

Minutes

Attendance and Introductions

Coles County ROSC Recovery Navigator, Gabe Sergent

Coles County ROSC Recovery Coordinator Dana Tell

Statewide ROSC Region 4 TA, Julie Pohlman – Via Zoom

Wingman Ministries, Gary Stephen

Community Member, Todd Brooks

Lifelinks, Christina Hughes

Dial A Ride, Stephanie Burton

Triple M Transport, Megan Janes

Hour House Prevention, Tia Coleman

East Central Illinois ROSC Supervisor, Karen Cook – Via Zoom

Douglas County ROSC Coordinator, Leanna Morgan – Via Zoom

ROSC Region 4 Mentor, Jenna Hays – Via Zoom

SAIL, Brenda Ingle- Via Zoom

Navigator News:

Jail Update- Gary provided insight on his meeting with the Coles County sheriff after last month's Council meeting. Gary explained that Sheriff Kent Martin wanted to see how the safety act would affect the jail before allowing the ministries to meet with their inmates. Dana shared with the council that she and Karen have a meeting with Sheriff Martin on October 2nd to follow up on the recovery education groups.

The Haven Update- Gabe said the recovery education groups are going well. Per the Haven's request, Gabe and Skylar (Moultrie Shelby ROSC Council Navigator) now conduct two education groups weekly, one in the morning and one in the afternoon, with different focuses based on the guest's needs.

Educational groups- Gabe asked our council what topics the education groups need. He asked that they think about what they would like to have as topics, discussions, or presentations for the groups he holds in the communities.

Goal Status:

Outreach Plan, Strategic Plan, and Mapping- Dana asked the council members to give input on each deliverable document. Gary asked that the address of Wingman Ministries be changed. Todd volunteered to list 12-step program numbers for the Asset Mapping Document.

MOU- Dana stated that she emails the MOUs out, and if you still need to turn them in, please do.

Activity Updates:

Narcan Distribution Sites- We have 20 locations in Coles County. Hour House (both Charleston and Mattoon locations) Mattoon Public Library, Charleston Carnegie Library, The Haven in Mattoon, SACIS in Charleston, The Mission House, Wingman Ministries, Milk and Honey Coffee House in Mattoon, and the food pantries in Mattoon as Distribution site, Jackson Avenue Coffee in Charleston and C & C Kettlecorn at the Cross-County Mall. Megan asked what it takes to become a Narcan location. Dana explained that any organization or entity can have Narcan or become a distribution site. If it is in an outside box, it needs to be temperature controlled or watched, and Narcan is brought inside if the weather gets too warm or cold. Megan is interested and will think about how she can help. Brenda said if her office is a good location, she will see about SAIL in Charleston becoming a Narcan location.

Narcan Training locations and Dates- The next training will be on the EIU Campus for the Intro into Addictions course. Then, on October 23rd, EIU School of Extended Learning, 4-5 p.m. This is open to the Public; sign up online. If you want a training, let Dana or Gabe know.

Resource Bags- We are still collecting the items for the resource bags. We hope to fill the bags in Early October as we await a few things. There is still time to get your items to Dana and Gabe. These bags will be distributed to the local police departments, the Sheriff's Office, the homeless shelter, The Mission House, Wingman Ministries, and others based on community needs.

The Candlelight Vigil- We had 60-75 people at the event. Kelly R. shared her testimonial on addiction and recovery. Gary read 47 names of people remembered that evening with a moment of silence.

The Fall into Recovery Panel is this Thursday at the Family Worship Center in Charleston. We will have 2 PLEs, 2 Family Members, 2 police officers, and 2 people from recovery centers. We will have Land of Lincoln Legal Aid presenting on Sealing and Expungement. We will have Donuts, popcorn, cookies, water. We will also have resource tables.

October is National Youth Substance Use Prevention Month- Dana brought up this topic and suggested that our Council offer an ACE training and round table discussion for the Youth Serving Organizations in October. The Round Table will discuss "How, as a Community, we can reduce ACEs and promote healing and resiliency." Gary reminded the Council that Austin from the YMCA used to attend Council meetings. Dana said ACE training is being offered over Zoom by CCR&R, so Dana will contact them to see if they will allow us to join them. Dana will see if she can get a separate training and a location. We will invite the YMCA, the libraries, schools, the Children's Advocacy Center, HOPE, the Haven, and the faith-based community. Many from the council asked for more information when it became available.

The Expungement and Sealing Event – The Land of Lincoln Legal Aid is hosting an event in November. We will schedule this as soon as they get back to Dana with available times.

Hobby Fair in Spring- Dana asked the Council if they would like to offer a Hobby Fair to the Recovery Community. Gabe said it is a common complaint that the area has little to nothing to do for those in recovery. Megan said it sounded like a great idea. Dana suggested we work with Lifespan and EIU to find local hobbyists and locations.

Recovery walk in March- Gabe asked the Council about having a recovery walk to get outside and open a discussion about recovery. Dana asked if this would be for the educational group or a community-wide Recovery Walk. The council is still deciding.

Next Steps:

PLE Speaker: Find a PLE to speak at the October meeting.

MOU: If you still need to turn them in, please return them to Dana.

Narcan Training- Please let Dana know if you or your organization would like Narcan training.

Resource Bags- Dana and Gabe collect items for the 100 bags to be assembled.

Fall into Recovery Panel- This event is on 9/28, Family Worship Center Charleston, at 6 p.m.

ACEs Training and Round Table discussion- figure out training, invite council and youth-serving Organizations.

Sealing and Expungement- Find a location and promote the event.

Hobby Fair- figure out our partnerships and promote them.

Recovery Walk- Figure out details.

Other Business:

Time and Meeting Location: The Council meetings are Hybrid so that more people can join through Zoom. The Council Meeting will take place on the 4th Monday at noon.

Join Zoom Meeting

<https://zoom.us/j/96781724024?pwd=b3hFWDV1cExYa0pEa1BqTUx6ejJLUT09>

Meeting ID: 967 8172 4024

Passcode: 611963

The next Coles County meeting will be on October 23rd, 2023 at noon at the LifeSpan Center.