

# Livingston County ROSC Council Meeting

*Thursday, November 2, 2023 at Noon (Zoom Videoconference)*

## **Agenda:**

- Introductions and Opening Remarks
- Strategic Planning: Review Last Month's Result & Slido Polls
- New State Deliverables and ROSC Updates
  - Community Outreach Plan
  - SWOT Analysis (Gap Analysis)
  - 2023 Toy Drive
- Agency Updates
- Housekeeping (Social Media ([Livingston Facebook](#) & YouTube; Next Meeting 12/7/23)

## **Attendees:**

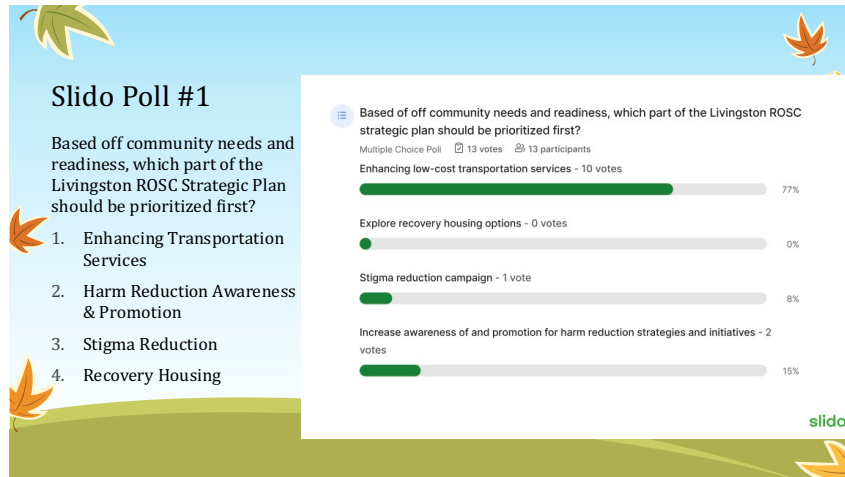
John Schneider (Livingston Ford ROSC)  
Erin Fogarty (Livingston County Health Department)  
Nadia Klekamp (Chestnut Health Systems)  
Leann Courson (Region 3 ROSC Mentor)  
Theresa Diemer (IHR)  
Dan S. (PLE)  
Abby Behrens (Brightpoint)  
Rhonda Sue Looney (Recovery Specialist)  
Erick Mund (Livingston County Probation)  
Chris Meyers (Livingston County Mental Health Board)  
Kami Garrison (Chestnut Health Systems)

\*Note: Today's meeting was recorded for data collection and archival purposes. If you were unable to attend and want to see what you missed, or if you want to relive all the enjoyment, here is a [link to the meeting recording on YouTube](#).

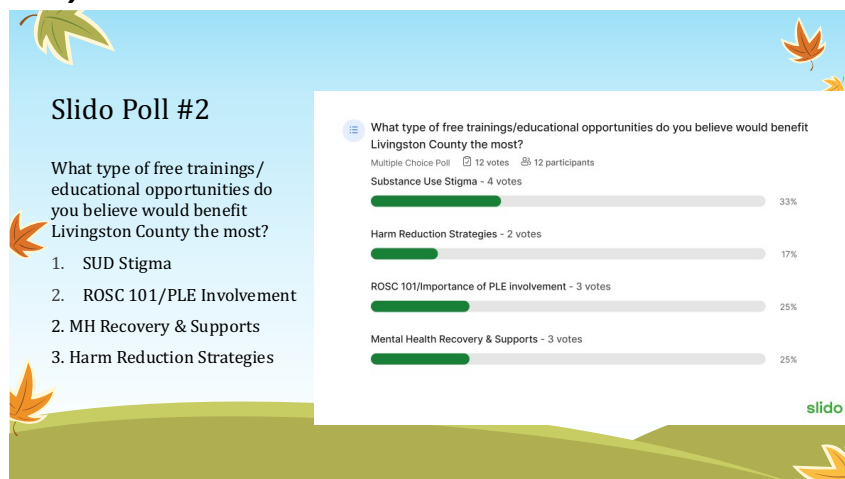
## **General Discussion:**

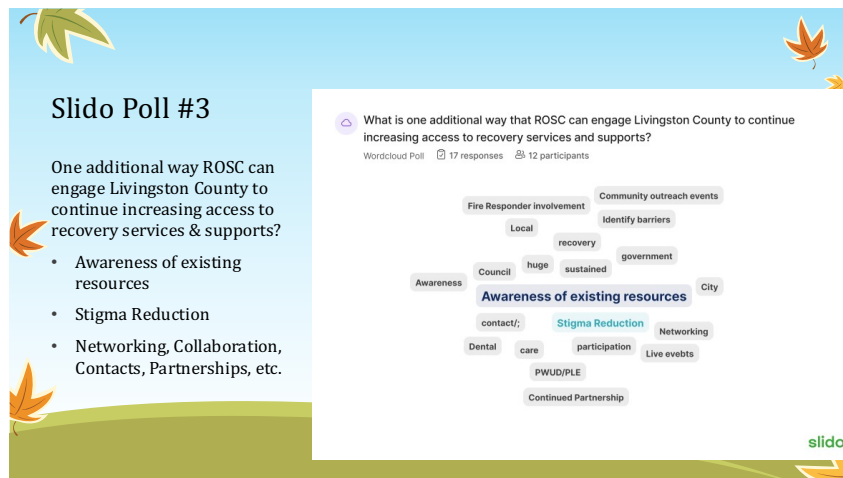
- The meeting started on time with John asking new attendees to introduce themselves if they wished. Welcome to new attendees.
- We have not always recorded but John announced we will be recording again today (starting now) for data collection purposes (large group discussion, gap analysis, notes, etc.). There is a link above but you can also access on YouTube by clicking: <https://youtu.be/f8ON9oull6w>
- *"We'll never know in the present if the ripples created by an individual's actions will have a consequential effect downstream"* – Hari Seldon, The Foundation (Isaac Asimov)

- After introductions and consent to record today's meeting, John started by recapping some of the discussion points and results of breakouts and large group discussions last month. The following slides provide a high level recap of SLIDO voting from the October '23 council meeting.



- John was able to make correlations between what he's hearing out in the community at various events, what he's seeing, and what the council is saying in our monthly meetings and sub-committee groups. 77% of voters in this poll view Transportation (lack of free transportation in rural areas, specifically 12-step/support group meetings, doctor appointments, therapy/mental health counseling, treatment, work, and potentially church. There was approximately 10 minutes of discussion on the topic of Transportation—recollecting points from last month, discussion and speculation about what other ROSC communities are doing (e.g. one ROSC has a pool of volunteer drivers), what barriers still exist, and more. If you are passionate about this topic then please [check out the video link](#). Otherwise, points are summarized at this writer's best ability below during the **SWOT / Gap Analysis Discussion**.





- **Community Outreach Plan:**
- **Gap Analysis/SWOT:** One of our new deliverables for 2023 (due to state in November) is a Gap Analysis of the Livingston County community. We, as a ROSC, conducted a similar exercise when conducting and creating the Community Needs Assessment in 2021. It has been two years though, so the ROSC team felt it was prudent to review the Strengths, Weaknesses, Opportunities, and Threats presenting facing the community in 2023.
- The council was asked to review (on slide) the 2021 SWOT Analysis, and rather than go into breakouts, we just want to discuss as a large group what jumps out as seeming “off” (i.e. listed as a weakness but it’s actually a strength, vice versa), what can be added that’s missing, what can be removed that has been addressed, and whatever else. The purpose was to gather these outputs and feed them into the aforementioned Gap Analysis, as well as updating the SWOT in Strategic Plan.
- Consensus remains that countywide collaboration among ROSC and agencies remains a positive and something moving in the right direction still.
- There were some minor points raised to get the discussion flowing (see below in bullet form), but the majority of conversation was around Transportation and initial brainstorming of possible solutions, challenges, workarounds, requirements, etc.
  - **Lack of Transportation:** There was discussion about the pros and cons of a volunteer driver operation, similar to what Leeann outlined is being done with E-Central ROSC in one of the breakout groups last month. Leeann did clarify that those drivers were specifically to bring clients to inpatient Treatment who otherwise would not be able to attend when bed opened up. It is NOT for doctor appointments, support meetings, service opportunities, work, MH counseling, and other transportation requirements we typically see with Problem Solving Courts clients (who have access to recovery specialists via Chestnut in McLean County).
  - Attendees raised valid questions and concerns, such as what services would recoverees be entitled to (i.e. what qualifies as a wellness activity vs. something

superficial), what special insurance requirements would be of concern, what similar operations could be mimicked, where could additional grant dollars be obtained, etc.

- Volunteer driver list?
- Regarding funding for transportation, Erick brought up the new development of Opioid Grant funding being received by Livingston County to specifically help with transportation for probation clients. The hope is to set up a 'pilot' with this scope of operation and then expand it to include recovering people not on probation and broader community over time. Contact Erick if you have more questions about this. Dollar figures were not discussed but it sounds like it's still early days and there should be enough for a good start.
- It was mentioned that driving services already exist in the community but they are not well organized and reliability and lateness has been an issue in the past and recently...people not getting picked up, getting picked up too late for appointment, and so on. If there are processes in place then what are they and how can we potentially help improve or solidify them?
- What about a registration process to determine who is 'signed up for' or valid to receive services (looking to add more organization around the process here, not restrict it from others).
- **Other Items:** Dan suggested removing Celebrate Recovery as a strength since there is now only one meeting in Streator; additionally, N.A., C.A. and any meetings outside A.A. are basically weaknesses and opportunities. Leeann advised John to contact Jeff McFadden re: setting up new NA meetings in the area. Evidently John has already established this contact. This writer will also research N.A. National requirements for registering new meetings, how or why it would be different than a standard A.A. meeting (if at all), etc. This feels like a low hanging fruit that we should be able to help address within six months or less.
- **N.A./CR/Other Groups:** John shared about some efforts done over the past year to replace the CR group that folded in Pontiac and to infuse N.A. meetings. We believe these are challenges we can overcome and if we build it, they will come. We are seeking any volunteers interested in chairing and helping to organize Cocaine Anonymous, Narcotics Anonymous, and/or Celebrate Recovery.
- Rhonda shared that Pontiac Bible Church has added a new recovery support group that is faith-based. She was unsure if it is Celebrate Recovery or something of its own. She said she will find out and get back to us.
- **2023 Toy Drive:** John shared the Livingston ROSC will be participating in county-wide 2023 Toy Drive to help support Salvation Army's annual efforts in this space. There are more details to come within the next 10 days, but the methodology will be similar to how McLean handled its clothing drive last year. We will have large bins at 3-4

designated, participating locations in the community. Anyone can drop off unused and unwrapped toys at any point during regular business hours of these locations. John and the team will conduct weekly pickups and drop-offs (every Friday) to ensure the bins are not overflowing (or to determine adjustments needed if donations are down). Still looking into precise locations and where toys still be stored prior to distribution (this latter issue is an action item for Salvation Army, but any suggestions are welcome if you're aware of unused floor space to temporarily house donations).



### Sub-Committee & Agency Updates:

- **IHR:** Theresa (IHR) Next Victim Impact Panel (Wed Nov. 8<sup>th</sup> at 6pm) for DUI offenders. It costs \$30 to attend and is a requirement for DUI offenders. \$35 if you wait until the day of event to register. They can be interesting and insightful to observe.
- **Operation Snow Flurry:** There is a SUD Prevention/Awareness Event for youths and families this Saturday, November 4<sup>th</sup> at the Boys and Girls Club (8:30a to 12:30p).
- Erin shared that November is Great American Smokeout Month. There will be a cookout coming up that is open to the public and designed to celebrate recent graduates of the "Courage to Quit" course offered by Livingston Health Department with support from IHR. More details to come from Erin.
- Chris Myers shared that Tuesday (10/31) marked the 60<sup>th</sup> anniversary of John F. Kennedy signing the Community Mental Health Act of 1963. The law established community mental health centers and research facilities across the U.S., which were in favor of institutionalization and ineffective status quo methods for 'treating' mental health disorders. The U.S. Department of Health and Human Services (HHS), through the Substance Abuse and Mental Health Services Administration (SAMHSA), recently announced a \$127.7 Million award to expand Certified Community Behavioral Health

Clinics. Chris wanted to point out the importance of JFK signing this Act into law and outlined some of the implications.

- Brightpoint has an opening for SUD/MH Therapist in McLean County (requires Masters Degree); Abby also pointed out it is Domestic Violence Awareness Month.

#### **General Housekeeping/Way Forward:**

- The Livingston ROSC Virtual Resource Guide (aka. Jotform) is being updated continuously (as information changes, events elapse, new events are announced, etc.). Scan QR below or [follow this link to access](https://www.jotform.com/app/231105805739152?utm_source=jotform_pwa) a variety of Liv-ROSC-related docs, services, meetings, videos, etc.

[https://www.jotform.com/app/231105805739152?utm\\_source=jotform\\_pwa](https://www.jotform.com/app/231105805739152?utm_source=jotform_pwa)


### FIND US ON SOCIAL MEDIA

-  [Livingston-County-Recovers-a-ROSC-Community](#)
-  [Livingston.County.ROSC](#)
-  [Livingston County ROSC](#)
-  [LivingstonCountyROSC@gmail.com](mailto:LivingstonCountyROSC@gmail.com)

### LIV-ROSC VIRTUAL RESOURCE GUIDE



- **Next ROSC Council Meeting:** Thursday, December 7<sup>th</sup> at Noon (same Zoom info, below)



NEXT MEETING:  
THURSDAY,  
DECEMBER 7, 2023  
AT NOON



Next  
Time

- Videoconference via Zoom Meeting
- <https://zoom.us/j/94591664561?pwd=bno1c3c3cGhoY3B0Z2xLOXYrMW5yZz09>
- Meeting ID: 945 9166 4561

*Funded in whole or in part by the Illinois Department of Human Services, Division of Substance Use Prevention and Recovery.*