

Perry/Jackson ROSC Council

Membership Protocols

FY 24

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General Membership Information

After being awarded a grant from the State of Illinois in July 2023 to assist in the expansion of recovery support services across the entire continuum of care and to support individuals and families affected by substance use disorders (SUDs), Take Action Today Inc formed the Perry/Jackson Recovery Oriented System of Care (ROSC) Council.

By William "Bill" White's definition, "Recovery-oriented systems of care (ROSC) are networks of formal and informal services developed and mobilized to sustain long-term recovery for individuals and families impacted by severe substance use disorders. The system in ROSC is not a treatment agency, but a macro level organization of a community, a state or a nation."

By establishing partnerships within their communities, ROSC Councils enhance or even *create* recovery connections and supports locally and regionally, while also being a part of the broader Statewide Recovery Oriented System of Care network. All community members willing to support the vision, mission, values, and goals of PJRC are welcome as members of the council.

PJRC Vision

To sustain recovery support within the community by unity and intentional collaboration among all allies, stakeholders, and those in or seeking recovery.

PJRC Mission

We will build and empower communities of recovery by developing a council comprised of recovery allies, community leaders and people with lived experience working together to reduce the stigma surrounding substance use and other co-occurring disorders, while embodying the philosophy that there are countless pathways to recovery.

Illinois ROSC Vision:

- People can and do recover.
- Individuals and families determine the supports and services they need.
- Services and supports are continuous and cohesive across different phases of care and are coordinated across the various agencies involved in their delivery.
- Support of recovery is a community responsibility and value.
- There is inherent flexibility in the system, so it can be responsive to different pathways to recovery.
- Measuring quality and outcomes is a system priority.
- Act as a resource/referral coordinator in our area.

Illinois ROSC Values:

- Recognize the right of a person to direct their own recovery.
- Recognizing that there are many models of, and paths to, recovery.
- Operate with integrity and a sense of personal responsibility.
- Include the "voice" of peers, family members, and the community in planning and decision-making.
- Implement programs with competency and good stewardship.
- Empower individuals and families.
- Embrace cultural diversity.

ROSC Goals:

- Educate and engage key stakeholders in the community.
- Inform, educate, and empower individuals and communities.

- Determine existing services available as well as the need to expand necessary services in the areas of prevention, treatment, peer recovery support and systems improvement.
- Develop partnerships that are rich and diverse.
- Increase in the number of people pursuing recovery, improving recovery capital to strengthen capacity to build and maintain lives in recovery and build recovery sustainability.

Membership Recruitment

PJRC, led by the ROSC Coordinator, will be responsible for the recruitment of new members. Membership in the group will be inclusive and will remain open to anyone in the community interested in assisting in building a system that supports recovery.

We retain and solicit Perry/Jackson ROSC Council members by/through:

- Developing an Outreach Power Point presentation to be used by Perry/Jackson ROSC Council members during outreach efforts in the community.
- Developing an Outreach Packet to be disseminated during outreach efforts in the community.
- Developing social media pages and regular posts, website posts, email blasts, media releases, trainings, and other materials intended to recruit membership.
- Engaging and educating People with Lived Experience (PLEs, both people in recovery and people with family members or loved ones with substance use disorder or other addictive behaviors).
- Continuing targeting members for specific sector and county involvement.

- Ensuring information brochures are available at all Take Action Today Recovery Resource Centers and at community events where Take Action Today/ROSC information can be shared.
- Hosting or participating in regular community events that help to raise awareness of the Perry/Jackson ROSC Council and recovery services in our coverage area.
- Extending general invitations to the public via radio interviews and recruitment announcements, public presentation announcements, and by attending other coalition meetings in our area.

Council Members are encouraged to:

- Attending trainings developed to assist in recruitment.
- Attending and utilizing other group meetings and events as opportunities to recruit members to the PJRC.
- Assisting the ROSC Coordinator and ROSC Assistant in scheduling outreach presentation opportunities and participating in presentations as time allows.

Orientation

Retention of PJRC members is crucial to effective strategy implementation and longevity of the project. As such, careful consideration should be given to the provision of effective orientation of the PJRC members. The ROSC Coordinator will oversee the orientation of new members, with assistance from the ROSC Assistant and current Council members. The ROSC Coordinator will be responsible for the following:

- Developing materials for new members to inform them about the purpose, history, structure of the PJRC Council.
- Developing materials for new members to inform of PJRC's vision, mission, goals, objectives, and strategies.
- Encourage new members to follow the PJRC social media and website posts.
- Including "New Member Introductions" at each PJRC meeting.

• Reaching out to all new members frequently to encourage continued participation.

<u>Training in ROSC Framework</u>

It is pertinent for the sustainability and success of the Perry/Jackson ROSC Council that members of the Council understand the ROSC framework and our definitions of "recovery" and "addiction". The ROSC Coordinator and ROSC Assistant will be responsible for providing training opportunities for both Perry/Jackson ROSC Council members and community members. Training topics will include but are not limited to:

- 1. Defining recovery, recovery advocacy, and recovery support
- 2. Destigmatizing Substance Use Disorders/Addiction
- 3. What is a ROSC?
- 4. Stories of Hope from other communities in their work to create and support a ROSC
- 5. Pathways to recovery including medicine assisted recovery (MAT/MAR).
- 6. Prevention and intervention techniques along with Hidden in Plain Sight displays, overdose prevention training, and naloxone administration & distribution.

Additional topics will be determined through analysis of assessment data and with input from individuals, families, PJRC members, and community members. Training will be provided through webinars and in-person training sessions.

Inclusion & Role of non-member participants

Perry/Jackson ROSC Council meetings are open to the public. There will be no other stipulations in this category for FY24.

The council as a whole will revisit this topic in FY25.

Community Needs Assessment

PJRC will conduct a community needs assessment on an annual basis. The ROSC Coordinator will be responsible for all aspects of the needs assessment. The assessment process will include written surveys, focus groups, key interviews, and other means determined by the Coalition and the ROSC Coordinator. Consideration will be given to ensuring participation of all community sectors in gathering assessment data, particularly those individuals with lived experience and their families.

A summary of the assessment data will be made available to PJRC members and the public through the website, meeting minutes, and media releases.

Strategic Plan

PJRC's Strategic Plan will be developed based on data gathered during the assessment process. Data will be analyzed and used to develop goals, objectives, and strategies which are specific, measurable, attainable, realistic, and time bound. The ROSC Coordinator and coalition members will be responsible for developing, implementing, and evaluating strategies included in the plan. All strategies will be aligned with PJRC's vision and mission, as well as long-term goals and pertinent grant deliverables.

Outcome data will be gathered, assessed, and shared with PJRC members and any other interested parties.

Changes to the strategic plan will be permitted by majority vote during a regular PJRC meeting.