

Logan/Mason ROSC Meeting Notes

September 21st, 2023

Attendance:

Abby Behrens (Brightpoint)
Leann Courson (ROSC Mentor)
Jeanette Davis (Health Systems)
Cassie Delaney (Memorial Behavioral Health)
Amy Hopper (Mason County Health Department)
Grace Irvin (Chestnut Health Systems)
Nadia Klekamp (Chestnut Health Systems)
Samantha Martini (Community Member-PLE)
Molly McCain (Lincoln Memorial Hospital)
Danny Sourbis (DuPage County ROSC)
Shelly Williams (Community Member)

Old Business: The “Harm Reduction Panel: NARCAN Saves Lives” event took place on Facebook Live on August 31st (Overdose Awareness Day). There were over 1,000 views on Facebook. Sharing the video of the event can be a great way to help people become aware of NARCAN in the community. Also, during the event there was a balloon release. This gave people the opportunity to share the names of a loved one that they have lost. We are looking forward to expanding this event next year.

New Business: September is National Recovery Month. The Havana Public Library is now a safe space for Harm Reduction products. NARCAN and Fentanyl and Xylazine test strips are available for free at the library. There will be a shelf dedicated to these items. If anyone wants to provide information, the librarians are willing to add it to this space.

A SWOT Analysis has been put together for the Logan-Mason ROSC in the past. This is a breakdown of strengths, weaknesses, opportunities, and threats. We want to keep in mind what we are doing well and what can be improved. A snapshot was shared during the meeting. Each of the areas (strengths, weaknesses, opportunities, and threats) were introduced to the group. Some of the opportunities were moved to strengths (ex. Oxford House providing recovery housing, limited access to Harm Reduction services, celebrate Recovery Meetings- Open Arms).

On-Going Projects: There is a new support group called “Havana’s Hope for Healing” going on at the Havana Park (Pavilion) on Wednesday nights from 7:00 p.m.-9:00 p.m. As the weather changes, they will be moving into the Rec Center; we will let you know when that happens. If you would like to reach out to Tristian or Jeff, who lead the meetings, feel free to contact them via phone.

The ROSC Recovery Walk is on Saturday, September 30th from 1:00 p.m.-3:00 p.m. at Scully Park in Lincoln. There will be resource tables, time for a moment of silence, speakers, food and refreshments, and a walk (around the courthouse and jail). A Survey Monkey will be open until the day of the walk for people to sign up to have a resource table. There will also be a t-shirt vendor for people to purchase t-shirts.

A reminder is that there is a Harm Reduction Vending Machine at Family Custom Cleaners in Lincoln. Available for free is NARCAN and Fentanyl and Xylazine test strips. As of September 13th, 2023, 266 NARCAN, 263 Fentanyl strips, and 308 Xylazine test strips have been used from the machine. The building is open 24 hours a day.

There are flyers and cards available, which list locations and times for Recovery Meetings. If you need flyers or cards, please reach out to Jeanette.

Recovery In Action: The Recovery in Action group meets the second Tuesday of every month. This is a group with lived experience who get together to do planning for events. Right now, there are only meetings in Lincoln, but we would like to open this up to Mason County. The next meeting is on October 10th at 4:30 p.m. The new location is 200 5th St. in Lincoln. Please share this information with anyone who would like to be involved.

Upcoming Events:

- Recovery Walk: Saturday, September 30th at Scully Park in Lincoln from 1:00 p.m.-3:00 p.m.

Contact Info:

- Jeanette Davis- Recovery Specialist
 - jedavis@chestnut.org ; 217-871-3208
- Grace Irvin- Prevention Coordinator
 - gcirvin@chestnut.org ; 309-451-7776
- Nadia Klekamp- Director of Integrated Community Education
 - nfklekamp@chestnut.org ; 309-824-3765

Next Meeting:

- Thursday, October 19th at 2:00 p.m.
 - Join Zoom Meeting:
<https://zoom.us/j/93561727220?pwd=TDVsWHRJdldYWnRnb2dnVFJTaTByQT09>
 - Meeting ID: 935 6172 7220 / Passcode: 395255

End of Meeting: 2:59 p.m.