

**Massac County Drug Awareness Coalition
Annual Meeting
Wednesday, August 16, 2023, 8:00 a.m.
Metropolis City Hall
Minutes**

1. Welcome
 - i. In Person- Lasha Mounce (Recovery Navigator), Toni Miller (Executive Committee), Robbin McDaniel (Massac Memorial Hospital), Rick Neighbors (Community Member), Terra Temple (Media Sector Rep), Jessica Beasley (Recovery Navigator), Steve Johnson (Executive Committee), Holly Windhorst (MCDAC Director), Jasmine Robinson (DFC Project Coordinator), Jordan Strong (ROSC Coordinator)
 - ii. Zoom- Mary Smith (Executive Committee), Stephen Miller (Civic Sector Rep), Melissa Monte (Aviary Recovery Center), Mike Tyson (Take Action Today), Chrystal Cantrell (Take Action Today), Gary Jennings (Kiwanis), Rachel Chruszczyk (PCA Illinois), Robert Newman (Massac Mental Health), Mikah Jeffers (Massac Mental Health)
 - b. Acknowledge Voting Members- Holly Windhorst read the list of members that have been to two or more meetings in the past year, as they are seen as voting members.
 - c. Approve Old Minutes- No changes were made. Toni Miller Motioned for the minutes to be approved, Robbin McDaniel seconded the motion. All in favor, none opposed. Motion carried.
2. Executive Committee- Want to thank all the Executive Committee, Jim Corry, Summer Dixon, Morgan Holt, Steve Johnson, Mary Smith, Toni Miller, and Lexie Collins. This group meets each month to decide how the next month will go and the big decisions.
 - a. Approve new member terms- Jim Corry and Steve Johnson are both up for new terms and both want to keep going on the board. Holly Windhorst Nominated both Jim Corry and Steve Johnson to the Executive Committee. Chrystal Cantrell made the motion this be approved, Rick Neighbors seconded the motion. All in favor, none opposed. Motion Passed.
3. Annual Report- Went through the Annual Report briefly highlighting major events and sections.

4. Goals- This is in the Annual Report.

- a. Build Capacity among key stakeholders and community members by promoting the mission and activities of MCDAC.
- b. Provide Prevention information and education to parents and youth regarding youth substance use with a variety of methods, including our collaborations with Weekend Blessings and COPE Food Pantry.
- c. Provide training for and expand our Youth Advisory Council and its projects.
- d. Develop a Youth Advisory Council at Joppa High School.
- e. Increase/improve available recovery resources in Massac County.
- f. Continue with already established programs such as Red Ribbon Week, National Prevention Week, Truth and Consequences, Too Good for Drugs, Drug Disposal Bags, etc.
- g. Increase accessibility to resources and create new resources to fill a gap in availability.
- h. Train local businesses on Narcan use.
- i. Expand our Recovery Council.
- j. Provide non-clinical peer recovery services at our Recovery Resource Center
- k. Support new recovery meetings and ensure that each day of the week has a meeting somewhere in Massac County.

5. Prevention

- a. Youth Advisory Council- We took four youth to CADCA Mid-Year in Dallas Texas, Olivia Schmidt, Reese Thompson, Aiden Patton, and Seth Jeffords. They did the Leadership breakout track and did sessions on leadership, the connection of social media, drug use, mental health, and human trafficking, and alcohol tactics in marketing. They had a fun time and hopefully learned alot.
- b. We are also starting to get this years YAC underway as school just started so looking for more members and hope to start this year meetings on August 30th! We also hope to start a YAC at Joppa High School.

6. Recovery

- a. RecoveryCorps Members- We will be adding 3 more employees through Americorps on August 28th! 2 Recovery Navigators, Lasha Mounce and Jessica Beasly, and 1 Project Coordinator Evon Croft!

- b. Laundry Event- this will become a monthly event, this month it will be on August 25th. We think this event is beneficial to anyone in the community with any need.
- c. SIRON- Walk for Recovery- August 26th, This is a great event in Marion, IL and we have some staff going and cant wait to be apart of a region event.
- d. Overdose Awareness Night - August 31, 7:00 p.m., Massac Co. Courthouse Lawn- This is the second annual event, we will have community leaders, stories of hope, and a candlelight vigil.
- e. Narcan Box- Egyptian Health has gotten narcan boxes for every county they serve. We are looking for ideas of inside places that we could put this so that everyone can have access. Thoughts have been the 12th street BP gas station and laundry mat, we discussed sheriffs department but wonder if that would discourage use.
- f. Recovery Month is September and MCDAC has some events to kick this off.
 - i. Recovery Picnic- September 2nd- Washington Park, this will be a cookout and hang out for the community in celebration of recovery. Food, Music and Games will be provided.
 - ii. Recovery Walk- September 30th- More information to come.
 - iii. No resource nigh this year as we are trying to start our resource center we are going to try to have a open house a ribbon cutting once we get thing beautified and figure out how we will fit as a resource to all thin will have a resource night.

7. Public Comment/Other

- a. We are seeing an increase in pediatric exposure to substances and are going to start doing universal messaging to lock it up, no matter what it is.

Meeting adjourned at 8:56am.

Next meeting: Wednesday, September 20, 2023, 8:00 a.m., Metropolis City Hall