

August 17, 2023 ROSC Council Minutes:

Meeting was called to order by ROSC Coordinator Tia Schum at 3pm on August 17, 2023 at The Piatt County Mental Health Center.

Attendance was taken: Tia Schum (ROSC Coordinator); Tristan Burns (PLE/Guest Speaker); Michelle Eliason (Piatt Co Mental Health); Ted Lowers (Dewitt-Piatt Bi-County Health Department); Jaime Porter (Piatt Co Mental Health – Clinical Director); Tony Kirkman (Piatt Co Mental Health – ED); Paul Spangler (First Pres Church). In addition the following participants joined via ZOOM: Katie Schacht (Parkland College); Chase Daniels (St. Francis Way ROSC); Jenna Hays (Region 4 Mentor); Julie Pohlman (Region 4 TA); Melissa Jankauski (Carle Outreach); Andrea Kocher (Willow Tree); Liesl Wingert (SIUC); Jordan Ziegenbein (Monticello Christian Church).

Introductions – General Introductions were given.

Communication Plan – Tia discussed the Suboxone Clinic at Kirby stating that things are going well. Tia shared that Tony Kirkman, Doctor Mandhan, and Jaime Porter are working on getting together to go over the past year of services and to see what has worked and what needs to be improved. Tia discussed the support group at the Piatt County Jail is going well. Tia reports that she officially met with Sheriff Vogelzang and Mrs. Karla Bell. Tia reports that there has been a couple follow ups past release from DOC or Piatt Co Jail. This shows the need to continue with this group. The Wednesday evening support group is going strong! The group has between 5 and 6 members who attend. Tia went on to discuss the Kirby Back to School Fair and went over the survey questions for the fair. The results were given and quickly gone over with questions encouraged. Tia also discussed needing volunteers for the Job Fair that would be held August 24th at the Monticello Community Building from 12 pm to 2 pm. Lastly, the candle light vigil will be August 31st, International Overdose Awareness Day. Tia also discussed the Recovery Thru Art Contest and encouraged folks to push the information out.

Tony discussed the NARCAN training held at the Goose Creek District Library, DeLand. There were 12 to 15 individuals present. Gravity Narcan dispensers were also discussed by Tony who stated that the cost for these are more cost effective than the other Narcan dispensers earlier discussed. Tony also asked the council to think about a “mobile advertisement” on Piattran for ROSC. Tony also asked that due to the Safe-T Act, would it be reasonable to ask if the deputies carried a ROSC Rack card and brochure to hand out with notice to appear card. Tia will email Sheriff and ask. Tia moved on to discuss the new ROSC deliverables briefly. CIA’s were discussed and a push to get signatures on CIA’s from those who haven’t was encouraged. Tia also encouraged the council to go over the contact list and for any and all corrections to be emailed quickly so Tia can get an updated contact list turned in to the state. The resource directory and communication plan for FY ’24 were also discussed. Corrections and additions were encouraged.

This Month’s Activities – Tia discussed the job fair, the recovery thru art contest, and the candle light vigil. Tia expressed a great need for volunteers. Tia explained that yes the state funds the activities but it is the volunteers that truly make the events a success. In order to continue the successfulness of the council and these events, volunteers will be needed. Tia encouraged the council to get on the sign up genius and to volunteer some time.

Sector Speakers – Paul Spangler spoke about events that are going on with in the faith based community. These events include, Sangamon Music Fest 8/26 at 11 Am. Outdoor Church service 8/26 Monticello Forest Preserve. Thrivent Tailgating for Tots 9/8 at 6 pm. Single Mom Saturday 8 a to 12 p. Faith Leadership Summit – Carle 10/25. Hope Lives Farm – Fairly Tail Rides 9/2 and 9/3 11 a to 2 p.

Speaker – Tristan Burns was the guest speaker this month. Tristan explained that he grew up in a Christian home and was homeschooled. Tristan stated that he was in scouts and was able to achieve Eagle Scout. After graduating school, Tristan joined the Navy but was discharged due to the diagnosis of Lynch Syndrome. Tristan’s back up plan or “plan B” was school and attributes his sadness, arrogant, and loneliness to being discharged from the Navy. Tristan explained that growing up, all he wanted to do was join the Navy just like his dad did. After a short time at EIU, Tristan abandoned college to pursue Meth full time. Tristan stated that he was in active addiction for 3 years and it was poison Ivy that got

him to get help. Tristan is allergic to Poison Ivy and called his parents for help because “you can’t get prednisone off the streets”. By this time, Tristan stated that he was ready to be done with his active addiction because drugs weren’t fun anymore. Tristan was able to get into rehab and feels that he is a “1 and done” kind of guy and states that there is “no other option, its sobriety all the way”. Tristan stated that boredom is the biggest contributor to his active addiction and that he can only pay attention to himself right now because “girls don’t help”. Early in his recovery, Tristan stated that he only had 2 people that he would text. These two people were his childhood friends who could help “keep him busy” in a good way. Tristan feels that if he had to keep it at 2 people because “more people invite unwanted stuff”. When asked, Tristan stated that he feels it is easier to prevent drug and alcohol use than it is to get someone in to rehab because one person is in active addiction, they have to get to a spot where they are sick and tired of being sick and tired. Tristan suggested hangouts and events geared towards the youth with undertones of religion for prevention efforts.

ROSC Deliverables – The ROSC deliverables are constantly looked at to ensure the Piatt County ROSC Committee is staying the course.

Who’s Missing? – Tia continued to remind group that IDHS has an expectation that 50% of the total council should be composed of PLEs.

Planning for future engagement opportunities:

Job Fair 8/24

Candle Light Vigil – 8/31

Recovery Picnic 9/10

DEC (Drug Endangered Children) training – TBD

*Hopefully if COVID #s decrease, Council can resume past discussion regarding a possible County-wide collaborative effort to provide a NARCAN training for multiple communities with multiple agencies utilizing their communication channels.

Future Meetings – It was agreed that future ROSC Meetings will be held 3rd Thursday of the month @ 3pm with the next Piatt County ROSC meeting being held here at The Center on Thursday September, 21 @ 3pm. It was also discussed that it would be helpful to maintain a zoom option for guests.

Satisfaction Survey – A brief verbal satisfaction survey was conducted. Participants felt encouraged by number of those in attendance and the progress made at meeting. It was agreed that more PLEs would help move discussion along and the important thing is to have meetings that move forward the deliverables of the grant.

Meeting was adjourned at 4 pm

Recorded by ROSC Coordinator, Tia Schum