

Greene & Scott County Recovery Council Meeting Minutes

Date of Meeting: 7/18/23

Time of Meeting: 3:00 PM - 5:00 PM

Location of Meeting: North Greene Office 205 S Morse St, Roodhouse, IL 62082

Format: Hybrid

Attendees:

Ron Sprong, Community Health Manager, Greene County Health Department Heather Pfeiffer, Recovery Coordinator, Greene County Health Department Amanda Morrow, Recovery Coordinator, Greene County Health Department Amanda McKinley, Community Health, Greene County Health Department BreAnna Buchannan, Recovery Navigator, Greene County Health Department Judy H Intern, Greene County Health Department Keppen Clanton, Director of B to 5
Bob Krempasky - PLE
Sarah Crawford , Project Manager JCH
Lauren Savoie — Project Manager JCH
Julie Pohlman - TA
Beth Burrus - PLE
Jade Young - SIU
Jacquelynn Quinn — Community Hope & Recovery

A. Agenda Review

B. JotForm

- a. Discussed what is uploaded to JotForm such as ROSC flyers, Support group flyers, Meeting minutes and recordings, event schedules, outreach, and communications plans, strategy plans, Member protocols, Member interest forms, website, and Facebook.
- b. Discussed adding items such as other resources in the community, and uploading the community resource guide, Julie mentioned having a survey form to get a better idea of who is looking at this and where they live. They can enter a zip code for resources in their area.
- c. Keppen suggested adding the recommended books and where the books can be found, such as local libraries or how they can check out books that we have at our Roodhouse office. The



link to our Podcast can be added, having the I Plan included, and webinars for training opportunities

- d. . incorporating a survey for suggestions from the community.
- e. Julie suggested adding ROSC information, so people understand what ROSC is.

C. Statewide ROSC Meeting

a. The meeting will be held in Springfield and will be scheduled for October 17th & 18th. Our next meeting is ROSC & Advisory meeting is scheduled for the 17th. We talked about different ways in which we could handle the meeting. Keppen volunteered to step in by leading the meeting in Roodhouse that way staff will not need to leave Springfield. One staff member can join virtually. Staff will need to meet with Keppen before the meeting to review slides and technology.

D. Recordings

a. We will continue to record meetings, but minutes will be condensed.

E. ROSC Updates

- a. Greene County Days was a successful event, 8 Narcan were distributed, and the 8 individuals were trained.
- b. New member to the council-Pastor Bob Brogdon
- c. Recovery Coffee Talk was a success with 4 people. The average number of participants that come to the Recovery Coffee talks is about 5 but remember that doesn't consider the individuals who can hear the conversation.
- d. Upcoming events Life Skillz on Anger Management & Conflict, PLE meeting, and Recovery Movie night. We will change things next month by breaking up these events instead of keeping them scheduled for the same night. Life Skillz will be held on the 2nd Wednesday, PLE meeting on the 3rd Wednesday and the activity held on the 4th Wednesday.
- e. The first annual recovery run/walk will be held this weekend. Reminded the council to come and support us and to like our event page and invite networks.
- f. we will have our shoes displayed at the recovery run.
- g. Our team will be in the HOCO parade in white hall on September 29th



F. In Other News

- a. Amanda will be spending more time at the jail on Wednesdays as she's been talking to peers and has had successful conversations.
- b. Heather has had successful partner meetings that have led to more referrals for individuals looking for recovery services.
- c. Judy is following up with peers & contacting the schools. School events are scheduled and planned. Amanda and the Chief from White Hall to talk about her story, and Kyle Robinson and Amanda will talk about the dangers of driving behind the wheel when under the influence with the driver's ed classes.

G. International Overdose Awareness Day

- a. Our shoe project was a successful event, the news got involved and interviewed staff, and the press release was handed out to the council and can be emailed out to anyone who would like it.
- b. Paint night was a success as we planned it around recovery month. Pictures were shown and posts are coming out on Facebook.

H. Open forum:

- a. Wanting to bridge the gap between people who don't understand as they haven't been affected and those in recovery.
- b. What can we do to help or be an Alli? How do we get that message across?
- c.. It was suggested that we attend the executive committee to hear from our peers.
- d. Ideas that were brought up for future events: Poetry writing, book studies, movie studies, supper club, offering classes on empathy in our Life Skillz course. November 21st Dr. Jason Roop on a color presentation to teach you more about your personality. All are welcome at Walnut Estates 8:30 AM-Noon, helping in a food kitchen and giving it out to people who are unhoused, Christmas food baskets,

I. Advisory Meeting

a. AA Groups-Disconnect that the groups have when it comes to Gen Z or early memorials in how recovery is approached. Concern that children & young adults won't come near these groups. How do we overcome this? Homelessness is bad in Greene County & kids live with other family members or in foster homes. Residential school for foster kids ages 16-18 to teach them skills to use in the real world. Creating a place, most likely in the school setting, and having



someone talk to them who relates to them. Creating surveys for children to fill out based on their needs, and what events they would participate in.

- b. Celebrating Families-Financial team shut it down as the budget wasn't there. Michelle Savage from Locust Street has plans to start family groups, however, she's swamped. There are families in Scott and Greene that would come to family groups.
- c. Ideas-Spaghetti dinner-Churches would likely be more than willing to help. We just need to make sure this happens in a commercial kitchen. Families could help with cooking too. Plenty of grandparents would show up too.
- d. Secured the clinic from Centerstone & SIU. MAR expansion gave us more money to make the program last even longer. Our priority is meeting with companies to help with data. What we have in place works but it's not perfect. Once we get telehealth ironed out, we will get the technology purchased and in place right away.