Community Asset Mapping FY24 Coles County ROSC Council (CCRC)

Region: ROSC Region 4 Agency: Hour House ROSC County: Coles County Contacts: ROSC Coordinator, Dana Tell ROSC Program Supervisor, Karen Cook

Purpose of the Community Asset Mapping: To document a community's existing resources and assets, incorporating these strengths into community ROSC and RCO development work.

Community Asset Directory

Appendix A. Substance Use Disorder and Co-Occurring Disorders Resources

Appendix B. Medication Assisted Treatment Services

Appendix C. Licensed Substance Use Disorder and Co-Occurring Disorders (Mental Health and Substance Use) Prevention and Treatment Resources

Appendix D. Recovery Support Services

Appendix E. Peer Recovery Support Professionals

Appendix F. Mental Health & Substance Abuse

Appendix G. Recovery Residences

Appendix H. Housing Support

Appendix I. Education Support

Appendix J. Providers for Justice Support

Appendix K. Harm Reduction

Appendix L. Community Resources

Community Readiness to support the ROSC and RCO Development Strengths Opportunities

ROSC Technical Assistance Priorities for ROSC Expansion

Appendix A: Substance Use Disorder

Chestnut Health System

1003 Martin Luther King Jr. Dr. Bloomington, IL 61704 888-924-3786 www.chestnut.org

Comprehensive Connections

16342 N IL HW 37, Mount Vernon, IL 62864 618-242-1510 X4 www.compconnect.org

Elements at Crossing Health

420 E. Central Ave., Decatur, IL 62524 217-877-9117 www.crossinghealthcare.org

Gateway Foundation Springfield

2200 LK Victoria Dr., Springfield, IL 62703 217-529-9266 X2670 www.gatewayfoundation.org

Heritage Behavior Health Center

151 N Main St., Decatur, IL 62523 217-362-6262 www.heritagenet.org

Hour House

635 Division Street, Charleston, IL 61920 217-348-8108 www.Hourhouserecovery.org

New Vision Withdrawal

200 S. Cedar Street Shelbyville, IL 62505 217-716-2145 www.specialcarecorp.com

RISE Behavioral Health & Wellness

114 W Houghton St, Tuscola, IL 61953 217-253-4137

Rosecrance Inc. Moreland

2302 Moreland Blvd. Champaign, IL 61822 815-391-1000 www.rosecrance.org

The Pavilion

809 W Church St., Champaign, IL 61820 618-373-1700 www.pavilionhospital.com

Appendix B.: MAT (Medication Assisted Treatment) Services

Bloomington Normal Treatment Center 303 Landmark Dr. Suite 2-B Normal, IL 61761 309-808-2388

Chestnut Health Systems 702 Chestnut St. Bloomington, IL 61701 309-827-6026

Douglas County Health Center

1250 E. U.S. Hwy. 36 Tuscola, IL 61953 217-253-4137 https://www.dchealthil.org/

Family Guidance Centers

120 N 11th St, Springfield, IL 62703 217-544-9858

Illinois Helpline for Opioids and Other Substances

833-234-6343 Helplineil.org

SIHF Healthcare

626 W Lincoln Ave, Charleston, IL 61920 217-345-7702

Appendix C: Licensed SUD Prevention and Treatment Resources

Chestnut Health Systems

1003 Martin Luther King Dr. Bloomington, IL 61701*Detox, Adult Residential, and Outpatient/Intensive Outpatient Treatment Services 309-827-0818

Hour House

635 Division Street, Charleston, IL 61920 Stabilization and Transition Unit, Detox, Adult Residential, and Outpatient/Intensive Outpatient Treatment Services 217-348-8108 www.Hourhouserecovery.org

Appendix D: Recovery Support Services

Addiction Guide 866-525-8023 http://www.addictionhelp.com/

Adult Children of Alcoholics & Dysfunctional Families https://adultchildren.org/

AA- East Central Illinois District 12 Alcoholics Anonymous 217-373-4200 (24/7 hotline) http://aa-eci.org/

Al-Anon Family Groups, 888-425-2666

Al-Anon (Electronic) https://al-anon.org/

Alateen (Electronic) https://al-anon.org/

Celebrate Recovery https://celebraterecovery.com

https://eelebratereeovery.com

Coles County Courthouse (Problem Solving Courts – Drug Court)

651 Jackson Ave., Charleston, IL 61920 WWW.colesco.illinois.gov 217-348-0501

Coles County Recovery Oriented System of Care (ROSC) *Peer Support Education Resources

513 N 15th St Mattoon IL, 61938

Community Support Services - Life Links

750 Broadway Ave. East Mattoon, IL 61938 217-238-5700 http://www.lifelinksinc.or

Crisis and Referral Entry Services (CARES) Line 800-345-9049 (24 Hours)

Department of Human Services/Department of Mental Health (DHS/DMH) Recovery Support Specialists

Community Asset Mapping, updated, October 2023

Nanette Larson-Director, Recovery Support Services 309-346-2094 ext.407 Or Tom Troe 309-346-2094 ext.409

Eating Disorder Anonymous

www.eatingdisordersanonymous.org

HOPE of ECI – Coalition Against Domestic Violence 217-348-5931

Illinois Domestic Violence Helpline

877-863-6338

Illinois Cares Hotline- At Risk Youth (24/7)

Sass Program 1-800-345-9049 https://dscc.uic.edu/dscc_resource/illinoiscares-line-24-7/

Illinois Helpline for Opioids and Other Substances 833-234-6343

Illinois Mental Health Collaborative

W.R.A.P. 866-359-7953

Journey Counseling

121 W. State St. Charleston, IL 61920 (217) 345-4642

NAMI Family Support and Connection Recovery Group

Held at West Olive Faith United Methodist Church- last Saturday of the month 1306 W. Olive St. Bloomington, IL 61701 309-828-7052

National Alliance on Mental Illness (NAMI) Family Support and Connection Recovery Group

Held at Chestnut Health Systems-1st and 3rd Saturdays of the month 1003 Martin Luther King Dr. Bloomington, IL 61701 309-827-6026

National Alliance on Mental Illness (NAMI) Family Support and Connection Recovery Group

Covers Champaign, Coles, Douglas, Effingham, Ford, and Vermillion Counties P.O. Box 3552 Champaign, IL 61826-3552 Warm Line: 217-419-5345 Info@namichampaign.org

PFLAG

712 6th St Charleston, IL 61920 pflagcharlestonil@gmail.com

The Warm Line (Peer and Family Support by phone)

866-359-7953 (Monday- Friday 8-5pm)

Sarah Bush Community Online Resource Directory (CORD) 1-866-511-2673

https://www.sarahbush.org/cord/

Self-Management and Recovery Training (SMART) Recovery Support Group - Online

www.smartrecovery.org

Sexual Assault Counseling and Information

Service- SACIS 825 18th St Suite 409 Charleston, IL 61920 217-348-5033 http://www.sacis.org/

Speakers Bureau - Faces of Recovery

750 Broadway Avenue East Mattoon, IL 61938 217-238-5701 http://www.lifelinksinc.org

Suicide and Crisis LifeLine

988 (24/7)

Appendix E. Peer Recovery Support Professionals

Coles County ROSC

513 N. 13th Street, Mattoon, IL 61938 217-549-7516

Hour House

635 Division Street, Charleston, IL 61920 217-348-8108 www.Hourhouserecovery.org

Appendix F: Mental Health & Substance Use

Treatment programs and mental health services specializing in long-term Dual Diagnoses and treatment has- been identified as a gap in the community. The facilities below do treat clients

with co-occurring disorders (i.e. clients who have mental health diagnoses are treated for substance use disorder), but typically not for residential treatment stays longer than 21-28 days.

Hour House

635 Division Street, Charleston, IL 61920 217-348-8108 www.Hourhouserecovery.org

LifeLinks

750 Broadway East, Mattoon, IL 61938 217-238-5700 www.lifelinksinc.org

SBL Psychiatry and Counseling

1005 Health Center Drive #102 Mattoon, IL 61938 217-258-4042

Appendix G. Recovery Residences

Elements at Crossing Health

420 E Central Ave, Decatur, IL 62521 www.crossinghealthcare.org 217-877-9117

Gateway Foundation

2200 LK Victoria DR, Springfield, IL 62703 217-529-9266 X 2670 www.gatewayfoundation.org

Hour House

635 Division Street, Charleston, IL 61920 217-348-8108 www.Hourhouserecovery.org

Rosecrance

2302 Moreland Boulevard, Champaign, IL 61822 866-330-8729

Appendix H: Housing Support

Coles County Habitat for Humanity

990 W. State St., PO Box 945 Charleston, IL 61920 217-348-7063 http://www.colescountyhabitat.net/

Coles County Housing Authority

109 Prairie Ave., Mattoon, IL 61938 217-235-4175

Clothing/Household Items/Furniture

Vouchers- Salvation Army Mattoon Corps

1300 Richmond Ave. Mattoon, IL 61938 217-234-3915 https://centralusa.salvationarmy.org/midland/mattoon/

ERBA Community Action

696 Castle Drive Charleston, IL 61920 217-500-3120 www.erbainc.org

Hope of East Central Illinois (Domestic Violence) 888-345-3990 Call for appointment

Matthew25 PO Box 254, Charleston, IL 61920 217-790-5150

The Haven (Homeless Shelter)

1812 Western Ave., Mattoon, IL 61938 217-234-3877 www.MattoonHaven.org

Appendix I. Education Support

Charleston Carnegie Public Library

712 6th St, Charleston, IL 61920 217-345-4913

Charleston Collaboration for Youth

825 18th St. Charleston, IL 61920 217-348-0530

Eastern Illinois University 600 Lincoln Ave, Charleston IL, 61920

GED/Adult Literacy Program

Lake Land College Workforce Development Center, Main Campus 5001 Lake Land Blvd. Mattoon, IL 61938 217-238-8292 adult.education @lakelandcollege.edu

GED/Adult Literacy Program

Eastern Illinois University, Booth Library Room 4450 Charleston, IL 61938 Contact Lake Land College:217-238-8292 Adult.education@lakelandcollege.edu

Literacy for all ages

Mattoon Public Library 1600 Charleston Ave. Mattoon, IL 61938 217-234-2621 info@mattoonlibrary.org

Mattoon Public Library

1600 Charleston Ave, Mattoon IL, 61938 217-234-2621

Oakland Community Memorial Library

114 West Main Street, Oakland IL, 61943

Parenting- Earn While You Learn

260 W. Locust Ave. Charleston, IL 61920 217-345-5000 https://choices4.me

School Assistance and Support - Regional

Office of Education 730 7th St. Charleston, IL 61920 217-348-0151 https://roe11.org/

Appendix J. Providers for Justice Support

Coles County Courthouse (Problem Solving Courts – Drug Court)

651 Jackson Ave., Charleston, IL 61920 WWW.colesco.illinois.gov 217-348-0501

Illinois Guardianship and Advocacy Commission

Human Rights Authority East Central Regional Office 2125 South First Street, Champaign, IL 61820 Office: 217-278-5577 Statewide intake 1-866-274-8023

Land of Lincoln Legal Aid 737 Windsor Rd, Charleston IL, 61920 217-883-4355

Mattoon Police Department (Safe Passages Initiative) 1710 Wabash Ave., Mattoon, IL 61938

217-235-5451 Non-Emergency Line www.mattoon.illinois.gov

Appendix K. Harm Reduction

NARCAN is a medication that can block or reverse the effects of an opioid overdose. Anyone can easily use NARCAN to save the life of someone overdosing on opioids, including heroin or prescription medicines like OxyContin® or Percocet®. If you or your agency would like to receive additional training on using NARCAN, please get in touch with the Coles County ROSC at danat@hourhouserecovery.org. If you or someone you know is overdosing and needs immediate attention, please call 911. In the instance you are with that individual, the Good Samaritan Law states that anyone who calls for help or drops off someone experiencing a drug overdose will not receive charges for possession of paraphernalia. One limitation of this law is that the person who overdosed is not covered, and any other crime committed at the scene is not protected by law.

Appendix L. Community Resources

Al-Anon Family Groups, 888-425-2666 Alcoholics Anonymous East Central Illinois District 12, 217-373-4200 Ashmore Fire Protection District 202 S. Illinois St., Ashmore, IL 61912 Ashmore Food Pantry 212 N Oakland Rd., Ashmore, IL 61912 217-549-3493 Care Horizon, INC 845 18th St. Charleston, IL 61920217-849-3803 Carle Medical Center 200 Lerna Rd. South, Mattoon, IL 61938 217-258-5900 Catholic Charities 4217 Dewitt Ave., Mattoon, IL 61938 217-235-0420 Celebrate Recovery 411 Jackson Ave., Charleston IL, 61920 217-273-3980 Charleston Fire Department Station #1 404 10th Street, Charleston, IL 61920 217-345-2132 Charleston Fire Department Station #2 1510 A Street, Charleston, IL 61920 217-345-2133 Child Care Resource and Referral 600 Lincoln Ave. Charleston, IL 61920 217-345-2188 Choices Pregnancy and Health 260 West Locust Avenue Charleston, IL 61920 217-345-5000 Coalition for People in Need 990 W. State St., Charleston, IL 61920 217-345-5099 Coles County Habitat for Humanity 990 W. State St. Charleston, IL 61920 217-348-7063 Coles County Habitat for Humanity Restore 520 W. Lincoln Ave., Charleston, IL 61920 217-348-7066 Coles County Health Department 825 18th St. Charleston, IL 61920 217-348-0530 Coles County Sheriff's Office 701 7th St., Charleston, IL 61920 DCFS Child Abuse Hotline 1-800-252-2736 Dial A Ride 11021 E. County Road 800N, Charleston, IL 61920 217-639-5169

DHS Mid-Illinois Family Community Resource Ctr. 1550 Douglas St., Charleston, IL 61920 217-345-2188 Eastern Illinois Police Department 614 6th St., Charleston, IL 61920 Elliott Counseling Group 105 8th St. Mattoon, IL 61920 217-389-9066 ERBA 696 Castle Drive., Charleston, IL 61920 217-500-3120 ERBA 416 S. 17th St. Mattoon, IL 61938 217-961-0831 Hour House 635 Division St., Charleston, IL 61920 217-348-8108 Housing Authority of Coles County 109 Prairie Ave., Mattoon, IL 61938 217-235-4175 HOPE of East Central Illinois 217-348-5931 Humboldt Fire Protection District 400 Commercial St., Humboldt, IL 61931 217-856-2214 Illinois Emergency Management 1-800-782-7860 (24hr Response Line) Illinois Warm Line 1-866-359-7953 Journey Professional Counseling 121 W. State St. Charleston, IL 61920 217-345-4642 Life Links 750 Broadway Ave. East, Mattoon, IL 217-238-5700 Lifespan Center 11021 E. Co. Rd. 800N, Charleston, IL 61920 217-639-5150 Mattoon Community Food Center 600 Moultrie Ave. Mattoon, IL 61938 217-258-8321 Mattoon Fire Department Station #1 1812 Prairie Av., Mattoon, IL 61938 217-235-0931 Mattoon Fire Department Station #2 2700 Marshall Ave., Mattoon, IL 61938 217-235-0933 Mattoon Police Department 1710 Wabash Ave., Mattoon, IL 61938 Mid-Illinois Big Brothers Big Sisters 825 18th St. #5 Charleston, IL 61920 217-348-8741 NAMI Family Support and Connection Recovery Group 217-419-5345 Narcotics Anonymous New Beginnings Area, 800-539-0457 National Suicide Prevention Hotline 1-800-273-8255 National Youth Suicide Hotline 1-800-621-4000 Oakland Fire Protection District 40 E. State Highway 133, Oakland, IL 61943 217-346-2034 Oakland Senior Center 106 West Main St., Oakland, IL 61943 217-346-3511 One Hope United 701 Monroe Ave. Charleston, IL 61920 217-294-6727 Parent Help Line 1-855-427-2736 Refuge Recovery admin@refugerecovery.org Sail Soyland Access to Independent Living 707 Windsor Rd Suite B, Charleston, IL 61920 217-345-7245 Sarah Bush Lincoln Hospital 1000 Health Center Dr., Mattoon, IL 61938 217-258-2525 Sarah Bush Lincoln Walk-in Clinic 2040 Lincoln Ave., Charleston, IL 61920 217-345-2030 Sarah Bush Lincoln Walk-in Clinic 200 Dettro Drive, Mattoon, IL 61938 217-238-3000 SIHF Healthcare 700 Broadway Ave. E #39, Mattoon, IL 61938 217-234-3091 SIHF Healthcare 626 W. Lincoln Ave., Charleston, IL 61920 217-345-7702 Smart Recovery Smartrecovery.org Standing Stone Community Center 375 N. 14th St. Charleston, IL 61920 217-348-6085 Supportive Services for Veteran Families 217-493-3103 United Way of Coles County 114 N. 16th St., Charleston, IL 217-234-8022 Veterans Support Coalition www.colescountyveterans.org The Salvation Army 1300 Richmond Ave., Mattoon, IL 61938 217-235-5667 The Illinois Family Resource Center 217-258-6018 www.illinoisfamilyresources.org

The Haven 1812 Western Ave., Mattoon, IL 61938 217-348-6085 Triple M Transport <u>www.triplemdestination.com</u> 888-588-5543

Community Readiness

The professional and lived experience recovery communities have demonstrated enthusiasm and willingness to participate with the Coles County ROSC efforts, under the lead agency Hour House. The team is continuously seeking to bring new stakeholders to the table, in order to ensure that a wide array of roles and perspectives is represented. This includes those organizations and agencies listed in the Community Resources Appendix.

Community readiness is also deemed positive due to the following:

- Strong interest in ROSC Council meetings.
- Good representation from lived experience communities, particularly Narcotics Anonymous and Celebrate Recovery.
- Good support in the community from business owners. Many Business owners have a working agreement with the Hour House to be a Drug Overdose Prevention Program (DOPP) distribution site.

The following opportunities are available to support the ROSC and a Recovery Center Organization:

- Identify "wraparound" solution that inventories all the various organizations' services and support, to better increase awareness among professionals and recoverees about multitude of resources available in the community.
- Look at community providers to see if they can expand their supports to individuals in recovery who need transportation to work, recovery groups, or childcare.
- Continue discussions among council members to further clarify requirements for implementing identified gaps in services.
- Research community providers to fill the service gaps for individuals in recovery. Possible service expansion into more rural areas within Coles County.

Priorities for Expansion

The Coles County ROSC will require continuous commitment and involvement from its stakeholders in order to overcome many of the risks and challenges associated with invoking change in a community-wide fashion. Risks to the project effort could include member complacency, key stakeholders missed or not involved, lack of funding, loss of buy-in or interest, *too many* perspectives to the point the council becomes unwieldly, groupthink about certain priorities (if Council membership not kept fresh), and other potential issues that may be identified further into this effort. With this in mind, some of the measures required to continue expanding the ROSC are as follows:

- Continual Council Membership Recruitment
- Provide training and education within the ROSC Framework

Community Asset Mapping, updated, October 2023

- Continue to enhance and distribute harm reduction materials in the community.
- Educational Sessions such as Disease Concept, Stigma Reduction, MAT Services, 12 Steps, Different Recovery Paths, Racial Equity, Parenting, Pathways to Spirituality, ACEs etc.
- Sustained research of Services and Supports offered to individuals covering areas of the recovery spectrum