#### TRANSITIONAL TRAINING SERVICES

#### PRESENTED BY RECOVERY ORIENTED SYSTEMS OF CARE ROSC

Transitional Training Service ROSC Meeting Opened by Ms. Marjorie Howard at 10:30am in person & virtually.

Today is International Overdose Awareness Day there is an acknowledgement and a Moment of Silence.

Meeting continued with Intro to "What ROSC is..." (PowerPoint Deck will be attached)

Ms. Howard provided the communities ROSC would serve: Hyde Park, Kenwood, Oakland & Bronzeville. She spoke in detail her mission to perform outreach and bring awareness by talking to politicians and other community leaders to help with resources.

11am-11:02 Donut/Coffee Break

11:02 Overview of Recovery Orient System of Care

Acknowledgement of Son who passed away in 2021. He is also one of the reasons Ms. Howard is passionate and the many reasons ROSC program is needed.

Introduction of Speaker: Ms. Vawnshekia Oklah, ROSC Coordinator

Ms. Oklah about ROSC passionately and how it is a wonderful program that will help preserve life and support families since she has a brother that experienced overdose. ROSC is Recovery Oriented Systems of Care which includes a network of formal and informal services developed to sustain long term recovery for individuals and families.

Ms. Oklah had a great statement... whoever has been affected by the effects of drugs has experience with Trauma.

Elements of ROSC (in summary- PowerPoint is attached)

- 1. Promotes Community integration and healing (resources)
- 2. Facilitates Family inclusion
- 3. Facilitates culture of peer support & leadership
- 4. Values partnership and transparency
- Provides holistic, individualized, person directed treatment which supports multiple pathways to recovery
- 6. Creates mechanisms for sustained support
- 7. Is informed by data and the experiences of PIR and families
- 8. Promotes hope
- 9. Provides services in a strengths-based manner

Ms. Oklah further explained the PowerPoint presentation topics which included:

1. Holistic Approach- Traditional vs ROSC.

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- 2. Sustained Recovery Support
- 3. Strategies
- 4. Community Integration

Ms. Oklah introduced Learning Activity 1: Conceptual Alignment

"What excites you about developing a ROSC?"

Several questions were posed:

"What is the difference between Haymarket and ROSC?"

Ms. Oklah explained that ROSC is a community of support and follow up with no "graduation date" vs. Haymarket where you could be "kicked out" the program upon relapse or other forms of "lack of needing further support". ROSC is about building a rapport of family values and a community to get continuous support and resources.

There was Testimony from several TTS members.

Devon Rogers spoke of his experience of not feeling he was taken serious due to him not needing Alcohol and Narcotics support when he expressed he wanted to stop his addiction to Marijuana with Haymarket.

Another Member spoke of having multiple diagnosis and how TTS community has helped.

We also heard a Public Defender's testimony about how Judges are in support of programs such as ROSC and collaborating with TTS and similar programs to send individuals that are in need of Recovery Support.

Dr. Bufford chimed in that we need ROSC to continue helping to reverse the stigma created during the War on Drugs era, to stop judging people affected by alcohol and drugs as well as bringing a halt to demeaning terminology that has been broadcasted for decades.

## \*Take Away

Ms. Oklah asked everyone in the meeting to please commit to a next step.

Some next steps that were requested: Use our network to strengthen our outreach. List of supportive services:

- 1. CAPS
- 2. Medical facilities/Health Providers
- 3. Mayor
- 4. Pastors
- 5. Community Leaders
- 6. Leno- One Summer Chicago

Compliments About the meeting received from Ms. Muhammad from Parents United- "This is a great program iniative!"

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Upcoming: Trauma Healing Event with Pastor Don September 11, 2023 8am 4455 S. King Drive, Suite 101-B Chicago, IL 60653

\*\*September is Recovery Month! TTS Southeast Side Chicago: ROSC Alliance is hosting Trauma Healing Event, Part of a 6 Day Seminar.

Meeting was Adjourned/Concluded 11:47a.m.









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