Franklin / Williamson ROSC Council Membership Protocols – September 2023

General Membership Information

Take Action Today Inc formed the Franklin/Williamson Recovery Oriented System of Care (ROSC) Council after being awarded a grant from the State of Illinois in July 2023. The ROSC council will collaborate and execute resources and services to make communities more equitable for diverse groups in the area we serve.

"Recovery-oriented systems of care (ROSC) are networks of formal and informal services developed and mobilized to sustain long-term recovery for individuals and families impacted by severe substance use disorders. The system in ROSC is not a treatment agency, but a macro level organization of a community, a state, or a nation." A quote by William White.

ROSC Councils can create and build a culture that can nurture opportunities to provide healthy and hopeful support for recovery. The collaboration can be accomplished locally and regionally while also being a part of the broader Statewide Recovery Oriented System of Care network. The Franklin/Williamson ROSC hopes to inspire agencies and businesses as we connect through meetings and events to support the vision, mission, values, and goals of FW ROSC as members of the council.

FWRC Vision

Build and Sustain a vibrant recovery community empowered by intentional and unified stakeholders, allies and those in or seeking recovery.

FWRC Mission

We will develop partnerships that are rich and diverse in the communities we serve. To provide a flexible system of services and resources that is responsive to different pathways in recovery. Through education, we can reduce the stigma surrounding substance use and other co-occurring disorders.

Illinois ROSC Vision:

- People can and do recover.
- Individuals and families determine the supports and services they need.
- Services and supports are continuous and cohesive across different phases of care and are coordinated across the various agencies involved in their delivery.
- Support of recovery is a community responsibility and value.
- There is inherent flexibility in the system, so it can be responsive to different pathways to recovery.
- Measuring quality and outcomes is a system priority.
- Act as a resource/referral coordinator in our area.

Illinois ROSC Values:

- Recognize the right of a person to direct their own recovery.
- Recognizing that there are many models of, and paths to, recovery.
- Operate with integrity and a sense of personal responsibility.
- Include the "voice" of peers, family members, and the community in planning and decision-making.
- Implement programs with competency and good stewardship.
- Empower individuals and families.
- Embrace cultural diversity.

ROSC Goals:

- Educate and engage key stakeholders in the community.
- Inform, educate, and empower individuals and communities.
- Determine existing services available as well as the need to expand necessary services in the areas of prevention, treatment, peer recovery support and systems improvement.
- Develop partnerships that are rich and diverse.
- Increase in the number of people pursuing recovery, improving recovery capital to strengthen capacity to build and maintain lives in recovery and build recovery sustainability.

Membership Recruitment

FWRC, led by the ROSC Coordinator, will solicit council members by way of social media, people with lived experiences (PLE), council members reaching out to their collaborating partners for recruitment. We will continue to target specific sectors in the counties we serve. We will use brochures and have regular community events for raising awareness, as well as attending other coalition meetings and events in our area.

Orientation and Retaining:

- Providing "What is a ROSC" definition and its purpose in the monthly meeting.
- Utilizing Power Point presentations to better inform the attendees and then make
 it available to be used by Franklin/Williamson ROSC Council members to inform
 potential sectors in their coalitions.
- Offer an open invitation to visit with ROSC Coordinator and/or program assistant to potential sectors and new council members to provide information on the history, purpose, and the structure of the FWRC. In addition, more information can be provided according to their need/request.
- Developing an informational "Outreach Packet", including brochures to be handed out in the communities for raising awareness at FWRC hosted events. Also, to place the packets at the Take Action Today Resource Centers.
- Developing social media, website posts, email, media releases, trainings, and other materials intended to recruit membership. This means of outreach can be used to keep the existing council members informed and updated.
- Educating People with Lived Experience (PLE) along with their support team of family members/friends so they know the value of what they can bring to the council.
- To provide to the public via radio interviews and recruitment announcements, public presentation announcements, and by attending other coalition meetings in our area.

Council Members purpose:

- Will be to assist in recruitment of other sectors they are already collaborating with.
- To assist by attending and utilizing other group meetings and events as opportunities to recruit new members to the FWRC.
- For assisting the ROSC Coordinator and ROSC Assistant in scheduling outreach presentation opportunities, collaborate and create new ways to provide diverse services in the communities and participating in presentations.

Training in ROSC Framework

Franklin/Williamson ROSC Council will only be as strong as its members. Sustainability and success lie with the members of the Council. Their understanding of the ROSC framework and our definitions of "recovery" and "addiction". The ROSC Coordinator and ROSC Assistant will be responsible for providing training opportunities for both Franklin/Williamson ROSC Council members and community members. Training topics will include but are not limited to:

- 1. Defining recovery, recovery advocacy, and recovery support
- 2. Destigmatizing Substance Use Disorders/Addiction
- 3. What is a ROSC?
- 4. Stories of Hope from other communities in their work to create and support a ROSC
- 5. Pathways to recovery including medicine assisted recovery (MAT/MAR).
- 6. Prevention and intervention techniques along with "Hidden in Plain Sight" displays, overdose prevention training, and naloxone administration & distribution.

Additional topics will be determined through analysis of assessment data and with input from individuals, families, FWRC members, and community members. Training will be provided through webinars and in-person training sessions.

Inclusion and Role of non-member Participant

Franklin/Williamson ROSC Council meetings are open to the public. There will be no other stipulations in this category for FY24.

The council as a whole, will revisit this topic in FY25.

Community Needs Assessment

FWRC will conduct a community needs assessment on an annual basis. The ROSC Coordinator will be responsible for all aspects of the needs assessment. The assessment process will include written surveys, focus groups, key interviews, and other means determined by the Coalition and the ROSC Coordinator. Consideration will be given to ensuring participation of all community sectors in gathering assessment data, particularly those individuals with lived experience and their families.

A summary of the assessment data will be made available to FWRC members and the public through the website, meeting minutes, and media releases.

Strategic Plan

FWRC'S Strategic Plan will be developed based on data gathered during the assessment process. Data will be analyzed and used to develop goals, objectives, and strategies which are specific, measurable, attainable, realistic, and time bound. The ROSC Coordinator and coalition members will be responsible for developing, implementing, and evaluating strategies included in the plan. All strategies will be aligned with FWRC'S vision and mission, as well as long-term goals and pertinent grant deliverables. Outcome data will be gathered, assessed, and shared with FWRC members and any other interested parties. Changes to the strategic plan will be permitted by majority vote during a regular FWRC meeting.