

Douglas County ROSC Council (DCRC)
Meeting Minutes

August 23, 2023
10:00 am
Zoom and In-Person
Hybrid

Attendees: Leanna Morgan, Darlene Smith, Summer Phillips, Casey McClain, Kristin Davis, Ted Shearer, Colleen Lehman, Tiffany Murdock, Tia Coleman, Jennifer West, Diane Zell, Matthew Hales, Melissa Jankauski, Julie Pohlman, Liesl Wingert, Jackie Wells, and Autumn Olowo.

Guest Speaker(s): Autumn Olowo

Minutes

Introductions

- Leanna Morgan, ROSC Coordinator
- Darlene Smith, Douglas County Recovery Navigator
- Summer Phillips, DCHD Health Educator and Outreach Coordinator
- Casey McClain, DCHD Mental Health Counselor
- Kristin Davis, Regional Prevention Integration Coordinator, Family Guidance Centers, Inc.
- Ted Shearer, Listening Ear Ministries, Rural Grace Food Pantry
- Colleen Lehman, DCHD Public Health Liaison, Social Platforms Manager
- Tiffany Murdock, Prevention Specialist, Hour House
- Tia Coleman, Prevention Specialist, Hour House
- Jennifer West, Prevention Specialist, Hour House
- Diane Zell, National Alliance on Mental Illness (NAMI)
- Matthew Hales, Newman Public Library Librarian
- Melissa Jankauski, Carle Addiction Recovery Center Community Outreach Worker
- Julie Pohlman, Statewide ROSC Region 4
- Liesl Wingert, SIU School of Medicine, Center for Rural Health and Social Service Development
- Jackie Wells, Camargo Township District Library, Director
- Autumn Olowo, Chestnut Health Systems, Community Health Specialist

Organization Spotlight/ Guest(s)

Guest Speaker: Autumn Olowo, Chestnut Health Systems, Community Health Specialist

Presentation on Creating community change. Autumn provided an introduction on the Center for Community Engagement, including funding, addressing community gaps, toolkits, training, and expansion of work throughout IL.

Toolkits to launch in the Fall of 2023

- Transportation Toolkit
 - Connecting with Human Services Transportation Plan Networks, Understanding Managed Care Organizations, PC's for People, Telehealth Cafes, Transportation Grant Funding Opportunities, Volunteer Models for Transportation Services
- Recovery Housing Toolkit
 - Steps for Getting Required Housing Documentation, Housing Stigma Factsheet, Levels of Recovery Housing, Living Room Program, Recovery Housing FAQ, Recovery Housing Funding Sources, Recovery Support Meeting Options, Types of Recovery Housing
- Stigma Toolkit
 - 5-part Stigma and Addiction video series, Quizzes correlating to video series, FAQ About Stigma, Do I Speak Stigma? Handout, Checklist to Reduce Stigma

The council was provided an opportunity to ask questions. If additional questions for Autumn Olowo, she can be contact by email at amolowo@chestnut.org or by contacting the project at coalitionsupport@chestnut.org

East Central IL Deflection Initiative

Several in attendance were able to attend some or all of the defection planning meeting in August. Summer mentioned that there is another 3-day meeting in October for planning. There were no official updates to report at this time.

Recovery Navigator update

Darlene Smith, Douglas County Recovery Navigator, provided an update.

- The August Education Group schedule will be as follows:
 - September 6th Atwood-Hammond Public Library 4:30 pm - 5:30 pm
- Darlene provided an update on the education groups in the Douglas County Jail and HOPE. Both continue to see positive results as well as an increase in individuals joining.
- Darlene wanted everyone to be aware that HOPE is still in need of donations at the shelter.

Subcommittee Meetings and updates

DCRC Community Outreach Subcommittee

- The Candlelight Vigil for Overdose Awareness Day will be August 30th. This will be a multi-generation speaking event with the Scribner family. The event will be held at the

Douglas County Courthouse and the time will be 7:00 pm - 8:00 pm. There will be a need for volunteers to help the day of the event. If interested in assisting, please contact Leanna or Linda Scribner.

- The council is putting together resource bags for Recovery Month. Leanna mentioned that items will be need to fill them including hygiene products, harm reduction, program swag and printed resources. Leanna does have clear plastic bags and some hygiene products. Donations of all items will still be needed! If anyone has suggestions for items, let Leanna know.
 - Summer checked the DCHD calendar to see if the conference room is available to put bags together after the next council meeting. Summer has added it to the DCHD calendar, but stated that the project will need to be done by noon due to staff lunches.
 - The prior year, Darlene and Leanna were able to put 100 bags together in about an hour. The council will put together as many as possible that day.
 - Distribution will be decided at a later date, a majority of the bags will be going to local police and the sheriff's dept.
- Leanna is working with Shalynn's Hope to decorate blank journals with inspirational messages. The journals could be added to some of the resource bags if the scheduling works out!

Grant Deliverables

Douglas County Needs assessment

- Leanna will be finishing up in the next week. Everyone is asked to review and let Leanna know if any updates.

DCRC Outreach and Communication Plan

- Leanna has updated the communication plan with information and updates provided and it is pending approval.
- Leanna read a list of items that will be added to the communication plan and provided an opportunity for questions or concerns.

DCRC Strategic Plan

- It is was mentioned that the items being added to the outreach plan will be also incorporated into the strategic plan.

Other Business and agency updates

One of the items mentioned during the meeting was the Douglas County Medical Reserve Corp (MRC). Summer and Colleen provided an overview and answered any questions. Leanna

mentioned that the contact information is in the prior month newsletter in addition to the DCHD website and Facebook.

Information was forwarded from Summer to update information for 2-1-1. It has been asked that everyone make sure their organization's information is up to date. Summer also attached a screenshot in case anyone needs to provide a hand-written copy, those can be returned to Summer. Leanna also added that 2-1-1 is mentioned on the ROSC quick resource guide that will go into the resource bags. The information will need to be current when individuals search for resources on it.

Next meeting: September 28th, 2023 at 10:00 am

**Douglas County ROSC
Community Outreach Subcommittee
Meeting Minutes**

**August 11, 2023
9:00 am
Zoom**

Attendees: Leanna Morgan, Summer Phillips, and Casey McClain.

Minutes

Introductions

- Leanna Morgan, Douglas County ROSC Coordinator
- Summer Phillips, DCHD Health Educator and Outreach Coordinator
- Casey McClain, DCHD Mental Health Counselor

Events

Candlelight Vigil

- General discussion and updates regarding the candlelight vigil.
- Mayor agreed to write a proclamation for International Overdose Awareness Day. He has been provided the International Overdose Awareness materials and resources. Sheriff Chaplin is assisting and will read the proclamation during the vigil.
- Sheriff Chaplin confirmed Courthouse.

Recovery Month

- General discussion on recovery month planning. The council is doing several smaller events due to the number of larger events in the community.
 - Recovery Journal decorating with Shalynn's Hope
 - Working with Stacy Welch to schedule a time/ place.
 - Resource Bags- 200 total for law enforcement to give out to SUD high risk individuals. Will need donations of items and resource information.

Recovery Rocks

- ROSC has some painting rocks and paint to decorate with inspirational messages and place rocks around the county. General discussion was held.

Other Business

- There was no other business to discuss at this time.

Next meeting- September 8th at 9:00 (Zoom only)