



# ROSC COUNCIL

## Strategic Plan

### Abstract

The Recovery Oriented System of Care's systematic process of envisioning a desired future, and translating this vision into broadly defined goals or objectives and a sequence of steps to achieve them.

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# **Recovery Oriented System of Care**

## **Strategic Plan**

### **Purpose**

The purpose of establishing the strategic plan below is to provide individualized objectives. These objectives will provide a means for determining the success of the ROSC Council as well as guiding its members.

Strategic planning is an organizational management activity that is used to set priorities, focus energy and resources, strengthen operations, ensure that members and stakeholders are working towards a common goal, establishing agreement around intended outcomes and results, and assess and adjust the council's direction in response to a changing environment.

### **Mission, Vision, Values and Goals**

#### ***ROSC Mission:***

"Collaborating to build and empower communities of recovery"

#### ***ROSC Vision:***

- People can and do recover.
- Individuals and families determine the supports and services they need.
- Services and supports are continuous and cohesive across different phases of care and are coordinated across the various agencies involved in their delivery.
- Support of recovery is a community responsibility and value.
- There is inherent flexibility in the system, so it can be responsive to different pathways to recovery.
- Measuring quality and outcomes is a system priority.

#### ***ROSC Values:***

- Recognize the right of a person to direct their own recovery
- Recognizing that there are many models of, and paths to, recovery
- Operate with integrity and a sense of personal responsibility
- Include the "voice" of peers, family members, and the community in planning and decision-making

- Implement programs with competency and good stewardship
- Empower individuals and families
- Embrace cultural diversity

### **ROSC Goals:**

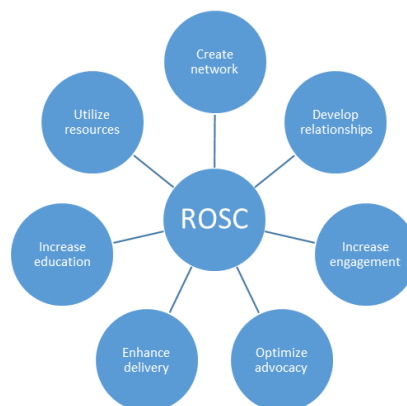
- Inform, educate and empower individuals and communities
- Determine existing services available as well as the needs to expand necessary services in the areas of prevention, treatment, peer recovery support and systems improvement
- Partnerships that are rich and diverse
- Increase in the number of people pursuing recovery, improving recovery capital to strengthen capacity to build and maintain lives in recovery and build recovery sustainability

### **SWOT**



Strengths	Weaknesses
<ul style="list-style-type: none"> <li>• Development of ROSC Council with diverse council members</li> <li>• McDonough County Health Department</li> <li>• Evaluation/intake services</li> <li>• Individual counseling</li> <li>• Outpatient group therapy</li> <li>• Intensive outpatient treatment</li> <li>• WIRC</li> <li>• Relapse prevention services</li> <li>• Medication Assisted Treatment               <ul style="list-style-type: none"> <li>▪ Suboxone</li> <li>▪ Vivitrol</li> <li>▪ Narcan Distribution</li> </ul> </li> <li>• AA</li> <li>• NA</li> <li>• Western Illinois University (AOD) (Campus Security)</li> <li>• McDonough County Drug Court</li> <li>• Fulton County Drug Court</li> </ul>	<ul style="list-style-type: none"> <li>• Community gaps in services</li> <li>• No detoxification facility</li> <li>• No inpatient</li> <li>• No residential treatment facility</li> <li>• No peer ran sober living with various services offered in house</li> <li>• No certified peer specialists</li> <li>• Lacking other options of sober living</li> <li>• Lack of community awareness of services</li> <li>• Market concentration</li> <li>• Grants could be discontinued</li> <li>• Lack of community education involving substance use and mental health issues as well as recovery</li> <li>• Transportation system</li> <li>• Family support and education</li> <li>• Stigma</li> <li>• Lack of grief support groups</li> <li>• Limited number of providers</li> </ul>

<ul style="list-style-type: none"> <li>• AS I Still Rise</li> <li>• North Central Behavioral Health (McDonough Co.)</li> <li>• North Central Behavioral Health (Fulton County)</li> <li>• Prairie State Legal Services</li> <li>• Fulton County Arts</li> <li>• Good Samaritan Wellness Center</li> <li>• Supportive Community</li> <li>• 2-1-1</li> <li>• Illinois Help Line</li> <li>• Faith based support</li> <li>• Collaboration with Police Department</li> <li>• Recognizing successful recovery stories</li> <li>• IRIS</li> </ul>	<ul style="list-style-type: none"> <li>• Lack of employment, housing and other resource opportunities</li> <li>• Poverty</li> </ul>
Opportunities	Threats
<ul style="list-style-type: none"> <li>• Community involvement</li> <li>• Community education</li> <li>• Networking with community stakeholders</li> <li>• Initiatives</li> <li>• Building a culture that nurtures recovery</li> <li>• Building rich and diverse community partnerships and collaborations</li> <li>• Increase the number of individuals pursuing recovery</li> <li>• Advocate for needed services</li> <li>• Connecting communities</li> <li>• Making our communities healthier and stronger</li> <li>• Faith based opportunities</li> <li>• More outpatient treatment options</li> <li>• Positive attitude towards our communities future</li> <li>• Future grants/funding</li> <li>• Increase in sober activities</li> <li>• More sober activities</li> </ul>	<ul style="list-style-type: none"> <li>• Funding</li> <li>• Stigmas</li> <li>• Lack of consistent, ongoing collaboration</li> <li>• Rural demographics (recruitment challenges)</li> <li>• State of Illinois legislative changes</li> <li>• Lack of understanding of rural challenges for treatment</li> <li>• Apathy</li> <li>• Growing opioid epidemic</li> <li>• Absent parents/family</li> </ul>



## On-going Strategic Goal:

**Goal A:** Maintain local ROSC Council meetings

**Objective 1:** The ROSC Council will continue to meet monthly and increase member attendance.

**Activity 1:** ROSC Council meets monthly, every 2<sup>nd</sup> Wednesday of the month on zoom.

**Activity 2:** Continue to update contact email list

**Activity 3:** Email blasts sent out monthly to remind members

**Activity 4:** Two weeks prior to meeting, send out an email invite

**Activity 5:** ROSC Council website will be kept up to date

**Activity 6:** MFCI ROSC Facebook page updated regularly

**On-going Strategic Goal:**

**Goal B:** Community Awareness and Education

**Objective 2:** Inform, educate and empower the community through media outlets and events

**Activity 7:** Utilize Radio platforms for Community Events

**Activity 8:** Utilize social media platforms weekly

**On-going Strategic Goal:**

**Goal C:** Involvement of all schools in McDonough and Fulton Counties in a prevention program through Bridgeway.

**Objective 3:** Adolescence is the critical period to prevent substance use disorders. Implement this program in all schools for the 2022-2023 school year.

**Activity 10:** Speak with school administration and ROE to establish an ongoing relationship.

**Activity 11:** Develop a plan/program that will be sustainable. This includes speaking and providing resources to the schools.

### **On-going Strategic Goal:**

**Goal D:** Increase the amount of peer supported activities in all both counties.

**Objective 4:** Peer activities provide opportunities for peers to interact with each other in a fun, community-based setting that allows for social support and friendships to flourish.

**Activity 13:** Offer education opportunities presented by people with lived experience in a centralized location.

**Activity 14:** Bi-monthly recovery events

**Goal E:** Develop a sober social activity guide

**Objective 5:** It is an extremely important aspect of the recovery process for individuals and families to have a detailed list of family friendly activities to engage in. It is vital for individuals in recovery and seeking recovery (and their families) that they have a safe place to have fun, network and interact with like-minded people.

**Activity 15:** Participation from council members to develop a list of ongoing/upcoming sober social events.

**Activity 16:** The council members will determine which activities and events constitute a sober social event that is recovery oriented and safe for those in recovery.

**Activity 17:** The formation and implementation of a simple scanning mechanism such as (but not limited to) a QR code. This will create an easy efficient way for people to access the pdf document that will list the available sober social activities events and calendar.

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