut ROSC Region 2  
DuPage County ROSC  
Faith Based Organization  
Veteran Organization- Community Engagement & Suicide Prevention Team  
Kalimba Foundation  
DuPage Federation  
NIRCO BCOR  
NEIU  
Peer Doula  
RFU  
Waukegan Township  
Lovell  
The Alliance for Human Services  
North Chicago Think Tank  
Lake County Public Defender Office  
Serenity House Counseling Service  
Lake County Health Dept.  
Lake County Probation Office  
Eddie Washington Center

##### **Meeting Agenda:**

- Welcome and Introduction
- Shared Photos of ROSC statewide Meeting
- Pathways to Recovery
- International Recovery Day Activities and Events

## **II. Council Presentation:**

**Debbie Rueber, B.S., CHES, Community Engagement and Partnerships Coordinator Suicide Prevention Team at Captain James A. Lovell FHCC.** Presented on Veterans Suicide Prevention. Debbie started with a life experience about suicide. Presentation Topics VA's Public Health Approach to Suicide Prevention, Veterans Crisis Line, Prescription Drug Disposal Box Program, Safety Plan app. Below are links shared:

Video clip on Community Base Intervention -Suicide Prevention

2.0 <https://youtu.be/5woA7SLj4uo>

Lake County Suicide Prevention Task Force Facebook page and e- mail. The Task Force meets virtually the 2<sup>nd</sup> Tuesday of the month from 11-

12:15. <https://www.facebook.com/LakeCountySuicidePreventionTaskForce>

Lake County Prescription Drug Disposal

Program <https://www.lakecountyil.gov/581/Prescription-Drug-Disposal-Box-Program>

VA Safety Plan App for mobile phone – free and for anyone to use <https://mobile.va.gov/app/safety-plan>

Veteran Crisis Line – anyone can use. If you are a Veteran press

1 <https://www.veteranscrisisline.net/>

LC ROSC Council sector members were given the opportunity to briefly discuss their Events and .

## **III. Old Business**

Solicitation of updated MOUs

## **VI New Business :**

January 1<sup>st</sup>, 2024, New Law that Probation and Parole members will not have mandatory drug testing without a strong suspicion of drug usage.

Obtaining fentanyl test strips

National Recovery Rally

**Next Meeting: November 21, 2023 ---- virtual**

**Presenter: TBD**

**VII. Adjournment**  
**Dr. Mary Roberson Ed.D NIRCO**