



Perry/ Jackson ROSC Council

(Virtual) Meeting 9/20/2023 @ 1:00 PM

Attendees

Madison Odum - ROSC Coordinator Perry/ Jackson County-
madisono@takeactiontoday.net

Mandy Hagen - ROSC Assistant Perry/ Jackson County; PRS, Take Action Today-
mandyh@takeactiontoday.net

Dorie Warren – PRS, Take Action Today- doriew@takeactiontoday.net

Chrystal Cantrell – CPRS, Assistant Director of Take Action Today
cantrellc@takeactiontoday.net

Shara Robinson - ROSC Coordinator Franklin/ Williamson County-
sharar@takeactiontoday.net

Stephanie Cima - Deflection Supervisor for SI CERT (618) 900-8650 scima@tasc.org

Amber Bridgman - Administrator, TASC

Allison Teas - Case Manager, TASC

Kat Houghton - Region 5 ROSC Mentor; khoughton@egyptian.org

Wendy Lambert - ROSC Coordinator for Vermilion County; CEO of STEP Recovery Center in Danville, IL (217) 597-9653 wlambert@vercounty.org

Nancy Henderson - Board Member; Take Action Today

Kelli Corner - SIH Tobacco Disparities Grant

Elaina Holland - PLE, CRSS Student sobriety050522@gmail.com

Katie Unthank - Egyptian Health Department, SI SUPRT Council

Sherry Smedshammer - Centerstone Crisis Resource Developer

Jordan Strong - MCDAC, Massac County ROSC Coordinator

Evon Croft - Recovery Corps Project Coordinator/MCDAC

Bethany Cluster - Deflection Specialist; TASC bcluster@tasc.org (618) 616-6355

Michelle Wilson - PRS; Take Action Today

Dan Pyles - PRS; Recovery Services Coordinator; Take Action Today
danp@takeactiontoday.net

Haley Robinson - PRS; Arrowleaf

Liesl Wingert - SIU School of Medicine - Center for Rural Health and Social Service Development, Rural Health Project Coordinator (Eastern Region)

Bobbie Willis - CES Mobile Crisis Response Team; Centerstone- Alton office

Lasha Mounce – MCDAC/Recovery Corps

Jessica Beasley – MCDAC/Recovery Corps

Katt Decker - PRS, Arrowleaf

Paul Tart - CMHL Program Supervisor; Overdose Prevention Education; NARCAN Trainer; Crisis Response Coordinator; Take Action Today Pault@takeactiontoday.net

John Cantrell - ROSC Arrowleaf

Mike Tyson - CPRS; Executive Director; Take Action Today

Welcome and Introductions

Discussion

Presentation by Madison Odum:

- SAMSHA definition of Recovery
- What is a ROSC?
- ROSC activities
- Recovery Support Services
- ROSC System
- ROSC values/goals
- Treatment vs. ROSC module
- Sectors
- How you can help
- Becoming a “Healing Forest”

Stephanie Cima- Services offered by TASC Deflection Team:

- Their main source of referrals come from law enforcement to help individuals struggling with homelessness and/or drug use rather than arresting them. They will, however, take referrals from anyone.
- They help individuals get into detox, residential treatment, and outpatient services.
- They help individuals with emergency shelter and help them find permanent housing situations.
- They help assist with transportation to fill out job applications, food pantries, and doctor appointments. They can only transport in their service area.
- They also assist with basic needs such as clothing, food, and hygiene items.
- They help individuals file for state benefits: medical insurance, EBT, and phone services.
- They help individuals with getting personal identification: ID, birth certificate, and social security card.
- Substance use participants must be at least 18 years or older.
- They can't have any current pending charges, be on probation or have active drug court case.
- They have an Adult Criminal Justice System department out of Murphysboro for those with charges. Do not have services to offer individuals struggling with extreme mental health issues, but they can refer them to other services that would better suit the individual.

OLD BUSINESS

None

NEW BUSINESS

Madison Odum discussed Take Action Today opening two new resource centers as of 10.01.23:

- Marion office: 1805 W Main St. Marion, IL
- Carbondale office: 809 W Main St. Carbondale, IL

These new resource centers will address needs in the community such as: showers, clothing, hot meals served once a week, and peer services to address individual needs.

Madison Odum shared upcoming events (fliers attached):

- 9.28.23 @ 5pm Hidden Resources hosted by The Collaborative
309 E Jackson St. Carbondale, IL (Community Room)
- 9.30.23 @ 10am-2pm Recovery Celebration Hosted by Perry County Counseling
Keyes Park DuQuoin, IL

Dan Pyles discussed SMART Recovery group:

- These groups are based on a science-based approach that focuses on cognitive behavior, rationalization, and motivational tools. They also work in conjunction with

other support groups.

- Every Tuesday 6-730pm
- Currently held at 410 W St. Lous St. West Frankfort, IL
- New location starting 10.03.23 @ new Marion Office- 1805 W. Main St.
 - For those that can't meet in person but still are interested in the meetings have several online options @ smartrecovery.org.

Dan Pyles also shared information on a new Trauma Group:

- This group is for individuals struggling with Trauma and needing some support. be trying hybrid -Starting 10.23.23 @ 6pm
- Groups will be held at the new Marion Office- 1805 W. Main St. Marion, IL
- They will be trying Hybrid meeting options for the Trauma Group eventually. (More information to come)

Katie Unthank shared in the chat:

- Vaping Prevention Program - Catch My Breath. It is Free.

<https://catch.org/program/vaping-prevention/>

John Cantrell - Recommends spending some of the ROSC funding on bus passes because individuals struggle with transportation, and this could be a good resource to help them get to some of the meetings we are hosting. Their ROSC has spent money on bus passes, and he believes it is one of the best benefits they offer because of the lack of transportation of their participants.

Michelle Wilson shared that she is currently attending the training for SMART Recovery for Friends and Family to be able to host meetings. (More info to come)

Haley Robinson is willing to help with SMART recovery meetings. She would like to see all of start working together as a team when it comes to important resources in the community.

Mike Tyson would like everyone to start generating conversations to help come up with ideas to help with transportation for those who can't afford it. As more of these groups become available, we need to keep the conversation going to get something figured out to help the transportation issue. Also, recommended Dan give a presentation on SMART recovery during one of our ROSC meetings.

Next Meeting will be held on October 18th @ 1:00pm

<https://meet.google.com/qvo-jreu-izg>

