

# Logan/Mason ROSC Meeting Notes

October 19<sup>th</sup>, 2023

## **Attendance:**

Abby Behrens (Brightpoint)  
Leann Courson (ROSC Mentor)  
Jeanette Davis (Health Systems)  
Kara Davis (Logan County Health Department)  
Cassie Delaney (Memorial Behavioral Health)  
Nadia Klekamp (Chestnut Health Systems)  
Molly McCain (Lincoln Memorial Hospital)  
Adam Snell (Chestnut Health Systems)  
Danny Sourbis (DuPage County ROSC)  
Tyler Wenger (Chestnut Health Systems)  
Naomi Willis (Gateway Foundation)

## **Old Business:**

The Recovery Walk went very well. There was a moment of silence for those we've lost to this struggle. There was a two-page write-up with over 90 pictures from the event shared by Lincoln Daily News. Thanks to all the sponsors and all who were there to host a resource table.

The 2023 Statewide ROSC Conference was a great time for those who attended. It was a great way to gather information and learn more. With recovery and harm reduction efforts, the word "abstinence" doesn't always encompass what recovery means for everyone. This was a discussion that happened at the Statewide ROSC Conference.

## **New Business:**

During the meeting there was a "Check-In." Attendees mentioned what has been going well with the ROSC project. Also shared were things that could be going better. Lastly, attendees provided ideas on how they can all be supported.

One thing that has been going well with the ROSC project is meeting attendees being able to know of different tools, resources, and referral networks to help the people they work with. We are incredibly interconnected and the more we are aware of what's available out there, the easier it is for us to be able to connect. Another thing that is working well is making progress on stigma reduction. Mental health and substance use can go hand in hand. Stigma is something we fight all the time and this ROSC group does a really good job of bringing the issue of stigma to a lot of other different groups. This group has done a great job of spreading the accessibility of harm reduction options in our community. Having a conversation and helping each other out with resources is a strength of the group. This is a space where connection is encouraged.

As far as what can go better, it was mentioned that there are pros and cons to in-person meetings. In-person meetings can work well since being on a computer can be distracting. Being in-person can help with getting more attention and collaboration from others. A suggestion for doing better is sending people an invitation or encouraging them to re-commit their time to join the meetings (those who don't come anymore).

If there is a way that the ROSC can support you or your organization, let the group know.

### **On-Going Projects:**

Harm reduction resources are now available at the Havana Public Library. The Logan County Health Department is a place to get harm reduction resources as well. NARCAN, fentanyl test strips, and Xylazine test strips are available for free in a vending machine at Family Custom Cleaners in Lincoln, IL.

### **Recovery In Action:**

The participants have doubled over this past year. If people have an interest in getting involved in the recovery community, please refer them. The next meeting will be on November 14<sup>th</sup> at 4:30 p.m. at the new location (200 5<sup>th</sup> Lincoln St., Lincoln, IL). If you need flyers or cards for Recovery Meeting times, please let Jeanette know; they can be delivered or mailed to you. These are a quick and easy way to spread the word.

### **Latest News and Updates:**

Naomi Willis works with Gateway Foundation. They have a residential facility in Springfield, which is the closest to Logan and Mason County. There will be a facility opening in January in Bloomington. It is confirmed that there will be an opening in Peoria as well around March. If you have someone with you who could benefit from Gateway services, you can give Naomi a call directly. If Naomi can't do the screening right then and there, she can connect that individual to someone who can. A 24-hour number is always available to call.

Cassie Delanie has been encouraging the 988-hotline number. 988 isn't being utilized as much in Logan County. If someone needs a person to talk to, you can call, text, or chat at 988. It can be you, a family member, or a plan who contacts that number. This can help connect resources that may be available in that individual's area. There is a crisis line and a main number. There are also telehealth and in-person services available (the closest in-patient psychiatric facility is in Springfield).

Molly McCain mentioned that she focuses a lot on health outside of the hospitals. Anyone can come to the next Community Health Collaborative meeting at Lincoln Memorial Hospital on December 14<sup>th</sup>. They are working on the Community Health Needs Assessment for 2024. Molly is putting focus groups together and would like to have people in recovery included.

Kara Davis mentioned that the ROSC group could let people know that NARCAN, Xylazine test strips, and Fentanyl test strips are available at the Logan County Health Department. They also do free STD testing

(Hepatitis C, HIV, Gonorrhea, Chlamydia, and Syphilis). There is also free treatment available for everything except HIV and Hepatitis C, but the individual would be set up with a treatment plan for that.

Jeanette mentioned that if your organization has logistical changes, we would like to be able to share that information with everyone else.

**Contact Info:**

- Jeanette Davis- Recovery Specialist
  - [jedavis@chestnut.org](mailto:jedavis@chestnut.org) ; 217-871-3208
- Grace Irvin- Prevention Coordinator
  - [gcirvin@chestnut.org](mailto:gcirvin@chestnut.org) ; 309-451-7776
- Nadia Klekamp- Director of Integrated Community Education
  - [nfklekamp@chestnut.org](mailto:nfklekamp@chestnut.org) ; 309-824-3765

**Next Meeting:**

- Thursday, November 16<sup>th</sup> at 2:00 p.m.
  - Join Zoom Meeting:  
<https://zoom.us/j/93561727220?pwd=TDVsWHRJdldYWnRnb2dnVFJTaTByQT09>
  - Meeting ID: 935 6172 7220 / Passcode: 395255

**End of Meeting:**

2:57 p.m.