



Greene County Health Department

310 Fifth Street • Carrollton, IL 62016 • (217) 942-6961 • Fax: (217) 942-3904

Daniel Woodlock, D.D.S.
BOARD OF HEALTH PRESIDENT

Molly Peters, B.S., L.E.H.P.
PUBLIC HEALTH ADMINISTRATOR

Greene & Scott County Recovery Council Meeting Minutes

Date of Meeting: 8/15/23

Time of Meeting: 3 PM

Location of Meeting: North Greene Office-GCHD 205 S Morse Roodhouse, IL 62082

Format: Hybrid

Attendees:

Ron Sprong, Community Health Manager, Greene County Health Department
Heather Pfeiffer, Recovery Coordinator, Greene County Health Department
Amanda Morrow, Recovery Coordinator, Greene County Health Department
Jacquelynn Quinn, PERP Coordinator Hope & Recovery Center
Sarah Crawford – Project Director JCH
Autumn Olowo-Chestnut Health Systems
Jenna Hayes – Mentor
Anna Sprague -Outreach Supervisor Crisis Center
Julie Pohlman- TA
Keppen Clanton – Director Birth to 5
Rich Portwood – Jersey Co School Dist
Ronald Lienfelser - Jersey Co School Dist
Bob Krempasky - PLE
Chad Hoesman – Regional Superintendent of Schools & Local Pastor
Annie Dunphy – School Counselor North Greene Co School Dist
Dawn Ballard - PLE
Nikki Smith – Recovery Coach Amare
PLEs TS



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Heather opened the meeting and went through the agenda for the meeting. Started with the motion to approve the meeting minutes from the meeting in July. First, and second motions are given. Motion adopted and approved. Minutes from the July meeting will be sent to the state.

Heather introduced our Guest Speaker Autumn Olowo who works at Chestnut as the Community Health Specialist. Autumn will be talking with us about the app JotForm that will benefit the council and the community.

Autumn-Hello everyone, can those in the audience hear me, ok? Thank you for letting me join you virtually. I will get started. I am a Community Health Specialist and the program I work under is considered the center for community engagement. Before we get into the JotForm platform that we've created for the GCRC I'm going to share some community resources that the CCC has developed for the state of IL and ROSC councils in general. We are funded by the IL Department of human services starting back in 2019 and were known as the leadership center. During that time, we conducted interviews and assessments. We were trying to determine what the gaps were. It was clear that there were 3 gaps. Substance Use stigma, the lack of recovery housing as well as transportation.

The Center for Community Engagement created toolkits to bridge the gaps for the three gaps. We now expand our services to support all of IL and support coalitions from prevention down to treatment and recovery. So, I'm going to give you an overview of what our toolkits consist of. Once published in the fall these toolkits will be free and available to all members of the community. There will be resources for stakeholders, service providers, medical providers, people in recovery, and the public as well. Toolkits on the official CCC website will be available in the fall.

We are also working on developing new resources based on current needs so it's important to learn about the needs in your communities. For transportation we have a variety of resources for connecting with human service transportation plan networks, understanding managed care Organizations, telehealth cafes, transportation grant funding opportunities, and volunteer models for transportation services. We talked about recovery housing. We cover what documentation is required; we talk about the different levels of recovery housing. The tool will even discuss meeting options and resources on funding. Our largest toolkit addresses stigma which is a larger barrier.

We will have a 5-part video series. We will have quizzes and video training and fact sheets that can be used for the public and providers and how they can reduce stigma for themselves. We have worked with the GCRC to come up with a community resource guide.

Next, I will take you all to the app or website. If someone were to use the link or the QR code they'll be taken to this page. So right here we have the Logo, and resources about the council, along with that people can get connected to the organization through a link so anyone new and would like to join the meeting would have quick access to join. Resources for the community are also available. These are the documents that outline the resources for the ROSC council.



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Lastly, there is a form so if people want to learn more about the council, they can either go to the website or go to the YouTube channel or fill out the resource form. Then council leaders will be notified. That is an overview of the resource guide and what the CCE is doing. Thanks for letting me join and present.

Heather- ok next we'll go over some ROSC updates. One of the things we needed to get a motion on is to move the walk and run to September 23rd and it's based around those who we lost. It will be held at the White Hall Rez from 9-12. Two motions were given to approve and move this event. I will start sending flyers out for events via email to everyone for you to pass on to your clients.

Nikki- Facebook is a good avenue and event pages can be created.

PLE-I'll be happy to pass out flyers where I can.

Heather-The next thing I wanted to talk about is what we are planning for the last week of August for OD awareness month. We came up with the idea of placing pairs of shoes to represent those whom we've lost to OD and place signs out with statistics. The idea is to use various locations throughout both counties for the community to see. Certain locations are Greene County Courthouse, the area between the Chinese restaurant and the bank, and Scott County Courthouse. Can find a spot in Greenfield and Roodhouse too. We will be presenting this to the Executive Committee to solicit feedback as this is where the idea originally came from in informal discussions

As far as flyers go, we now need to get approval from the state, so we won't be pushing those out till they are approved.

I also wanted to discuss the Hidden in Plain Sight Trailer. The trailer is set up to be a teen's bedroom. The trailer is then used at schools or community events to educate parents on items that they may find in their kids' rooms if they suspect substance use or alcohol use. I have a quick video to show a mock bedroom and signs of risky behavior.

Nikki-I would love to give you a prime example of something I found that I never would've thought of before. I kept finding rubber stoppers everywhere. I found them in pockets, and on the floor. Come to find out these rubber stoppers come off vapers, the smoking device. I kept thinking "Where are things coming from?"

Ron-This is a good prevention tool and like Heather said this is a tentative plan. If we don't make this happen for the recovery run, then we'll def do something in the community.

Heather- So what did you all think?



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PLE-it's amazing what kids have come up with all the time or have access to nowadays.

Nikki-It amazes me that a lot of these items can be found online, especially on Amazon that everyone uses.

Heather- This is something we'd like to incorporate, if possible, to educate.

As far as events that have taken place. We had a Coffee talk at Rural Cyclery in Winchester for the 2nd time. We didn't have the best turnout this time, but I did meet someone new who works at SIU Family Medicine and helps people get access to the resources needed in recovery. Jade also works with youth and transports them to the locations for community service hours. I also learned that he, like me, has lived experience through another family member. I also met him at the Interagency meeting I attended in Jacksonville where I was able to discuss the services of our work while listening to updates from other participants and the work they do.

We had a meeting with the SUP Grant Coordinator and her team and educated the SIU Behavioral Health Team on our work and the work they do in Scott.

At our last Executive Committee meeting we had the opportunity to meet Holly & Jacquelyn who work at the Community Hope & Recovery where they lead perpetrator classes for men and women as well as other classes.

In the July the team had 75 different consults with various individuals and their families. The program grew from 53 in June to 61 in July. The types of contact are in person, phone, and text. It is important to also note that Mandy also held 264 interactions where we educated individuals or partners on various community health topics.

There was recently the Life Skillz class on stress management where we had 6 participants. The topics we discussed at the Executive Meeting were boundaries and recovery housing. Lastly, we enjoyed ice cream for our fun activity and had 8 participants at both the Executive meeting and Ice Cream Social. I attended Boyd's Summer Bash on July 29th and shared a tent and table with the girls from the crisis center.

I've also been added to the email list for a meeting held in Jacksonville at the police department. This meeting will allow agencies to discuss mutual clients with a signed consent form and learn about the different resources.

Nikki-What is the name of this meeting?

Heather-I'm currently drawing a blank but will let you know even after this meeting.



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Ron-so our team is expanding! With Heather being the only full-time staff, we have at the moment. We are quite short staffed due to the team being out. BreAnna Buchanan is joining us on August 28th. She will be our Recovery Navigator and she's a drug court graduate and will be joining us through Recovery Corp. Then the CH team will have our intern who will be joining us. Judith is a soon-to-be graduate in social work from Liberty University. She will be with us and working with people with lived experience and on the flip side of things she will be working on the clinical side working with students K-12. We are very excited to see this work expanding and especially excited to have the help as the past month has been rough.

Some of the updates that I have are with the Communications and outreach plan. For the FY24 we have had to update some of the wording. I wanted to start by asking if we had anything we didn't think worked or needed to be added. Hearing none we updated the FY as well as added some provisions to it that outline that Any flyers created will need to include the statement from SUPR and will need to be approved by SUPR. In the outreach plan, I've included that the council will work to expand our work not only in Greene & the region in our communities that are close, and don have other resources to serve people with lived experience like us here in Greene & Scott. The council present in the room unanimously agreed. With several comments about it being great. This will be sent to the executive committee for review and then provided to the council.

We have bene working to update the resource guide, but it is taking some time. We have been working hard this past year in focusing our efforts on identifying resources to fill the gaps in our community needs assessment. A big focus for us and the council has been expanding the clinical treatment, we've put in a lot of work. I am very excited to announce the addition of a second partner here. Services will be offered from our headquarters here, but we can also do it form the other office as well. This will be a telehealth agreement but dramatically expands available supports. We'll be able to tell you later when exactly we'll be able to start these services. I'm thinking of October.

Heather-Things that we have coming up in September are Coffee Talk on 9/11, our next ROSC and Advisory meeting will be held on 9/19, Life Skillz, Executive Committee & Movie Night on 9/20, and our Run/Walk being held on 9/23.

Bob-Will coffee talk be in Winchester again?

Heather-Actually the coffee talk will be held in Whitehall at Brantzel's since we have done things in Scott several times. Bob acknowledged and the meeting was moved to adjournment.