

Minutes

Macoupin and Montgomery Counties ROSC Council			
Date: August 28, 2023	Time: 2 pm	In-person meeting at Beacon Church and https://us06web.zoom.us/j/83722273109?pwd=b1FyQmd0QjBMQk5Ea0ZnUTM1UCs2Zz09	
Meeting	August ROSC Council Meeting		
Agenda	Announcements and Upcoming Events, ROSC Communication Plan and Strategic Plan, Medication Assisted Recovery Presentation by Health Management Associates		
Attendees	<div><input checked="" type="checkbox"/> Becky Hatlee, COO, MCPHD</div> <div><input checked="" type="checkbox"/> Lindsay Minor, Safe Passage, MCPHD</div> <div><input checked="" type="checkbox"/> Elyse Schoen, Safe Passage, MCPHD</div> <div><input type="checkbox"/> Krystal Phillips, MCPHD</div> <div><input checked="" type="checkbox"/> Bailey Jarman, MCPHD</div> <div><input type="checkbox"/> Ellyn Busker, MCPHD</div> <div><input type="checkbox"/> Courtney Newby, MCPHD</div> <div><input type="checkbox"/> Helena Viehweg, MCPHD</div> <div><input type="checkbox"/> Amanda Majors, crisis interventionist, Montgomery County Health Dept, 988 Program</div> <div><input checked="" type="checkbox"/> Carissa van den Berk-Clark, SLU</div> <div><input checked="" type="checkbox"/> Giulia Butler, SLU</div> <div><input type="checkbox"/> Nancy Phillips, Illinois Family Resource Center</div> <div><input checked="" type="checkbox"/> Julie Pohlman, Statewide ROSC Region 4 TA</div> <div><input checked="" type="checkbox"/> Jenna Hays, Region 4 Mentor</div>	<div><input checked="" type="checkbox"/> Jon Magnuson, Beacon Church, Next Network</div> <div><input checked="" type="checkbox"/> Melissa Monte, Aviary Recovery Center</div> <div><input checked="" type="checkbox"/> Chas Swearingen, Lincoln Prairie Behavioral Health Center</div> <div><input checked="" type="checkbox"/> Erica Petcher, PLE, Cross Over Ministries</div> <div><input checked="" type="checkbox"/> Kevin Schott, Montgomery County EMA</div> <div><input checked="" type="checkbox"/> Candi Mazza, Litchfield School District</div> <div><input checked="" type="checkbox"/> Lauren Savoie, Jersey Community Hospital Springfield/Sangamon County ROSC</div> <div><input checked="" type="checkbox"/> Kelly Jefferson, NAMI</div> <div><input checked="" type="checkbox"/> Savannah Holthaus, ROE#3 and #40</div> <div><input type="checkbox"/> Jeanette Ackerman, Hearts United</div> <div><input checked="" type="checkbox"/> Steve Bryant, Litchfield Park Dist.</div> <div><input checked="" type="checkbox"/> Nicole List, Locust Street Resource Center</div> <div><input type="checkbox"/> Monique Brunious, Bond County Recovery Council</div> <div><input checked="" type="checkbox"/> Sarah Crawford, Jersey Community Hospital</div> <div><input checked="" type="checkbox"/> Ron Howard, Montgomery County Health Department</div>	<div><input checked="" type="checkbox"/> Margaret Kirkegaard, HMA</div> <div><input checked="" type="checkbox"/> Jensine Wyant, 988 Outreach Montgomery County Health Dept.</div> <div><input checked="" type="checkbox"/> Jessie Rich, Land of Lincoln Legal Aid</div> <div><input checked="" type="checkbox"/> Tracy Dones, Chestnut Health Systems</div> <div><input checked="" type="checkbox"/> Stephanie Dalton, Centerstone</div> <div><input checked="" type="checkbox"/> Laura Cox, Community Liaison, Pana Hospital</div> <div><input checked="" type="checkbox"/> Michelle Wallace, Acorn Counseling</div> <div><input checked="" type="checkbox"/> Benjamin Loftus, PLE</div> <div><input checked="" type="checkbox"/> Sheldon Bokan, PLE</div>

Minutes

Agenda Topic 1 – Introduction and Announcements

Time allotted: 5 minutes	Elyse Schoen
Presentation and discussion	<ul style="list-style-type: none"> ○ Welcome and introductions ○ Overview of agenda ○ Approval of meeting minutes ○ MCPHD is looking for ROSC Coordinators. If you know of someone who would be a good fit, reach out to mcphd@mcphd.net (job listing will be attached in ROSC follow-up email) ○ Upcoming Events: <ul style="list-style-type: none"> ▪ 8/31 Overdose Awareness Event hosted by Cross Over Ministries at the Lincoln Plaza in Hillsboro around 4 pm. Cross Over Ministries is also expecting to open its first home, <i>Haven Home of Hope</i> during the first week of August. See wish list attached in meeting follow-up email. ▪ 8/31 Overdose Awareness Day webinar hosted by RCORP-TA at 2 pm. ▪ September is National Recovery Month: let's brainstorm event ideas. ▪ 10/21 Walk for Mental Health hosted by NAMI in Fairview Heights, IL. ○ Recurring Events: <ul style="list-style-type: none"> ▪ Mourning to Morning grief support group every Thursday at MCHD, Litchfield, IL ▪ NAMI Family support group, third Wednesday of every month, 6:00-7:30 pm at 205 Oakland Ave, Carlinville, IL ▪ Macoupin County Networking Alliance Meeting, third Thursday of every other month, 10-12 at 225 N Broad Street, Carlinville, IL. (Next one in March) ▪ Al-Anon Meetings every Thursday at 6:30 pm at Cross Over Ministries Living Room (102 N Main St, Hillsboro, IL) ▪ AA Meetings every Friday 6:00pm at Episcopal Church (415 S. Broad St, Carlinville, IL) ▪ AA Virden Group First Baptist Church Monday 10:00am (157 W. Franklin, Virden IL) ▪ Emotions Anonymous Meetings every Thursday from 6-7 pm at Beacon Church (622 North Franklin, Litchfield, IL) ▪ NA Virden Group First Baptist Church Saturday 11:00am (157 W. Franklin, Virden IL) ▪ NA Hope Shot Meetings every Wednesday at 7 pm (rear entrance upper floor at 201 W. Chestnut St, Gillespie, IL) <p><i>Please send us any announcements/upcoming events you would like to share with the council.</i></p>

Minutes

Agenda Topic 2 – ROSC Communication Plan and Strategic Plan	
Time allotted: 10 minutes	Carissa van den Berk-Clark
Presentation and Discussion	<p><u>Communication plan</u></p> <ul style="list-style-type: none"> ○ Communications plan objectives – no updates ○ Target audience: add schools, Centerstone (Stephanie Dalton will come speak next month), Locust Street, Mont County Health Dept, other health depts. Under criminal justice add TASK, Catholic Charities, Harvest Outreach Center ○ Position Message – replace ‘problems’ with ‘concerns’. ○ Primary Spokesperson – now Elyse Schoen, Lindsay Minor, Brian Pollo and Jon Magnuson. Elyse Schoen will be contact person. ○ Outreach methods – change yearly survey to monthly survey, change consensus requirement from 60 to 50% in person for housekeeping updates (among people present to monthly ROSC meeting) required by State of IL SUPR. ○ Additional outreach outlets or methods: Coffee and Connections on Facebook lives, back to school bash, safe passage, youth art competition ○ Technical Assistance add: Housing; legal services. <p><u>Strategic plan</u></p> <ul style="list-style-type: none"> ○ Increase engagement in ROSC Council: Plan to engage more speakers. ○ Improve access to housing for those in recovery: Invite Fletcher Group to ROSC meetings. ○ Improve access to affordable public transportation for those in recovery: Expand Open Motion program. ○ Continue to expand public transportation options. ○ Reduce stigma: Parade floats; Red Ribbon week in 2023. <p>For any other feedback on the Communication Plan and Strategic Plan, reach out to Carissa at carissa.vandenberkclark@health.slu.edu</p>

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Agenda Topic 3 – Medication Assisted Recovery

Time allotted: 35
Minutes

Margaret Kirkegaard, Health Management Associates
(mkirkegaard@healthmanagement)

- Program is supported by State of IL's Substance Use Prevention and Recovery Division (SUPR).
- Contract with HMA to lead a learning collaborative model to help jails develop systems of care for individuals with SUD, focusing on medication assisted recovery.
- 3 FDA approved medications: methadone, buprenorphine, naltrexone
- A lot of concerns about opioid use disorders – prevailing idea that MAR is substituting one drug for another.
- Without MAR:
 - 65% of the incarcerated population have SUD or got into trouble because of risky substance use.
 - Growing body of case law finding counties liable for not providing access to MAR in jails.
 - Overdose death is the number one cause of death in jails.
 - Inmates are 40 times more likely to die of opioid overdose after being released than someone from the general population.
 - For heroin overdoses only, the likelihood of overdose death increased 74 times.
 - A year after release, overdose death rates remained 10-18x higher.
 - People who are not on MAR who are in recovery have very low relative dopamine levels in the brain – which increases likelihood of relapse.
- With MAR/MOUD:
 - 61% decrease in overdose deaths after re-entry.
 - 82% continued with MOUD after release.
 - Study from RIDOC comparing data from prior to MAT program to after MAT program: the number needed to treat (NNT) to prevent a death from overdose was **11**.
 - MAR associated with increase in behavioral health treatment, decreased suicide, decreased needle-sharing and HIV, improved chronic disease control, reduced commercial sex work, increased employment.
 - Substance use disorder treatment will reduce recidivism.
 - MAR is associated with improved jail conditions.
- DOJ has issued very clear guidance that stopping MAR during incarceration is a violation of the ADA https://archive.ada.gov/opioid_guidance.pdf
- Many jails have been sued based on non-evidence-based withdrawal management <https://bja.ojp.gov/doc/managing-substance-withdrawal-in-jails.pdf>

Minutes

	<ul style="list-style-type: none">○ Making case for HMA MAR for justice involved individuals https://vimeo.com/725707856/57a2b0c78b○ Neuroscience of Addiction 101 by Dr. Corey Waller – recommended video https://vimeo.com/421261226/a2c9a21d7b○ HMA created learning collaborative which helps jails get the assistance they need to get it started. Currently 23 jails are involved. Have stipend /implementation grant to get it started (around \$30-50K).○ There are two components to enrolling:<ul style="list-style-type: none">● ONLINE APPLICATION: You may close the application and return to it later from the same computer; your entry will be saved. You may also move backward and change answers before submitting.● LETTERS OF SUPPORT: Attach your letters of support on the last page of the application. You may enter them separately or scan them all into one document to upload. Sheriff needs to provide letter of support.● Access the enrollment form by clicking HERE or by scanning the QR cod.○ For any questions or comments: ILMARinCountyCJ@healthmanagement.com 
	<p><u>Final Remarks:</u></p> <ul style="list-style-type: none">○ Next ROSC meeting will be on September 25 at 2:00 pm at Beacon Church (622 N. Franklin St).○ Next Subcommittee meeting will be at 1:00 pm the same day (9/25)○ ROSC Facebook page: https://www.facebook.com/MMCRCouncil
End Time: 3:00 pm	