

Recovery Oriented System of Care McDonough/Fulton County ROSC Council Meeting Minutes

Location: Zoom

Date: October 11th, 2023

Time: 2:00pm

- 1. Welcome and Introductions
- 2. Agency Updates
- 3. Presenter Tonya Davis As I Still Rise
- 4. Questions, Comments, & Open sharing

Sign In: 19 Attendees

6 PLE

The October McDonough/Fulton County ROSC meeting was a success. We had representation from 15 agencies. Agencies represented included; Bridgeway, Inc, Fulton Mason Crisis Services, Center for Youth and Family Services, WIRC, Phoenix Community Development Services, Spoon River Community College, Oxford House Inc, AHEC, Birth to 5, Trinity Lutheran CHurch, As I Still Rise, University of Illinois Extension, North Central Behavioral Health, West Central Illinois ROSC, and Genesis Garden. We also had 6 PLE in attendance. The featured presenter was Tonya Davis. Tonya explained the services she offers through her not for profit organization "As I Still Rise" and her food company "Phoenix Food Shack". Tonya supports many pathways to recovery and considers recovery and helping people to be her primary purpose in life. The McDonough/Fulton County ROSC attendees were highly engaged and appreciative of all information. This is a great way to inform council members and agencies of services in our area. Coordinator has met with Region 3 mentor and superiors at Bridgeway, Inc. to continue to network, engage community, and follow protocols.

Welcome

ROSC Mission:

Welcome

ROSC Mission:

"Collaborating to build and empower communities of recovery"

ROSC Vision:

- People can and do recover.
- Individuals and families determine the supports and services they need.
- Services and supports are continuous and cohesive across different phases of care and are coordinated across the various agencies involved in their delivery.
- Support of recovery is a community responsibility and value.
- There is inherent flexibility in the system, so it can be responsive to different pathways to recovery.
- Measuring quality and outcomes is a system priority.

ROSC Values:

- Recognize the right of a person to direct their own recovery
- Recognizing that there are many models of, and paths to, recovery
- Operate with integrity and a sense of personal responsibility
- Include the "voice" of peers, family members, and the community in planning and decision-making
- Implement programs with competency and good stewardship
- Empower individuals and families
- Embrace cultural diversity

ROSC Goals:

- Inform, educate and empower individuals and communities
- Determine existing services available as well as the needs to expand necessary services in the areas of prevention, treatment, peer recovery support and systems improvement

- Partnerships that are rich and diverse
- Increase in the number of people pursuing recovery, improving recovery capital to strengthen capacity to build and maintain lives in recovery and build recovery sustainability