

**Strategic Plan**  
**Effingham County ROSC Council (EfCRC)**

**Region:** ROSC Region 4  
**Lead Agency:** Hour House  
**County:** Effingham County

**Contacts:**  
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**Purpose of the Strategic Plan:**

- The purpose of the Effingham County Recovery Oriented Systems of Care Council (ROSC) Strategic Plan is to provide individualized goals broken down through activities to help achieve the objectives for each goal.

**Goal A:** Conduct and maintain local ROSC Council meetings. (Continue Goal, FY 24)

**Objective 1:** The ROSC Council will continue to meet monthly and members will have a 75% attendance rate.

*Activity 1:* Set calendar of ROSC Council meetings.

*Activity 2:* Maintain an e-mail list to communicate with ROSC Council members.

*Activity 3:* ROSC Council members will reach out to non-attending members to increase participation.

*Activity 4:* Assess and make any adjustments to time of day, type, and location of meetings to increase participation.

**Objective 2:** The ROSC Council Administration will stay in consistent communication with ROSC Council members.

*Activity 5:* Within 5 business days of each council meeting, send meeting minutes to all ROSC Council members.

*Activity 6:* Two weeks prior to the council meeting, send a reminder to each ROSC Council member.

*Activity 7:* Three days prior to the council meeting, send a reminder to each ROSC Council member.

*Activity 8:* The ROSC admin will relay opportunities for webinars, trainings, and local events to increase awareness and highlight education and resources for SUD. (Added, FY24.)

**Goal B:** Fulfill stakeholder required categories. (Continue Goal, FY 24)

**Objective 3:** The ROSC Council Administration will recruit 2 members to Council quarterly.

*Activity 9:* Maintain a comprehensive and current list of prospective stakeholders in the county.

*Activity 10:* The ROSC Council will increase council member representation by one new member quarterly.

*Activity 11:* We will reach out to each prospective stakeholder by phone or e-mail, to explain our purpose and seek out their possible involvement.

**Objective 4:** The ROSC Council Administration will monitor retention of community stakeholders each month.

*Activity 12:* Provide an attendance sheet at each meeting to ensure stakeholder representation.

*Activity 13:* ROSC Admin will monitor ROSC defined sector fulfillments and identify vacancies during ROSC Council meetings.

*Activity 14:* The ROSC admin will conduct five presentations on the ROSC concept and Strategic Plan to community stakeholders. (Completed FY24.)

**Goal C:** Identify local ROSC Council community needs. (Continue Goal, FY24)

**Objective 5:** The ROSC Council Administration will poll council members on the barriers and needs in the community related to substance use and recovery.

*Activity 15:* The ROSC Council will host bi-annual focus groups to perform a SWOT analysis.

*Activity 16:* Send the strengths and barriers list to the ROSC Council members via e-mail for review of members not in attendance.

**Objective 6:** The ROSC Council Administration will conduct a community needs assessment on a yearly basis.

*Activity 17:* Update the needs assessment by providing the most recent data available concerning the county.

*Activity 18:* Distribute the needs assessment to each stakeholder via e-mail.

*Activity 19:* Provide the survey, at the following council meeting, for those stakeholders who have not completed the survey.

*Activity 20:* Compile and distribute the community needs assessment data.

**Goal D:** The ROSC Council will assist in connecting key stakeholders with people in need of substance use disorder treatment and/or recovery.

**Objective 7:** The ROSC Council Administration will aid in the development of a plan to bring Persons with Lived Experience (PLE's), into the hospital for patient consultation. (Objective Achieved, FY22, Gateway Foundation Warm Handoff Program)

**Objective 8:** The ROSC Council will coordinate efforts to assist in developing alternative transportation methods for treatment services and/or recovery meetings. (Continue Objective, FY24)

*Activity 21:* Meet with the appropriate stakeholders to assess the barriers to transportation across the continuum of care for substance use.

*Activity 22:* Determine transportation options by next quarter following said meeting (i.e. PLE's, public transportation, churches, grants, etc.).

*Activity 23:* Identify funding opportunities to enhance transportation for recovery-orientated needs. (Added, FY24.)

**Goal E:** Develop additional support systems for persons in recovery and their families. (Updated FY 24)

**Objective 9:** The ROSC Council will raise awareness among the general public of the community about substance use disorder within the county.

*Activity 24:* Work with area media outlets (Premier Broadcasting & Effingham Daily News) to inform the general public about substance use and recovery.

*Activity 25:* Distribute Effingham County recovery resource brochures list that provide available local treatment options in the area to be freely distributed by all collaborative partners.

*Activity 26:* Distribute local recovery meeting lists to all organizations. (Added, FY24.)

*Activity 27:* Distribute state and national information campaigns. (FY 24)

*Activity 28:* Coordinate local resource information campaigns as needed. (FY 24)

*Activity 29:* Participate in area health and wellness resource fairs and information campaigns. (FY 24)

*Activity 30:* Distribute ROSC and Recovery Navigator information brochure and additional recovery-orientated materials. (FY 24)

**Objective 10:** Within five years, the ROSC Council will develop a social media page, via Facebook, to support people needing treatment and/or recovery and their families. (Objective completed, FY23.)

*Activity 31:* ROSC Admin and Recovery Navigator will post and share county specific events and trainings on the ROSC Facebook page.

*Activity 32:* Highlight and share organizations across east central Illinois that will benefit our target audience.

*Activity 33:* Develop QR code for ROSC Social media page. (Completed, FY24.)

**Goal F:** The ROSC Council will assist in connecting key stakeholders with persons in need of substance use disorder education and resources. (Goal Added, FY 23)

**Objective 11:** Provide education/wellness groups within organizations with high risk individuals upon request.

*Activity 34:* Develop a curriculum approved by the Hour House Program Director.

*Activity 35:* Sign working agreements/MOUs with organizations with scheduled education groups within their organizations. (i.e. Family Life Center, Family Connections, probation, jail)

**Objective 12:** Provide wellness groups open to the public promoting recovery from substance use disorder.

*Activity 36:* Develop and maintain list of available locations to be used for educational groups (Completed objective, FY24.)

*Activity 37:* Maintain local resource lists to be provided to individuals in need of services.

**Objective 13:** Increase awareness and information for health promotion around harm reduction and services.

*Activity 38:* Provide information on social media on where/how to access harm reduction services and programs.

*Activity 39:* Work with partnering agencies to share social media posts and educational materials.

*Activity 40:* Provide stakeholders updates on harm reduction services, supplies and resource guides.

*Activity 41:* Identify community-wide location sites for placement of harm reduction materials. (Added, FY24.)

**Objective 14:** Provide Naloxone training and distribution within the community.

*Activity 42:* Identify training opportunities that are currently not offered by the Effingham County Health Department (Objective completed, FY24.)

*Activity 43:* Target local businesses, schools, helping agencies, and churches for trainings (Added, FY24.)

*Activity 44:* Report distribution of Naloxone to DOPP website and maintain expiration dates for tracking purposes.

*Activity 45:* Track distribution of Narcan and training in Effingham County to assist in community needs assessments and possible funding avenues for FY25 (Added, FY24.)

**GOAL G:** Provide start-up support to the Effingham Police Department Safe Passages. (Continued Goal, FY24)

**Objective 15:** Provide increased and open communication.

*Activity 46:* Make successful contact with the Effingham Police Department to discuss outcomes of the Safe Passage Program.

*Activity 47:* Assist the Effingham Police Department in analyzing current needs for the Safe Passage Program.

*Activity 48:* Collaborate with the Effingham Police Department in identifying additional opportunities for funding sources to aid the Safe Passage Program.

**Objective 16:** Provide education and Narcan Training to the Safe Passage volunteers.

*Activity 49:* The ROSC Council will assist the Effingham Police Department Safe Passage Program to establish an up-to-date volunteer transportation list.

*Activity 50:* The ROSC Council will aid in training volunteers in harm reduction methods who are transporting individuals to treatment.

*Activity 51:* Provide received additional education and training regarding addiction and recovery-oriented materials.

**GOAL H: Collaborate with community schools to provide education on substance use and harm reduction resources.** (Added Goal, FY24.)

**Objective 17:** Provide increased and open communication.

*Activity 52:* Reach out to Unit #40 school administrators, teachers, and counselors via e-mail, word of mouth, or phone.

*Activity 53:* Provide schools with connections to Hour House Prevention services.

*Activity 54:* Coordinate PLEs to be speakers at assemblies or during health classes.

*Activity 55:* Engage schools to participate in Red Ribbon week annually.

*Activity 56:* Facilitate Narcan training and materials to staff and/or students.

**GOAL I:** Assist in developing a recovery support group for adolescents. (Added Goal, FY24.)

**Objective 18:** Identify an individual or organization to partner in this effort.

*Activity 57:* Connect with already established support groups that assist adolescents, teens (if applicable.)

*Activity 58:* Contact Mentorship Program Unit #40 to assess rule/regulations of an adolescent/teen support group.

*Activity 59:* Identify activities and curriculum for support group.

**GOAL J:** Maintain ROSC presence in the community by assisting and/or hosting sober events suggested by the PLE Advisory Subcommittee. (Added Goal, FY24.)

**Objective 19:** Meet with PLE Advisory committee 1-2 times a month to discuss ideas for events within the community for PLEs and families.

*Activity 60:* ROSC admin will maintain and post updates about needs/volunteers for various events in ROSC PLE Advisory Committee Facebook page.

*Activity 61:* PLEs will recruit new members regularly to distribute tasks/responsibilities as needed.

*Activity 62:* Identify reasons behind events to enhance attendance (what would PLEs desire to see—I.e. fellowship, sober place to go, resources, speakers, etc.)